

STROLL[®]

Tanglewood - Houston

*NEIGHBORS MAKING
A DIFFERENCE*

**Sandy
Lucas
& Sarah
Eilers**

Page 10

GITTINGS
SINCE 1928

DELIVERING NEIGHBORHOOD CONNECTIONS

GITTINGS

Portraiture Reimagined



713.965.9301
WWW.GITTINGSHOUSTON.COM
HELLO@GITTINGSHOUSTON.COM



Your floors deserve Expert Hands.

Houston trusts us.

- New hardwood flooring installation (Solid & Engineered Wood)
- Dust-Controlled Sanding & Refinishing
- Tile, Stone, Luxury Vinyl Plank & Carpet

- Floor Inspections, Maintenance & Board Replacement
- Water Damage Restoration & Insurance Claim Assistance



www.allbritefloors.com

Member of the National Wood Flooring Association
(713) 461-7060 / hello@allbritefloors.com

★ All 5-Star Google Reviews

36+
Years in Business

10K+
Homes Transformed

World-class productions right in your neighborhood. Rediscover the joy of theatre!

UNDERWRITTEN IN PART BY
Precedent
WEALTH PARTNERS



JOSEPH

AND THE
AMAZING TECHNICOLOR
DREAMCOAT

By Tim Rice & Andrew Lloyd Webber



SCAN ME

June 24 - July 19

adplayers.org | 713.526.2721 | 5420 Westheimer Rd.

100% of our profits go to children's charities

CELEBRATE

BY LISA LOU

Gifts | Rentals | Events | Gift Wrapping



Gather Around Something Beautiful

celebratebylisa.com
6543 Woodway Dr.
713-249-6656





Achieve Peak Performance • Improve Memory • Regulate Mood

Heal Mind + Body uses:

- A Micro-Current Neurofeedback device
- An innovative technology that is Safe, Non-invasive, and Painless.
- Exceptionally effective with both children and adults

How it works:

- 5 electrodes placed on the head
- Utilizing minuscule pulses of energy
- Calms the Central Nervous System "fight or flight" and stimulates the "rest and recovery system"

(832) 397-9179 | 5723 Star Lane, Houston, TX 77057

IMPORTANT
PHONE NUMBERS

PUBLISHER/AREA DIRECTOR/OWNER	Senly Fox 713.412.3537 senly.fox@strollmag.com tanglewood@strollmag.com
EDITOR/AD MANAGER/ CONTENT MANAGER	Cyndi Ortiz tanglewoodhouston@strollmag.com
SOCIAL MEDIA MANAGER	Morgan Tharp
PARTNER BRAND AMBASSADOR	Cindy Kraus tanglewood@strollmag.com
DOCUMENTATION SPECIALIST	Isabelle S. Fox tanglewoodhouston@n2co.com
PHOTOGRAPHER	Gittings Portraiture
EVENT PHOTOGRAPHER	Steven Traylor, Ethan Fox, Adanary Jacques

911
713.513.7700
713.628.9191
311
800.764.7661

713.207.7777
713.787.9790
713.371.1400

713.781.1642
713.513.7700

832.394.0600
713.308.1400
713.837.0311
713.247.2907
832.393.3007

713.881.3100
713.749.9000
281.517.1300
281.337.5074
713.957.7800

713.458.5500
713.917.3600
713.625.1411
713.917.3565
713.522.5960
713.787.1700

713.787.5000
713.686.4850
713.468.8211
713.512.3400
713.681.8300
713.580.6000
713.227.3637
713.782.1640
713.623.6938
713.219.5400
713.458.6100
713.850.0222
713.621.6847
713.864.6348
713.365.2310
713.774.7651

832.393.1860
713.783.5704
311
311
311

EMERGENCY NUMBERS
Emergency (Ambulance, Fire, Police)
Tanglewood Security Dispatcher
Patrol Car Mobile Phone
Houston Service Helpline
Poison Control Center

UTILITIES
Street Light Repair (H L & P)
Garbage Contract (VF Waste Services)
Water Service Repair

NEIGHBORHOOD INFORMATION
Tanglewood Homes Association Office
Tanglewood Security Dispatcher

CITY OF HOUSTON INFORMATION
Neighborhood Protection Services
Security Alarm Permits
City of Houston Switch Board
Mayor’s Citizen Assistance Office
City Council Representative Greg Travis

HARRIS COUNTY INFORMATION
Harris County Emergency Authority
Library Main Number
Texas Department of Public Safety
National Weather Service Houston/Galveston
Harris County Appraisal District

PUBLIC SCHOOLS
Briarmeadow Charter School
Briargrove Elementary School
Tanglewood Middle School
T.H. Rogers School
Lamar High School
Wisdom High School

PRIVATE SCHOOLS
Al-Hadi School of Accelerative Learning
The Awty International School
Duchesne Academy of the Sacred Heart
Episcopal High School
The Fay School
Houston Christian High School
Incarnate Word Academy
The Kinkaid School
River Oaks Baptist
St. Agnes Academy
St. Francis Episcopal School
St. John’s School
St. Michael Catholic School
St. Thomas High School
Second Baptist School
Strake Jesuit College Preparatory

OTHER
Jungman Library
U.S. Post Office (6435 San Felipe St.)
Stop Sign Repair
Dead Animal Pickup | Stray Animals
Household Hazardous Waste Information Line

Never sold your
jewelry before?

Most people haven’t.
We’ll walk you through it.

