

A SOCIAL MAGAZINE FOR THE RESIDENTS OF THE SOUTHWEST HILLS

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Precious Pet: Moxie Kids' Corner: Addi Ralston Sponsor Spotlight: Fox Hollow Residential Care ...and more! Meet Your Neighbors

### The Douthett FAMILY

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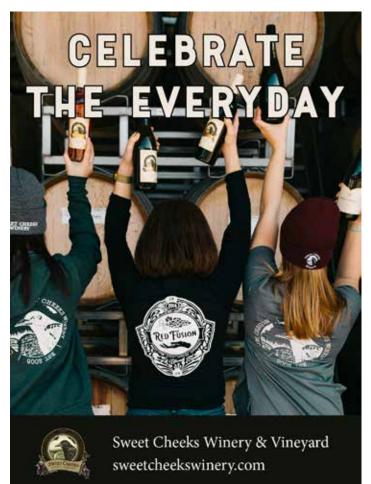
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By **Kelly Douthett**,
Southwest
Hills resident

Photography by **Family member names:** Steve, Kelly and Ryker Douthett **Street:** Vista Heights Ln

Pets: Zeke, our English Bulldog

**Profession(s):** Foot and Ankle Surgeons (Podiatrists)

#### **Favorites:**

Activities/Hobbies: Steve-mountain biking, traveling, cooking; Kelly-running, traveling, soccer, enjoying cooking by Steve Park/Play area/Hang out: Love Hendricks Park around town; enjoy running and biking at Dorris Ranch or the River trail. We

love heading out to Bend/Redmond as well. **Restaurants:** George and Violet's, Falling Sky Deli, Pandita **Vacation destination:** Zion, Utah; looking forward to

visiting Hawaii

**Sports teams:** Any sport U of O. We are also a house divided as we both grew up in the Midwest. During college football season you will find Steve rooting for Michigan State and Kelly will be sporting everything Ohio State.

TV show/Movie: Stranger Things, Ozark, The New Girl Music: Anything really; we both enjoy country, '90s alternative. Family dinner: We love using our grill or smoker for just about anything and homemade pizzas in the pizza oven are unbeatable.

**Do you have any family traditions?** We have several different family traditions related to holidays like Christmas and Easter. I would say on a more routine basis, we try to get out and walk together as a family at least once a week in the neighborhood as our schedules allow.











#### What college/university did you attend?

Steve- Aquinas College in Grand Rapids, MI; Kelly-St. John's University in Queens, NY. We both attended medical school in Chicago at Rosalind Franklin University.

Where are you originally from? Steve-Rockford, MI; Kelly-Strongsville, OH

How long have you lived in this neighborhood? Almost two years.

What do you like to do to relax? Visit our local wineries or breweries, walk on the Wild Iris trail or other portions of the Ridgeline, relax out on our back deck.



#### How are you involved in the community?

Members of St. Mary Catholic Church, medical providers in the community, support local businesses.

If you have kids, what activities are they involved with? Nothing quite yet! Ryker is almost 10 months old.

What is your favorite part about living in your neighborhood? We love the people! Everyone we have met has been very welcoming. We love that there are so many small children and hope that Ryker will have the benefit of some built-in friendships!



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By **Sandra Curtis**,
Southwest
hills resident

et of the month

They named me Moxie. I think it's because I'm wickedly smart and love tackling new challenges, but it may be just because it's easy for humans to say. I'm a nine week old female Miniature American Shepherd, but most people simply refer to me as a mini Aussie. I'm about nine pounds today; quickly growing into my expected mature weight of around 30 pounds.

I adopted my furever family in Timberline Hills about a week ago and I am rapidly training them to be better pet parents. They've had several Basset Hounds over the years so they'll need to really pick up the pace in order to keep up with me. I have big plans: hiking, camping, frisbee, maybe I'll even try some agility training. They're taking me to puppy obedience training starting tomorrow. I know I'll do great in class, but hopefully my family will be taking notes because I have high aspirations. The part of the class I'm especially ecstatic about is the chance to socialize with other pups my age.





My parents currently have a grouchy, old, ten pound Morkie called Calvin. When Calvin goes on his routine hike on the Iris Ridge Trail near our house, I've heard that he barks at every dog he sees. What an embarrassment to the canine community. At home I've been gracious and patient with him but all he does is annoyingly barks at me to leave him alone. He thinks he's royalty. So, I just let Calvin think he's the alpha dog to protect his ego. For fun I'll keep

nipping at his heels and sleeping in his favorite spots. I already sense that Calvin is warming up to me and that we'll soon be best buds.

I'm excited to meet more of my neighbors, both dogs and their humans, once I get more vaccinations. In the meantime, I'll continue to "Head to Jerry's" for home projects, chill out at local beer gardens, go to plant stores and other places where people embrace me for a welcome "puppy fix." Life is good. Hope to meet you soon!







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# Dental Sealants

Dr. Erin Estep

The chewing surfaces of permanent molars have pits and grooves that can trap plaque and bits of food. Even a toothbrush bristle is too big to reach inside a groove in the tooth. A dental sealant is a plastic material that is put on the chewing surfaces of the back teeth. The sealant material flows into the pits and grooves on those surfaces and acts like a barrier, protecting enamel by "sealing out" bacteria and bits of food. Sealants can help prevent cavities on the chewing surfaces of these molars by up to 80%. Sealing a tooth is fast and painless.



Sealants can last several years before they need to be reapplied. Ask your dentist if sealants will help your child.







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By Addilyn Ralston, Southwest Hills resident

**Age:** 11

Grade: 5th

School: Adams

Sports/Activities: Horseback riding

Musical instrument I play: I used to play piano a bit but I decided I like singing more. I do just singing lessons now.

Musical instrument I want to learn: Violin

When I grow up, I'm going to be: A professional singer. My backup job is a doctor

**Favorites** 

Activities/Hobbies: Horseback riding

**Animal:** Horse

Color: Black

Food: Calamari

Movies: Home Alone series

Music: Pop

Place to play: On the lake with floaties

Sports team: Oregon Ducks

Subject in school: Science

Vacation: Disneyland

Anything else interesting that you'd like to share: I love rockhounding and collecting rocks



## Market Snapshot

ACTIVE 3211 Blacktail Dr 3272 Wintercreek Dr 3160 Summit Sky Blvd 3184 Summit Sky Blvd 3033 Summit Sky Blvd	List Price \$649,000 \$750,000 \$1,198,000 \$1,295,000 \$1,650,000	Sale Price	Sold Date	Beds 4 3 4 4 4	Baths 4.1 2.1 3.1 2.2 4.3	SqFt 2553 2475 4544 4842 5612
PENDING 3338 Zachary Ln	\$750,000			4	4	3300
3260 Summit Sky Blvd SOLD	\$850,000			4	2.1	3126
3411 Timberbrook Way	\$579,000	\$637,500	6/22/2021	4	2.1	1901
3408 Bentley Ave	\$599,000	\$589,000	6/18/2021	4	2.1	2601
3410 Timberbrook Way	\$624,900	\$665,000	6/28/2021	4	2	2098
3237 Timberline Dr	\$625,000	\$625,000	6/28/2021	5	2.1	2728
3443 Timberbrook Way	\$649,975	\$660,000	7/16/2021	4	2.1	2867
3368 Blacktail Dr	\$699,000	\$799,000	7/1/2021	3	2.1	2377
2907 Summit Sky Blvd	\$735,000	\$725,000	7/7/2021	4	3	3670
3272 Jayhawk Ct	\$785,000	\$755,000	7/6/2021	4	3	3280
3084 Herald Ln	\$799,000	\$795,000	6/23/2021	4	2.1	3030
3285 Michael Ln	\$799,000	\$822,500	7/12/2021	4	3.1	3016
2902 Blacktail Dr	\$1,300,000	\$1,550,000	7/5/2021	4	4.1	4897

Source: RMLSweb data as of 8/2/21. Information supplied herein is not guaranteed and is subject to change. Featured properties listed on this Real Estate Resource page may not be listed and/or sold by the Real Estate Broker featured.