TENENBAUM
JEWELERS

EXPERIENCED BUYERS

PRIVATE & SIMPLE

ALL TYPES OF FINE JEWELRY & WATCHES CONSIDERED

BY APPOINTMENT: 713.629.7444

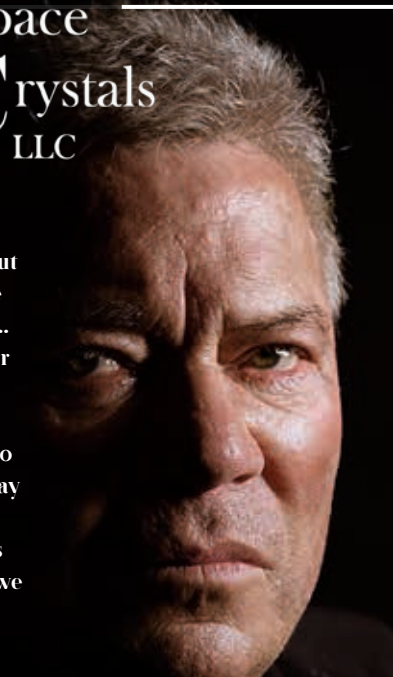
Trusted Experts for 50 Years



“We’re gonna put your DNA on the moon. It’s crazy... You will put your DNA in the capsule. That capsule will go to the moon and stay there alongside Neil Armstrong’s footsteps. Here we have the possibility of a type of immortality.”

-William Shatner

www.MySpaceCrystals.com



PREFERRED PARTNERS

This section is here to give our readers easier access when searching for a trusted partner to use. Get to know the businesses that make this magazine possible. Please support them in return and thank them if you get the chance!

ADVERTISING
Our Neighborhood Magazine
(713) 412-3537

DANCE STUDIO
River Oaks Dance
(281) 840-0372
riveroaksdance.com

Zuhri Care
(832) 537-6655
www.ZuhriCare.com

POLO CLUB
Houston Polo Club
(713) 681-8571
houstonpoloclub.com

AIR CONDITIONING / HEATING
Northwind Air Conditioning,
Heating & Mech. Serv
(713) 683-9474
northwindac.com

ENTERTAINMENT/SPACE
Space Crystals, LLC
(916) 402-2274
www.MySpaceCrystals.com

**HOME REMODELING &
HOME IMPROVEMENT**
SK Houston Construction LLC
(832) 249-7807
www.skhoustons
constructions.com

PORTRAITURE/PHOTOGRAPHY
Gittings Houston
(713) 965-9301
www.GittingsHouston.com

ALTERNATIVE WELLNESS
Heal Mind + Body
(832) 397-9179

Waypoint2Space
(281) 694-5661
www.Waypoint2Space.com

**HOSTESS GIFTS/TABLE
DÉCOR/GIFT WRAPPING**
Celebrate By Lisa Lou
(713) 305-1808
www.celebratebylisa.com

REALTOR/LUXURY
Susan Collins, Associate Broker
(713) 582-2255
www.GalleriaGuru.com

**ATTORNEY, ESTATE
PLANNING & PROBATE**
Law Office of Andrew Dunham
(713) 823-2333
www.DunhamProbateLaw.com

FLOORING
All Brite Floors
(713) 461-7060
allbritefloors.com

HOUSEKEEPING
Great Expectations Cleaning Services

REGENERATIVE WELLNESS CENTER
River Oaks Galleria Med Spa
(346) 741-6772
rogmedspa.com

AUTO DETAILING
Mobi-Fresh Auto Detailing
(713) 472-9793
www.Mobi-Fresh.com

**GLOBAL CUISINE, COCKTAILS
& CATERING**
Traveler's Table
(832) 866-2353
www.travelerstable.com

Dinora Segura
(832) 453-8546
www.GreatExpectations
Cleaning.com

RESTAURANT/CATERING
Hungry's Woodway
(832) 330-3388
www.hungryscfe.com

**BRANDING/MARKETING/
WEB DESIGN**
File Save
(713) 320-4592
www.FileSave.net

HAIR SALON
Hair Society Salon
(713) 459-7727
www.hairsocietyhouston.com

INTERIOR DESIGN
Winslow House Interior Design
(713) 319-6857
www.winslowhouse
design.com

ROOFING & RESTORATION
Empire Roofing & Solar
(469) 417-9954
www.EmpireRoofing-
Solar.com

**COMMERCIAL/RESIDENTIAL
CLEANING SERVICES**
HnM Cleaning Services, LLC
(832) 384-3491
HNMCleaning.com

HANDYMAN SERVICES
Ballybees Services
(281) 658-6651
www.callthebees.com

JEWELRY
Tenenbaum Jewelers
(713) 629-7444
tenenbaumjewelers.com

THEATER/ARTS
A.D. Players at The George Theater
Jesse GrothOlson
(832) 715-7088
www.ADPlayers.org

CONCRETE SERVICES
Rubio Concrete
(832) 756-5996
www.rubioconcrete.com

HEART & VASCULAR SPECIALISTS
Texas Heart and Vascular Specialist
(713) 797-0200
texasheartspecialists.org

MED SPA
Persona Medical Spa
(713) 630-0772
www.PersonaMedicalSpa.com

WATER PURIFICATION SYSTEM
Clean Water Solutions, LLC
(281) 224-6160
www.CleanWaterSolutions
Houston.com

**CUSTOM HAND TRIMMED
HATS & ACCESSORIES**
Philip Hannel Bespoke Millinery
(713) 492-8281

HOME / INTERIOR DESIGN
Plush Home Inc
(281) 235-2577
Instagram Handle: @PlushHomeHTX

PET GROOMER
Uptown Pets Mobile Grooming Salon
(956) 572-1508
www.UptownPets.org

PET SHOP
Jessie's Bites Pet Stop
(832) 776-2665
www.jessiesbites.com

**WINE CELLAR DESIGN
& REFRIGERATION**
A ABC LLC
(713) 224-3333
aabcwinecellarsand
rooms.com

HOME CARE
Heartkeepers Senior HomeCare
(346) 289-0545
www.Heartkeepers.care

Thank You to This Month's Contributors!