#### Truly grateful and humbled for the trust and support of my clientele. BLD

"Relocating to a new region can be a pain with everything considered. We were looking for someone who had the experience, patience and frankly someone who would be our advocate to get the right price in the right neighborhood. We were so pleased we partnered with Betty Lou Duncan. She was direct, yet allowed us the freedom to look at places that might not have been in our best interest so that we would get to know the area, then explained why we should look elsewhere. We really appreciated her council. Best of all it just didn't end with the sale. She continues to be our advocate, and offers us advice if we need it. We highly recommend Betty Lou Duncan for the Eugene, OR area."

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#### home of the month

By **Dominic R.**, Southwest Hills resident

## 3033 Summit Sky Blvd.

When did you move into the neighborhood? August of 2007

Who did you use to design and build your home? Dan Cooper with dC Design

What was your inspiration when working on the design of your home? Creating a different feel and entertaining space for each floor level. Also trying to create each floor to be as self-sufficient as possible with washer and dryers, beverage centers and microwaves.

What part of your home or property is your favorite and why? The back patio with the water fall reminds us of Maui and brings a tranquil and calm feeling. The water features throughout the property add a dimension you are on vacation somewhere tropical and are especially calming. I also like the theater room for more stimulating escape.

Who designed your landscaping? Originally Scapes Unlimited but over the years it just evolved by our own plantings and design.

What company do you use to maintain your landscaping? Reese Landscaping

What will you miss most about living in the Southwest Hills? The views for sure, wildlife and the quiet neighborhood.











Anything else you would like to share about your property? When you open the back patio doors and the front door you can hear the water as if it was running underneath the house and splashing out front. I'm told the neighbors love it for sleeping at night.

This home is currently listed for sale by Erin Ralston, dC Real Estate



### neighborhood musician

## Den Seligman

By **Len Seligman**, Southwest Hills resident | Photography by **Lori Sax** 

Some of our newest neighbors are Len Seligman and his wife Ella Indra, who recently moved to Timberbrook Way from Sarasota, Florida. Len retired a few years ago from his computer research career, while Ella retired this past December from her career as a hospice grief counselor.

Since retiring, Len has focused on his *other* career: as award-winning singer/songwriter and string instrument virtuoso. Inspired by the poet Rumi, songwriting greats John Lennon and Randy Newman, and the world music fusion of Ry Cooder, "Len Seligman's music radiates joy. When you listen to him, you'll find your spirit lifted to a higher, truer realm--and you may just find yourself dancing!" (IndependentArtistBuzz.com)

Len has received many songwriting honors, including First Place in the Great American Song Contest, four finalists in the 2021 UK Songwriting Contest, and Finalist (Best Video) in the Positive Music Awards. And on July 19, he received a lovely welcome to Oregon: First Place (Instrumental category) in the 2021 West Coast Songwriting Contest!



Len recently released his third album, *Our Turn Now*. He says, "My goal in creating this album is to inspire joy and a feeling of interconnection with all life. Themes include

gratitude, loss, playfulness, mindfulness, and the ongoing struggle to create a more just and compassionate world." Here is how legendary singer/songwriter (and long-time Bonnie Raitt bass player) Freebo described the new album: "Beautifully produced, brilliantly played, with a whole bunch of well-written, excellent songs...a lovely, very upbeat, positive and relevant album!"

Len says, "We absolutely love our new neighborhood, with its abundant natural beauty and friendly people. I look forward to performing in Eugene and throughout the Pacific Northwest. I hope you'll watch a couple of my videos at www.LenSeligman.com. The website also has links to all my social media. I'd also love it if you follow me on YouTube, Spotify, Apple or Amazon Music, or wherever you listen to music. I look



forward to meeting (and playing for) our new neighbors!"



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## **ESTATE PLANNING** FOR LGBTQ+ MARRIED COUPLES

#### Part 1

by **Leo D.** Alapont

On June 26, 2015, in the Obergefell v. Hodges decision, the U.S. Supreme Court ruled that states must allow same-sex couples to marry and must recognize samesex marriages from other states. As a result, estate planning for LGBTQ+ married couples became equal, under the law, to planning for other married couples. As with any historic legal case, unique challenges have emerged regarding estate planning. A comprehensive estate plan review is a must for LGBTQ+ couples who were married, were in a domestic partnership, or created an estate plan before June 26, 2015.