SenLy Fox, Publisher
ADTV Co-Host/
Executive Producer
Photo Credit: Gittings



Cyndi Ortiz
Editor/Ad Manager
Content Manager



Isabelle S. Fox
Documentation
Specialist



Cindy Jen
Digital Marketing
Specialist



Ethan Fox
Staff Photographer



Steven Traylor
Event Photographer



Susan Collins
Contributor/ADTV Host
& Preferred Partner



Lisa Zook
Resident Contributor
& Preferred Partner



Cindy Kraus
Contributor, Preferred
Partner & Partner
Brand Ambassador



Donna Ellis
Resident Contributor
2025 - 2026
Tanglewood
Garden Club President



Morgan Tharp
Social Media Manager



Philip Slosburg
Junior Resident Writer



Adanary Jacques
Event Photographer



Lesha Elsenbrook
SAWA Chic
Boutique Event
Chair, Contributor &
Community Supporter



Nousha Nowamooz
Contributor &
Preferred Partner



Aishah Stanford
Contributor &
Preferred Partner



Laura Winslow
Resident Contributor &
Preferred Partner



Sarah Eilers
Contributor &
Community Supporter



Sandy Lucas
Resident Contributor



Check out our website
for upcoming events!
www.strolltanglewood.com



Like Us on Facebook & Instagram
@strolltanglewood



strollmag.com

Delivering Neighborhood Connections
© 2026 The N2 Company, Inc.

Tanglewood
Living



DISCLAIMER: This publication is also known as *Tanglewood Living*, is owned by The N2 Company, and is not affiliated with or sponsored by any club, developer, or homeowners association. Articles and advertisements in this publication and opinions expressed therein do not necessarily reflect the views of N2 but remain solely those of the author(s) or advertiser(s). The paid advertisements contained within this magazine are not endorsed or recommended by N2.



We're proud to showcase businesses that share our commitment to fostering local connections. When perusing our pages, keep an eye out for the "Local Sponsor" icon to identify articles highlighting these valuable partners. Please note that businesses profiled may have provided free products and / or services for the review.

Happy Father's Day!

SPONSORED BY NORTHWIND AIR CONDITIONING, HEATING & MECHANICAL SERVICES

This month, we are sending warm wishes to all of the fathers and father figures in our Tanglewood community. Father's Day is a special time to celebrate the men who guide us, support us, encourage us, and leave a lasting imprint on our hearts. For many, this season also brings tender memories of those we are missing. I am especially thinking of my father and father-in-law, wishing they could be here to share in all of life's excitement and the joy of my daughter's upcoming nuptials next year. I know my father would be proud, and I carry that love with me always. I am also deeply grateful for my husband, an amazing man and father, whose presence in my life has been one of my greatest blessings after losing my daddy. And I am so proud of my brother and the incredible father he has become. To the fathers, grandfathers, husbands, brothers, mentors, and father figures who have stepped up with love, wisdom, and strength—thank you. Sending love, gratitude, and prayers to heaven for those we miss, and heartfelt appreciation to those we are blessed to celebrate here with us.

A very special welcome to our newest Preferred Partners—**All Brite Floors**. We are honored to have them join our circle of excellence.

As always, we remain deeply grateful for our valued Preferred Partners whose continued support brings each issue of Stroll Tanglewood to life. I encourage you to visit and support them through our Preferred Partners Index—they are the heartbeat behind this publication.



And a gentle reminder—Stroll Tanglewood is, and always will be, your magazine. If you would like to nominate a neighbor, celebrate a special family, or feature a beloved pet, we would be delighted to hear from you. Please reach out to our Editor, Cyndi, at TanglewoodHouston@StrollMag.com so we can continue sharing the stories that make this community so exceptional.

With Gratitude,
SenLy Fox
Owner and Publisher
(713) 412-3537
SenLy.Fox@strollmag.com



\$89

COMPLETE

TUNE-UP

A/C Service with

Integrity

SERVICE • REPAIR • REPLACE



NORTHWIND

NorthwindAC.com

713.683.9474

TDLR# TACLA78764E

River Oaks Galleria Medspa & Hair Institute



Elevated Aesthetics.

Intentional Wellness.

At River Oaks Galleria Medspa & Hair Institute, we curate regenerative therapies, with physician-led expertise, to help you look refined, refreshed, and feel naturally confident.

Our offerings include Facial Balancing, Under-Eye Rejuvenation, Body Contouring, Medically Supervised Weight Loss, Hydrafacial®, Chemical Peels, Regenerative Microneedling, Laser Therapy, Hair Restoration, IV Infusions, Peptides, and Cancer Early Detection.

As a gesture of appreciation to our neighborhood community, **Enjoy 15% OFF** with code **STROLL**. Valid on all full price Services & Products, including SkinBetter Science®, Hydrinity®, Face Reality®, Alastin®, EltaMD®, and Xtresse®.

Elegant Gift Certificates available — because exceptional care is always a thoughtful gift.



Call or Text 346-741-6772 to Book your Appointment!



rogmedspa.com



Jessie's Bites

PET STOP

10% OFF

Bring this in store for 10% off your first purchase!

Visit Jessie's Bites at 6401 Woodway Dr #163 (next to Kelsey Seybold) for:

✓ Fresh, human-grade dog food

✓ Nutritious & delicious treats

✓ All your dog's needs

✓ Cat food and supplies

✓ Inclusive team





Jessie's Bites Pet Stop
6401 Woodway Dr #163
Houston, TX 77057
www.jessiesbites.com
[@jessiesbitesgrub](https://www.instagram.com/jessiesbitesgrub)



ROOFING REPAIRS · INSPECTIONS
MAINTENANCE · FENCING
SPECIALTY ROOFING SYSTEMS
RESTORATION
(STORM, FIRE, FLOOD, FREEZE)



EMPIRE
ROOFING & SOLAR



MATHEW NAYLOR
469.417.9954
www.empireroofing-solar.com

8 June 2026

STROLL Tanglewood - Houston 9



*Lucas/Eilers
Design Associates
Celebrate their
30th Anniversary
with 30 Acts of
Giving Back*

SPONSORED BY WINSLOW
HOUSE INTERIOR DESIGN



F

or many in Tanglewood, beautiful design and gracious living go hand in hand — and few embody that spirit more naturally than longtime Tanglewood resident Sandy Lucas of Lucas/Eilers Design Associates.