#### **Beneficiary Designations**

To move forward with a fresh slate, you may want to purge anything related to a previous relationship from your estate plan. That includes removing former partners as the beneficiary of retirement accounts, investment accounts, life insurance, or annuities. If you co-owned real estate with a former partner, this situation may also need to be addressed.

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#### **Dissolved Partnerships**

If you were in a domestic partnership but broke up without formally dissolving it, you may still be legally married. Some states automatically converted domestic partnerships to marriages



after the Obergefell ruling. Or, perhaps a marriage occurred in a different state than a couple's state of residence. The couple may have broken up thinking the marriage didn't count because their state didn't recognize it as a legal union. In reality, the couple could still be legally married.

#### **Marriage Benefits**

Marriage comes with several potential income and estate tax benefits that now apply to all married couples. While there are several reasons to remain unmarried, you may want to consider the marriage benefits now available to LGBTQ+ couples.

#### Income tax filing.

Married filing jointly status often benefits couples with disparate salaries, and it could also bring a couple's total tax bill down in certain other situations. For instance, a one-working spouse couple that makes \$215,000 per year, married filing jointly status would bring the single marginal tax bracket down from 32 percent to 24 percent.

#### Unlimited marital deduction.

This is a provision in the U.S. tax law that allows a married person to transfer an unlimited amount of assets to their spouse at any time, including after death, free from tax. So, if you created a trust or other transfer plan to protect assets after the death of a partner, a better option may now be available.

#### Joint tenants by the entireties.

Many states offer married persons a "joint tenants by the entireties" ownership option for real estate and other accounts. This type of ownership offers extra creditor protection to the marital unit. In the event of death, it automatically ensures that a surviving spouse receives the full title of a property.

#### **Planning to Protect Your Future**

Whether or not you face the unique estate planning challenges discussed above, it's wise to review your estate plan when laws or your personal situation have changed. If you would like to schedule a review or have any questions about the information presented here, please reach out to me.

This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Although we go to great lengths to make sure our information is accurate and useful, we recommend you consult a tax preparer, professional tax advisor, or lawyer.

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Grensback Southwest Hills resident

> ڡ business

a part of this community for over 18 years, and we have loved every minute of it! With all of the craziness of this past year, we are more excited than ever to get back into the studio doing what we love. Every year, our students get to perform in two performances that they work tirelessly on during the year. Because we missed out on some performances due to COVID, our students are more ready than ever to bring dance back into our community and to show all that they have worked so hard on. Even our littlest dancers get to get on stage with the big kids & show off! We are proud that there is a place for everybody at OBA.

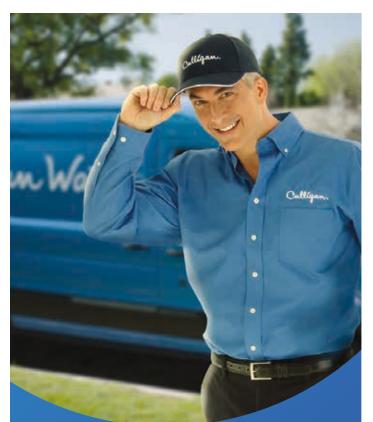
While the spotlights and tutus are exciting, there is so much more to be learned at OBA. Students learn the values of discipline and hard work, make friendships to last a lifetime, and get to grow in an environment that truly wants to see them



thrive. The value of growing up in the studio, where you are free to express yourself, tell stories, and challenge yourself, is priceless.

We are currently gearing up for our first big performance in what feels like a very long time, and none of it would be possible without the support of our community and our OBA families, which are an integral part of making OBA such a special place to be. We are excited about all the new faces that have shown up in the studio this summer, and can't wait to continue to spread our love of dance to our community again.