Sandy has called Tanglewood home for 15 years, sharing life in the neighborhood with her husband, Richard, and cherishing what she loves most about the community: wonderful neighbors and dear old friends around every corner. A Houston native and University of Texas graduate, Sandy is an interior designer whose love of beauty, creativity, and connection extends far beyond the home.

After celebrating Lucas/Eilers Design Associates’ 30th anniversary last year, Sandy and her design partner, Sarah Eilers, chose to honor the milestone in a deeply meaningful way. Rather than simply reflecting on three decades of creating timeless interiors, the nationally recognized design duo dedicated 2025 to giving back through their inspiring “30 Acts of Giving Back” initiative.

Throughout the year, their efforts touched 30 organizations across Houston and beyond through hands-on service, mentorship, and thoughtful support. From building beds with Sleep in Heavenly Peace to supporting Habitat for Humanity, Houston Food Bank, Books Between Kids, Dress for Success, and the Museum of Fine Arts, Houston, each act reflected a heartfelt commitment to strengthening the community around them.

For Sandy and Sarah, the initiative is a beautiful reminder that great design is about more than beautiful spaces — it is about creating impact, connection, and care for others. Their dedication serves as a wonderful reflection of the generous spirit found throughout Tanglewood.



WINSLOW HOUSE
Interior Design
Laura Winslow, Owner

713-319-6857
WinslowHouseDesign.com
laura@winslowhousedesign.com



CALL TODAY
(832) 756-5996

FOR
15% OFF
YOUR FIRST PROJECT

introducing the
HAIR SOCIETY BLOW DRY CLUB

one blowout a month. each additional blowout \$50
\$50 / MONTH (VALUED AT \$55)

What's included:

- Blowout once a month
- 10% off
 - Styling
 - Updos
 - R+Co treatment services
 - Shine treatments
 - Retail*
- 50% off clip-in install**

hairsocietyhouston.com
For more information, call (713) 968-1366.

*Retail excludes Artonit Cosmetics. Blowout included in the membership needs to be redeemed throughout the month; no rollover to the next month. **Does not include the purchase of the hair.

ABOUT LUCAS/EILERS DESIGN ASSOCIATES

Lucas/Eilers Design Associates is a nationally recognized interior design firm specializing in timeless, thoughtfully curated interiors. Founded in 1995 by Sandra Lucas and Sarah Eilers, the firm is known for its traditional, client-centered approach and commitment to elevating the interior design profession through mentorship, education, and ethical business practices. Headquartered in Houston, Texas, Lucas/Eilers Design has completed projects across the country, bringing their signature blend of elegance and functionality to homes of all styles.

To learn more about Lucas/Eilers Design Associates and their 30 Acts of Giving Back initiative, visit lucaseilers.com or @lucaseilersdesign on Instagram.

If your family would like to be featured in an upcoming issue of Stroll Tanglewood, or if you'd like to nominate a fellow Tanglewood neighbor, please contact us at TanglewoodHouston@strollmag.com.



Summer is here —
it's the perfect time to
*repair, refresh,
and restore*
your home.

281.917.2022
Contact@callthebees.com
www.callthebees.com

- Drywall patch & paint
- Door, trim & baseboard repairs
- Fence & gate fixes
- Caulking, sealing & touch-ups
- General home maintenance

UPTOWN PETS
MOBILE GROOMING SALON

Luxury pet grooming that comes to you!

832.992.9525
uptownpets@email.com
www.UptownPets.org
@uptownpetsmobilegrooming

PREFERRED PARTNER

HUNGRY'S

A Houston Favorite Right Here in Tanglewood

IF YOU'VE SPENT TIME IN HOUSTON, chances are you've shared a meal or celebration at Hungry's. What began in 1975 as a casual sandwich shop has grown into a longtime Houston favorite known for its welcoming atmosphere, diverse menu, lively happy hours, weekend brunches, catering, and private events.

What sets Hungry's apart is its ability to truly offer something for everyone. Whether gathering with family on the patio, meeting friends for drinks, grabbing takeout after a busy day, or hosting a special event, Hungry's has become a trusted go-to for generations of Houstonians.

The Woodway location feels especially meaningful to the Hungry's team. VP of Development Nousha Nowamooz shared that Tanglewood's strong sense of community made it a natural fit—particularly because she personally grew up in the Villages and feels deeply connected to the area.

As a family-owned business celebrating over five decades in Houston, Hungry's continues to evolve while staying true to its roots: serving comforting, thoughtfully prepared meals while creating a welcoming place for neighbors, friends, and families to gather. And with a long history of giving back through scholarships, donations, and local fundraisers, their commitment to community extends far beyond the dining room.



hello neighbors! **Hungry's** NOW IN TANGLEWOOD!

DINE-IN | TAKE-OUT | HOME DELIVERY | CORPORATE CATERING | PRIVATE EVENTS

H's 50th ANNIVERSARY 1974-2024

5750 Woodway Drive, Houston, TX 77057
346.692.7500
hungryscafe.com

For 50 years, Hungry's has been bringing Houstonians together over great food, warm hospitality, and memorable moments—and as of August 2024, this beloved neighborhood favorite has been part of the Tanglewood community.

PHOTOGRAPHY BY BECCA WRIGHT



RECIPE

Orzo Pasta Salad

RECIPE BY NOUSHA NOWAMOOZ OF HUNGRY'S (TANGLEWOOD PREFERRED PARTNER), SPONSORED BY CLEAN WATER SOLUTIONS, LLC

Ingredients

- 1½ cups Dry Orzo Pasta
- 2 cups chopped Red Bell Pepper
- 2 cups chopped Green Bell Pepper
- 1 cup cooked Black Beans drained, and rinsed
- ½ cup chopped Red Onion
- 1 cup chopped fresh Cilantro
- 4 ounces crumbled Feta Cheese (optional)
- ¼ teaspoon Salt
- ¼ teaspoon Black Pepper

GREEK DRESSING

- 1 cup White Vinegar
- ½ cup Lemon Juice
- 3 large Garlic Cloves
- 2 Teaspoons Oregano
- 2 Teaspoons Black Pepper
- 5 Teaspoons Salt
- 2 cups of Olive Oil

Instructions

1. Bring a large pot of salted water to a boil. Prepare the pasta according to the package directions, or until slightly past al dente. Drain the orzo and rinse with cold water for about one minute to cool. Then toss it with a little olive oil, so that it doesn't stick together. Spread onto a baking sheet and let sit for later use.
2. While your pasta cools, prepare your Greek Salad Dressing. In a small bowl, mix all ingredients together until combined.
3. In a large bowl, toss together the cooked orzo, red and green bell pepper, black beans, and red onion. Drizzle the dressing over the salad, add crumbled feta cheese, (or opt out to keep it plant-based) cilantro, and other fresh herbs. Lastly, season with freshly ground black pepper, and toss to coat. As for the garnish, you can choose to use your remaining cilantro or other toppings like tomatoes, olives, or your favorite protein for a more hearty option.

If you are a Tanglewood resident and have a recipe you'd like to submit, please reach out to our Editor, Cyndi, at TanglewoodHouston@strollmag.com

We Offer Whole House Water Filtration- Drink Safely From All The Faucets In Your Home.

Free Water Testing, Education And Full Water Analysis
Softener Maintenance

We are women owned and operated local water filtration company. We focus on Clean Water Solutions for your home including: reverse osmosis drinking water, softeners to protect your home and soften skin & hair, contaminate removal systems to remove the harmful chemicals to be able to drink and bathe with clean safe water.

Free Generac consultation!

Clean Water Solutions
"Clean Water is Just a Drop Away"

Cindy Kraus | (281) 224-6160

GET YOUR FREE QUOTE BY VISITING:
www.CleanWaterSolutionsHouston.com



RIVER OAKS
dance
DANCE | PARTY | SHOP

Now Enrolling for
2026-2027!

Join River Oaks & Tanglewood's most
fun and encouraging dance community
for ages 3 months & up.

Register HERE!

riveroaksdance.com

ZUHRI CARE

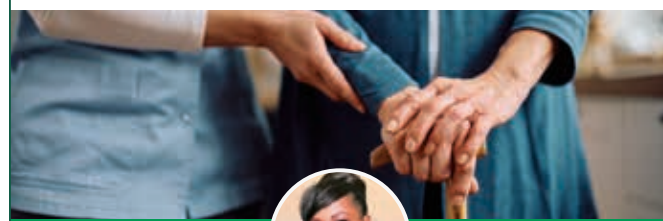
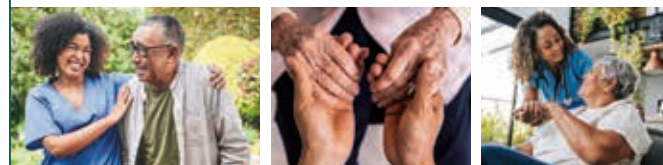
Exceptional Home Care (zuhricare.com)



"Zuhri Care improved my father's quality of life while he was in memory care and I believe that they will do the same for your loved one." - Becky Seymour

We Provide

- ☐ Activities of Daily Living
- ☐ Mental & Physical Exercise
- ☐ Health Monitoring
- ☐ Companionship
- ☐ Dementia Care



CONTACT US!



(832) 537-6655
(Lula Goodall)
lula@zuhriservices.com



CREATING A CLEAN & HEALTHY ENVIRONMENT FOR YOU & YOUR HOME

"Dinora and her team are so amazing!!! They have deep cleaned my home for years and I cannot recommend them highly enough. Their attention to detail is unmatched. They are the best!"

—TANGLEWOOD RESIDENT & CLIENT

OUR SERVICES

House Cleaning

Detailed residential care

Commercial

Offices & workspaces

Post-Construction

Move-in ready finishes

Move-In / Out

Deep clean transitions

Exterior Cleaning

Pressure washing & window cleaning

Home Care

Personalized house sitting

White Glove Clean

The meticulous touch, from chandeliers to polished silver, for a truly brand-new feel.

Event Setup / Clean Up

From setup to cleanup, for a seamless experience



Organic & Eco-Friendly Products

Available Upon Request

100% NON-TOXIC

25+ YEARS • WOMAN-OWNED • BBB A+

EXPERIENCE A HIGHER STANDARD OF CLEAN

(832) 453-8546

greatexpectationscleaning.com

3300 Chimney Rock, Ste 200 Houston, TX 77056



What Do You Do With Your Napkin During The Meal If You Need To Excuse Yourself But Will Be Back?

BY RESIDENT WRITER AND PREFERRED PARTNER, LISA ZOOK, SPONSORED BY PLUSH HOME INC

This month, we continue to debunk bad etiquette advice. Etiquette is not about rules for the sake of rules. It's about showing kindness and respect to others. In recent years, some have dismissed timeless table manners as outdated or unnecessary. Etiquette is a thoughtful, practical way to ensure comfort, order, and consideration for those around you.

BAD ADVICE: No need to place your napkin on the chair. The old rule was placing your napkin on your chair if you excused yourself during a meal. This is

not necessary. Many people will just put it next to their plate.