Visit our website www.oregonballetacademy.com to sign your child up today, or give us a call at **541-337-7800** – there's a place for anyone & everyone!



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## ...with Dr. Andy Bennion Orthodontics

#### Orthodontics and Retainers

New patients want to know what problems braces can solve and how long it will take. It is important to consider the retention as well.

The retainer wearing phase of orthodontic treatment begins after wearing braces or aligners to straighten teeth and align the jaw.

## WHY IS RETAINER WEAR IMPORTANT?

A retainer prevents the teeth from moving back to their original position. During orthodontic treatment, the teeth move quite significantly. It will take time for them to become accustomed to remaining in a new position.

Not wearing a retainer makes it likely that teeth will shift out of place and reverse the movements that the braces and elastic wear achieved. Fortunately, wearing a retainer is very easy and simple to do.

#### HOW LONG ARE RETAINERS NECESSARY?

Recommendations vary from patient to patient that depend on the age of the patient during treatment, whether they have bonded retainers and the complexity of the case. Many wear the retainer daily for a year. Afterwards, patients typically need to wear a retainer at night for maintenance. You will be provided a case to ensure that your retainer remains safe and protected. To care for the retainer, it should be rinsed daily and gently brushed with a soft toothbrush.

#### POST TREATMENT FOLLOW UP

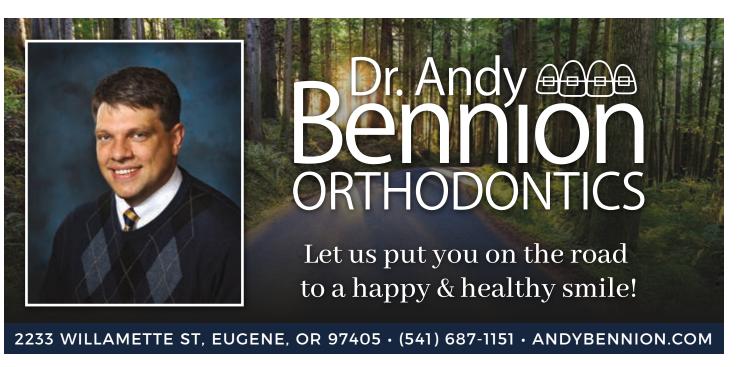
The normal period for regular retainer wear lasts for about two years. In order to monitor your progress, your orthodontist will schedule a few check-up appointments. Most orthodontists offer three types of retainers: Essix, Hawley and bonded lingual retainers.

The Essix retainer is a transparent removable retainer that fits over the entire arch of teeth. Similar to Invisalign® trays, Essix retainers have no wires.

The Hawley retainer is one of the most common types. It is removable and made of metal wires and sturdy acrylic. This retainer is specially made from impressions of your teeth so that it fits snugly and comfortably in the roof of your mouth to keep your teeth in perfect position. The acrylic can also be personalized with colors and/or patterns. You will be able to remove this retainer when you eat and drink and of course for when you brush/floss your teeth.

A bonded lingual retainer is designed to maintain the position of several teeth. A small wire is bonded to the backside of your teeth and is not removable. It is important to avoid eating foods that are extra sticky gooey or extra hard and crunchy as they can break the bond that your retainer has with your teeth. When flossing, you will need to use a floss threader just like you did with your braces.

Your final orthodontic result will depend on your retainer wear. To ensure your smile is as straight and beautiful as the day your braces came off, please do your part to protect your investment of time and money.



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#### sponsor spotlight

# Fox Hollow Residential Care

## SOMETIMES THE RIGHT TIME IS RIGHT NOW

#### Fox Hollow Residential Care offers fall move-in special

Obliterating every stereotype of what an assisted living community is supposed to look and feel like, neighboring Fox Hollow Residential Care, a family-owned and operated assisted and independent living community right here in the South Hills neighborhood, offers its senior residents a sense of home upon arrival.

With a bustling enrichment department offering daily activities that stimulate the mind and body; delicious home-style cooked meals; apartments that favor an individual's unique lifestyle; and a 24/7 caregiving team that's not only compassionate and loving, but also skilled and knowledgeable; Fox Hollow Residential Care is an attractive option for seniors looking to downsize, receive additional daily assistance, or simply live among peers in a safe and energetic setting.