DEBUNKED: Let me ask you, if you sat next to someone who had a dirty napkin because they were eating a messy meal, would you want to stare at that dirty cloth sitting next to you while your tablemate excused themselves for a few minutes? If you are the hostess for a dinner party at home, would you want a guest putting their dirty napkin on top of your beautiful linen tablecloth? The answer to both is NO. Putting the napkin

in the chair keeps all messes out of sight, and it also signals to the server that you are not finished with your meal. I once had a tablemate sitting next to me that blew her nose in her linen napkin. Can you imagine putting that on the table or hanging over her chair for all to see? NO! The napkin goes in your chair if you are returning to the table. Once you are finished and departing for the evening, this is when the napkin may be placed on the table to the left of where your forks once sat.

It's the small things that show respect for your host and the shared experience.

Together with you,

Lisa Lou



celebratebylisaou.com



@lisalouzook
@celebratebyliseloushop



@lisalouzook
@celebratebylisaou



@celebratebylisaou

Do you have a tip you want to share? Email us at TanglewoodHouston@strollmag.com.



713.522.5230

2233 Westheimer Rd • Houston, TX 77098

PLUSH HOME

LINENS • GIFTS • ACCESSORIES

plushhomehtx @PlushHomeHTX

A Beautiful Afternoon in Bloom

SUBMITTED BY DONNA ELLIS, RESIDENT AND 2025 - 2026 TANGLEWOOD GARDEN CLUB PRESIDENT,



THE TANGLEWOOD GARDEN CLUB welcomed members and guests for its Annual Spring Luncheon on April 21 at the elegant Houston Country Club. The lovely afternoon combined friendship, fashion, and philanthropy in true Tanglewood style.

Guests enjoyed a special presentation from celebrated fashion designer Hunter Bell, whose insights and signature style brought a chic and inspiring touch to the event. Shopping before and after the luncheon provided the perfect opportunity for a little retail therapy, while a raffle featuring wonderful prizes helped raise funds in support of Crime Stoppers Houston.

Beautifully chaired by Donna Ellis, Georgia Piazza, and Emily Anne Harrison, the luncheon was a warm and memorable gathering that reflected the spirit of community and generosity that makes the Tanglewood Garden Club so special.

For more about the Tanglewood Garden Club or info on how to join- scan the QR code or visit our website at Tanglewoodgardenclub.com.



Philip's Five Bats for Cooperstown

BY JUNIOR RESIDENT WRITER, PHILIP SLOSBERG

It's June! That means your Cooperstown weeks are coming! If you want to win, you are going to need a good bat that has a ton of pop!

LOUISVILLE SUPRA - This bat is one of the most known bats. It has a ton of pop and also it has a good sweet spot. This might be the one you should choose!

RAWLINGS ICON - This bat almost everyone has! It uses technology for less sting when you hit the ball. Also this bat is better for reaching higher exit velocities than hitting the ball far. This bat is available at a lot of stores!

EASTON DUB (SPRING BREAK EDITION) - This bat was released this year and has been a huge "hit"! This bat has a great sweet spot on the barrel. Also this bat has a really cool design. You should buy it now!

DEMARINI ZEN - The Zen is a phenomenal bat! This bat is great for durability and pop. The cool thing is that you can customize your own Zen at this URL <https://www.demarini.com/custom/baseball/2026-zen-zbz/customize#color>.

EASTON HYPE FIRE - The Hype Fire is an incredible bat. The downside is that the bat is the best in only -5s. The -8 and the -10 don't have as much pop as any other bat.

These bats will set you up for success! Good luck at Cooperstown. Bring home a W!

Do you have fun knowledge you want to share? Email us at TanglewoodHouston@strollmag.com.



HIGHLIGHTING EVENTS

Bayou City Art Festival 2026

A colorful celebration of creativity

PHOTOGRAPHY BY YAYOI SHIMAZAKI



Houston's creative spirit shined brightly at this year's Bayou City Art Festival, where more than 250 artists—including featured photographer Lijah Hanley—gathered to showcase stunning works across 19 artistic disciplines. Guests enjoyed the rare opportunity to meet artists, explore one-of-a-kind pieces, and discover art at every price point.

Beyond the galleries, the weekend was filled with flavor and fun—from live

Chef's Table demonstrations and local food trucks to wine gardens and live entertainment. Families delighted in the TJH Active Imagination Zone, while young artists were celebrated in the Middle School Art Competition.

With proceeds benefiting local nonprofits, the festival once again proved to be a beautiful blend of art, community, and impact—making it a beloved Houston tradition year after year.

PURPOSE DRIVEN RITTENHOUSE PROPERTY FOR SALE



- Beautiful sanctuary space
- Multiple private rooms
- Large commercial-style kitchen
 - ADA accessible
- Located on 3.2 acres with potential for outdoor amenities, gardens, or expansion

Associate Broker & Realtor
(713) 582-2255 • thegalleriaguru.com
susan.collins@susancollins.realtor





DID YOU KNOW?

Supporting Loved Ones Through the Alzheimer’s Journey

BY AISHAH STANFORD OF HEARTKEEPERS SENIOR HOME CARE (TANGLEWOOD PREFERRED PARTNER),

Alzheimer Awareness Month is an important opportunity to educate and bring awareness to a condition that affects millions of individuals and families around the world. By increasing understanding and encouraging open conversations we can help promote compassion, support and early recognition for those impacted by Alzheimer’s.

What are some early warning signs or symptoms that families should pay attention to?

Challenges with executive functioning, confusion regarding date, time, and place. Requiring assistance with daily tasks they would normally manage independently.

Are Alzheimer’s and dementia the same thing?

Not quite. Dementia is a symptom; Alzheimer’s is a disease that can cause those symptoms.

Where can I find support if someone I know has Alzheimer’s?