"We know that transitioning your life from the comforts of your home to an assisted living environment can be unsettling," said Ellison Chism, Community Relations Director of Fox Hollow Residential Care. "There are so many unknowns and variables. Concerns about whether or not you'll like it here or if it'll ever feel like home can oftentimes be enough to pump the breaks on making a decision, even if it quite possibly is the best one for you."

Knowing the challenges and fears that come with moving one's life to an assisted living community, the team of caregivers and administrative staff at Fox Hollow has made it their daily mission to create an environment that celebrates its residents and truly gives them an opportunity to live their best life.

To do this is no small feat.

"It starts with a mindset," adds Chism. "Our staff is vested; we hire professionals based on ability, but also on their commitment to service. We choose our team carefully and with great thought toward how they will interact with and serve our residents."

From housekeeping and maintenance to caregiving and dietary services, the goal is the same: Create an environment that is welcoming, safe, and harmonious.

What sets Fox Hollow apart from other senior living accommodations is that it also offers a housing option for individuals who don't quite require daily assistance but want the security of having it nearby.









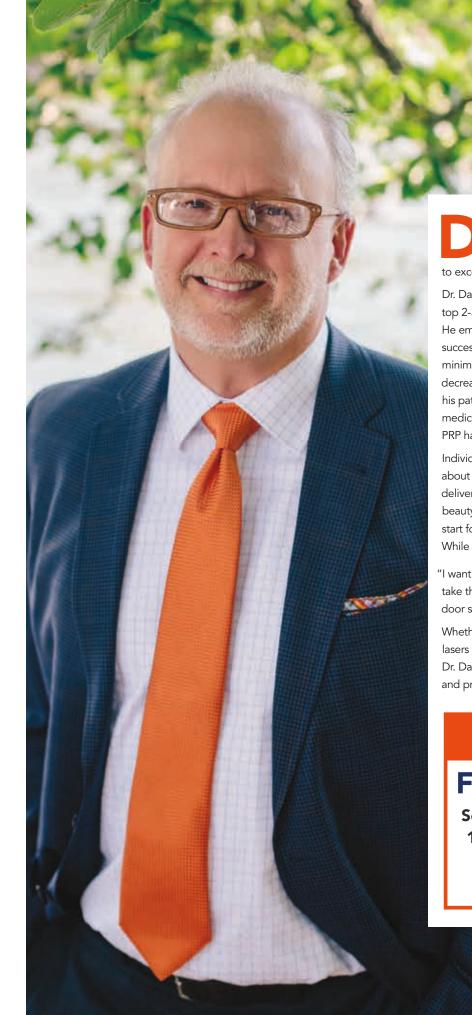


The Cottages at Fox Hollow are beautiful 2-3 bedroom apartments located just adjacent to the assisted living building and come complete with daily meal options, enrichment activities, and access to caregiving services while being completely independent and separate at the same time. Each cottage has a washer and dryer in the unit, a covered balcony, and a one-car garage.

"Even if you're not quite ready emotionally, we always encourage folks to arm themselves with knowledge so that if the time does come, they'll be ready to act," concludes Chism.

Fox Hollow is offering new residents a fall move-in special through the months of September and October 2021, offering \$1,000 off of the first month's rent.

For more information, contact Fox Hollow at **541-343-8439** or reach out to Ellison Chism, Community Relations Director, directly at echism@foxhollowcare.com.



DR. LEE B.

DANIEL

AESTHETIC PLASTIC SURGERY - THE SPA SIDE

r. Lee Daniel has been practicing plastic surgery and rejuvenating the self-confidence of men and women since 1991. He established Aesthetic Plastic Surgery in Eugene in 1999 and, today, continues to excel in all areas of plastic surgery including surgical and non-surgical.