When someone you love is living with Alzheimer’s support can make all the difference. It often comes from a combination of understanding, guidance and surrounding them with a calm healthy environment where they feel safe, respected, and cared for. There are resources and services available to help families through each stage of the journey, so no one has to go through it alone.

What are some things a person can do daily to help reduce the risk of Alzheimer’s?

Engage in daily social, mental and physical activities that help stimulate the mind and support overall well-being such as reading, exercising, attending social events, meaningful conversations and participating in hobbies you enjoy. Maintaining healthy eating habits, limiting alcohol and smoking. Staying active, connected, and mentally engaged can help support cognitive health and improve quality of life.

What are some ways caregivers and loved ones can help someone with Alzheimer’s maintain their dignity and independence?

Maintain familiar routines to help create comfort and stability. Focus on reassurance and connection. Be patient and validate their feelings, even when they are confused.

PHILIP HANNEL

BESPOKE MILLINERY

Philip’s years in the fashion and retail field are expressed in designs for custom and ready - to - wear headwear. He strives to be fashionably relevant, yet timeless to enhance the natural beauty of the wearer. Hand made using old world millinery techniques, fine materials and an exceptional eye to detail he is keeping a tradition of artisanal craftsmanship alive in our modern world.

713.492.8281

Keeping matters of the heart at home.

Our services include but are not limited to:

- Companionship
- Running Errands
- Meal Preparation
- Medication Reminders
- Light Housekeeping

HeartKeepers Senior Care is a non medical agency devoted to treating each client with the utmost respect, dignity, empathy and striving to maintain a comfortable and nurturing environment for your loved one.

(346) 439-7368 | Aishah Stanford, Owner

THE LAW OFFICE OF ANDREW DUNHAM

Whether your estate is \$100 or \$100 million, everyone needs a good estate plan. And, if you haven't reviewed your estate plan in the last five years, it's a good idea to do so to ensure nothing's been missed that needs updating. If you need help preparing or updating your estate plan, I would love the chance to help with that!

The Law Office of Andrew Dunham, PLLC

14015 Southwest Freeway, Suite 14

Sugar Land, Texas 77478

281.769.1685

www.dunhamprobatelaw.com

AUTO Detailing Service

Mobi-fresh.com

Best and Fast Washing

Our Services

- Interior & Exterior Cleaning
- Clay Bar Treatment
- Ceramic Coating
- Head light Restoration

Book Now

713-472-9793

mobi-fresh



Fashion Blooms for a Beautiful Cause

Jardins du Monde - The Salvation Army Women's Auxiliary Hosts its 22nd Anniversary Fundraiser

SUBMITTED BY _____



An afternoon of elegance, generosity, and community spirit unfolded on April 7, 2026, as the Salvation Army Women's Auxiliary hosted its 22nd Anniversary fundraiser, **Jardins du Monde**, at the beautiful River Oaks Country Club.

The sold-out luncheon, welcomed more than 480 guests and combined with the four-day shopping event, raised an incredible \$1,248,000 in support of The Salvation Army and its mission to serve families and individuals in need throughout the Houston community.

Led by **Event Chair Lesha Elsenbrook**, this year's theme, Fashion Blooms – *Jardins du Monde*

("Gardens of the World"), transformed the day into a stunning celebration of fashion and philanthropy. Guests were treated to a runway presentation inspired by iconic fashion houses including Oscar de la Renta, Valentino, Gucci, Etro, and Erdem, bringing color, artistry, and sophistication to the afternoon.

The event was made possible through the dedication of many SAWA volunteers representing hundreds of volunteer hours in addition to an outstanding leadership team, including **Chic Boutique Chair Pamela Sengelmann**; **Co-Chairs Maggie Austin and Dodi Willingham**; **Showroom Co-Chairs Mary Camden, Maura Montgomery, and Susan Perdue**; and **Fashion Chair Jennifer Allison**.

A heartfelt highlight of the day was the honoring of Tanglewood resident, **Gina Saour**, a beloved and longtime member of the Women's Auxiliary whose years of service and leadership have left a lasting impact on the organization. Surrounded by friends, family, and fellow supporters, the tribute reflected the warmth and generosity that define this special community.





Following the luncheon, guests eagerly anticipated the opening of the annual Chic Boutique Showroom, a treasured four-day shopping experience featuring an extraordinary collection of both “new with tags” and “pre-loved” designer fashion. Shoppers enjoyed exclusive access to coveted brands such as Chanel, Loewe, Zimmermann, Tory Burch, Alice + Olivia, and many more.

More than just a fashionable afternoon, *Jardins du Monde* served as a beautiful reminder of what can happen when a community comes together with compassion, purpose, and heart.

About The Salvation Army:

Serving the Greater Houston area since 1889, The Salvation Army is dedicated to meeting human needs without discrimination, in Jesus’ name. Each year, nearly 30 million Americans benefit from its programs, with 86.3 cents of every dollar raised locally supporting vital services in Houston and across 5,000 communities nationwide.

For more information, visit SalvationArmyHouston.org.





TRAVELER'S TABLE

Where Houston gathers to explore the world.

Traveler's Table offers elevated group dining with globally inspired cuisine and an atmosphere made for meaningful moments.

(832) 409-5785
travelerstable.com
[@travelerstablrestaurant](https://www.instagram.com/travelerstablrestaurant)



Thank You to Our New Preferred Partners

Our publication wouldn't be possible without the support of our Community Sponsors. See our Preferred Partners Index to get to know the businesses supporting your neighborhood publication and thank them if you get the chance. If you own a business and would like to get more information about our sponsorships, please email tanglewoodhouston@strollmag.com. We'd love to get to know you and have you join our Stroll Tanglewood family!