Dr. Daniel's highly respected practice has continually been viewed in the top 2-3 percent of all plastic surgery practices in the United States. He embraces both traditional and advanced approaches and has successfully introduced some of the most advanced non-invasive and minimally invasive procedures designed to eliminate or reduce downtime, decrease discomfort, and offer long lasting, highly satisfactory results for his patients. Dr. Daniel was the first physician in Eugene to bring in a men's medical spa called the Guy Side which features Coolsculpting, Emsculpt, PRP hair restoration, MiraDry and other non-invasive treatments.

Individualized, personal care is of utmost importance to Dr. Daniel. It is about listening to and working together with each patient to assess and deliver an artful and scientifically creative solution and enhancement for beauty or a better quality of life. In some cases, surgery may be a necessary start for individuals who are unable to live an active, healthy lifestyle. While in others, there may be a non-invasive, non-surgical solution.

"I want every patient to be comfortable from start to finish. My staff and I take the time to understand what motivates our patients to come in the door so we know how to help them reach their goals" says Dr. Daniel.

Whether you are interested in learning more about a surgical procedure, lasers for anti-aging, dissolving fat under the chin, or hair removal, Dr. Daniel and his qualified team will work with you to find the best options and procedures to meet your aesthetic goals.

## **SPECIAL OFFER**

### FREE DIAMOND GLOW

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> (541) 687-8900 www.aestheticplasticsurg.org



Presented by **Sarah Forsyth**, Realtor\*, Southwest Hills resident Sellers dream of a flawlessly executed home sale where everything goes smoothly and they end up with a satisfied buyer. To achieve this ideal end goal, it's important to be aware of the mistakes along the way that could potentially derail the sale. Mistakes in the selling process come in all sizes, but some can be more costly than others.

#### 1. Incorrect Pricing

Simply put, sellers want to get the most value for their homes. Inaccurately priced homes create complications in the selling process and can be costly. Overpriced homes are unable to compete with other homes in a more expensive bracket, reducing their appeal to buyers. The longer a home stays on the market, the more likely the seller will have to lower the price, and this could result in a final asking price that is well below what the home is worth. Underpricing can be used as a strategy to generate added interest among buyers and thereby drive up the home's market value, but it requires that a bidding war take place among buyers.

#### 2. Underestimating Selling Costs

There are many costs associated with selling a home that can easily pile up if not planned for. Commission fees take up a significant portion of selling costs, typically between five to six percent of the sale price. Sellers must budget for home inspections, making repairs, and staging the home to get it market-ready. During closing, sellers need to prepare for various costs including sales tax, attorney fees, and any fees related to the transfer of the title, and more. Not accounting for any of these costs can come as an unpleasant surprise.





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#### 3. Selling When Underwater

It may be tempting to think of selling a home solely as a revenue-generating event. However, if a seller still owes more on their mortgage than what their home is worth, or if the property has gone down in value, they still may not make enough money on the sale to pay off the mortgage. Any homeowner who finds themselves underwater on their mortgage should consider building more equity before they sell.

#### 4. Selling FSBO

Selling a home "For Sale By Owner" (FSBO) presents sellers with the opportunity to save on commission fees but is a complex and risky process that can easily lead to serious costs. Not only does selling FSBO mean that the seller will incur all costs an agent would have taken on to market the home, but they are accepting added liability as well. If any mistake occurs during the offer process, negotiations, or closing, the seller finds themselves without the representation of an experienced professional. This leaves a great opportunity for costly mistakes that could potentially jeopardize the sale.

#### 5. Failing to Disclose Repairs

If a seller fails to disclose any outstanding repairs and issues inherent in the home, they will likely come to light during the buyer's inspection and can create a very costly situation for the seller. These losses can be avoided by being transparent about what repairs are needed ahead of time. Sellers can also opt to conduct a pre-listing inspection, which can be especially helpful in competitive markets. Disclosure rules vary by state.

#### 6. Neglecting to Stage Your Home

Home staging is a critical element for getting the most value for a home and selling it quickly. By neglecting to stage, sellers are opening the door for lowered offers and reduced sale prices. The staging process is also the perfect time for sellers to inspect their homes for any minor or cosmetic repairs that can be addressed quickly.

#### 7. Not Choosing the Best Offer

Naturally, the highest offer received on a home may seem like the most enticing. But just because an offer may be higher than another doesn't mean it's the best one. It's critical for sellers to communicate with their agent about the full terms of the offer to understand its contingencies, how it affects their bottom line, and how those components align with their needs and preferences.

If you're interested in selling your home, I'd love to help you move in the right direction!



### Ask about our Fall special!

Fox Hollow Residential Care offers an all-inclusive approach to life, taking the stress and worries of day-to-day chores away so you can have the freedom of time and resources to live the active and rewarding, independent lifestyle you desire!

Call us to schedule a tour today:

541.343.8439

www.foxhollowcare.com

@foxhollowseniorliving





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## neighborhood news







Since opening in September 2019, the Springfield Ronald McDonald House in The PeaceHealth Heartfelt House has served over 460 children and 735 families!

When families are unable to access specialized medical care for their children in their own communities, they are forced to travel to a hospital that can offer the medical care they need. When children are admitted to a local hospital, like PeaceHealth Medical Center, Ronald McDonald House offers wrap-around services to support families at no cost to them. The Ronald McDonald House offers lodging, meals, laundry service and everything families need when they are away so they can turn 100% of their attention to supporting their children at the hospital.

Recently, we had a mama from California who was visiting her parents in Florence. When the mama went into pre-term labor, she was sent to PeaceHealth Medical Center in Springfield without any access to family or friend support. She stayed for over two months. She expressed that she had no idea what she would've done without the Ronald McDonald House!

Supporting families so they can stay close to both their children in the hospital and the rest of their family is priceless.

The Catalfamo family from Florence stayed at the Springfield Ronald McDonald House for 24 nights. Baby Charly was born prematurely and needed medical care that their rural community hospital couldn't support. With two other children at home, Charly's mom didn't know how they were going to be close to their baby while taking care of the rest of their family. The Ronald McDonald House family suites can host up to six people. Charly's mom told us that it was such a blessing to have the Ronald McDonald House so they had a place to all stay together!

We rely on the philanthropy of our community to support our Springfield Ronald McDonald House, shining our mission bright to families going through crisis. On September 19th, we are doing our annual fundraiser to support families like these staying in our community. Please join us, either virtually or in person at our Hope Lives Here Watch Party presented by PeaceHealth at the Gordon Hotel. Go to rmhcoregon.org/hope-raiser for more information. All donations from the Eugene-Springfield community stay right here to support our Springfield Ronald McDonald House at the PeaceHealth Heartfelt House.

At the Ronald McDonald House, we invite our community to come in for a tour of the Heartfelt House to see and experience the importance of creating a "home away from home" for families with seriously ill or injured children. For a tour or for more information, including business partnership or volunteering, contact Jessica Ubel at jessica.ubel@rmhcoregon.org or call 458-221-1362.



## Join Us!

for the Springfield Ronald McDonald House at the PeaceHealth Heartfelt House



## September 19th at 6pm

Learn more about our Eugene/Springfield watch party at rmhcoregon.org/hope-raiser





## hope lives here

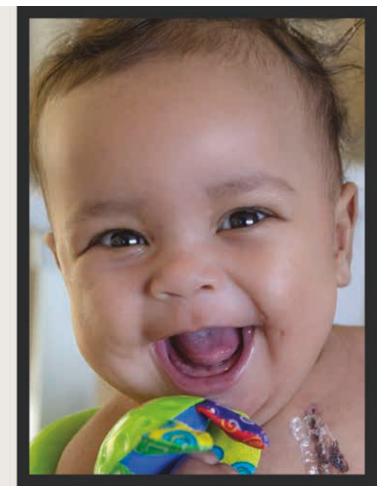
HOPE FOR TOMORROW BEGINS HERE TODAY. WHEN YOU GIVE, HOPE LIVES HERE.

Every day, families travel to our community to receive life-saving and life changing medical care for their child. The Ronald McDonald House of Oregon & SW Washington is honored to welcome these families with open arms into our Springfield Heartfelt House on the campus of PeaceHealth Riverbend.

Those families need you and your support today, because when you give Hope Lives Here.

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