BUILDING *Dreams.* TRANSFORMING *Homes.*



A ABC LLC - A ABC LLC and Custom Wine Cellars of Texas brings expert craftsmanship and personalized service

to homeowners across Texas. Originally recognized for designing and building air conditioning and refrigeration systems, the family-owned company expanded in 2006 to create beautifully customized wine cellars tailored to each client's vision. Known for exceptional attention to detail, quality craftsmanship, and a thoughtful approach to budget and affordability, the team continues to treat every customer like family.



HnM Cleaning Services - HnM

Cleaning Services believe a clean space is a happy space. With years of experience and a team of dedicated professionals, they provide top-quality residential

and commercial cleaning services across Houston. HnM goes beyond surface cleaning—they create healthy, fresh, and inviting environments so you can focus on what matters most.



Philip Hannel Bespoke Millinery -

Philip's years in the fashion and retail field are expressed in designs for custom and ready- to-wear headwear. He strives to be fashionable relevant, yet timeless to enhance the natural beauty of the wearer. Hand made using old world millinery techniques, fine materials and an exceptional eye to detail he is keeping a tradition of artisanal craftsmanship alive in our modern world.



SK Houston Construction -

At SK Houston Constructions, every project is thoughtfully curated around each client's lifestyle, vision, and long-term investment goals. Experienced project managers provide a highly personalized experience, guiding clients

from the initial complimentary consultation through every phase of design and construction. Built on trust, transparency, and meticulous attention to detail, SK delivers refined craftsmanship and seamless project execution transforming concepts into sophisticated spaces designed to exceed expectations.



Zuhri Care - Zuhri Care (C=Compassion,

A=Accountability, R=Responsibility, E=Empathy) serves Houstonians who want their loved ones to receive attentive, dependable care without sacrificing comfort, dignity, or independence. Led by Lula Goodall, the family-owned agency

understands that quality care is about trust, discretion, and knowing someone will show up with patience, professionalism, and genuine concern. Whether your loved one needs daily support, companionship, or help maintaining their routine at home, Zuhri Care provides a thoughtful level of care that gives you confidence and peace of mind.

OUR SERVICES

- HOME ADDITIONS & EXPANSIONS
- LUXURY BATHROOM DESIGN & RENOVATION
- CUSTOM KITCHEN RENOVATIONS
- FULL HOME TRANSFORMATIONS
- HIGH-END RESIDENTIAL REMODELING

SCHEDULE YOUR FREE CONSULTATION TODAY

832-447-1012

info@sk-rer.com

www.skhoustonconstructions.com



resident business guide

This is a current list of business owners and professionals from our neighborhood. It is an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your name, business name, phone number, and email address to TanglewoodHouston@strollmag.com.

AUTO DEALERSHIP Team Gillman Auto Group Acura Honda Subaru www.TeamGillman.com	HOSTESS GIFTS/TABLE DECOR/GIFT WRAPPING Celebrate By Lisa Lou Lisa Zook (713) 249-6656 www.celebratebylisalou.com	INTERIOR DESIGN Winslow House Interior Design Laura Winslow (713) 319-6857 www.winslowhouse.design.com	LUXURY CARS Star Motor Cars Glenn Seureau (713) 868-6800 www.starmotorcars.com	MED SPA Persona Medical Spa Kathi Jones (713) 630-0772 www.PersonaMedicalSpa.com
AUTO REPAIR Adams Automotive Perry & Patty Adams (713) 932-0934 adamsautomotive.services.com				

Caring for Patients

from **Screening and Preventative Care** to **Advanced Cardiac Care**

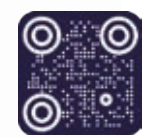
JOGGY K GEORGE
MD FACC FSCAI

Cardiology Consultations • Cardiac Procedures • Echocardiography
Vascular Ultrasound • Treadmill Exercise Testing • Holter Monitoring/Arrhythmia Monitoring
Onsite PETCT • Calcium Scoring • Interventional Cardiology • Advanced Heart Failure

4101 Greenbriar Dr, Suite 100 | Houston • (713) 797-1111
Salman J Bandeali, MD FACC • Sayed F Feghali, MD FACC
Joggy K George, MD FACC FSCAI • Samar S Sheth, MD FACC FSCAI

6624 Fannin St, Suite 1970 | Houston • (832) 736-7554
Salman J Bandeali, MD FACC • Jorge Escobar MD FACC
Joggy K George, MD FACC FSCAI • Surendra Jain, MD
Priyanka Sen, MD FACC • Samar S Sheth, MD FACC FSCAI • Dr. Chung Sung, MD

TEXAS HEART & VASCULAR SPECIALISTS
texasheartspecialists.org



Scan here for full details on our services and locations

HOUSTON POLO CLUB

Enjoy player parade, live music, expert announcing, champagne divot stomp at halftime and special trophy presentation. THE LYMBAR is the onsite concession, serving delicious menu choices and a premium bar menu.
Get individual tickets for \$18-\$45, box seats for 4-20 guests \$260-\$1300.
www.houstonpoloclub.com



Scan for tickets

2026 FALL POLO COMING SOON...

SEPTEMBER 13, 20, 27 | OCTOBER 4, 11, 18, 25 | NOVEMBER 1, 8, 15

HOUSTON POLO CLUB

BOOK YOUR EVENT DURING SUNDAY POLO

Our beautiful outdoor setting is ideal for entertaining clients, family, or friends. Book your next event during our 2026 fall season! Contact us for private group accommodations and quotes.
events@thehoustonpoloclub.com | 713-681-8571 ext. 101



HOUSTON'S NICEST MAIDS

Keep your home spotless, comfortable, and beautifully maintained with our professional cleaning services. Contact us today for a personalized quote and schedule your cleaning.

Vanessa Huezo
832-384-3491

- ✓ Deep Cleaning
- ✓ Recurring Maintenance
- ✓ AirBnB Turnovers
- ✓ Move in/Move out cleaning
- ✓ Office Cleaning



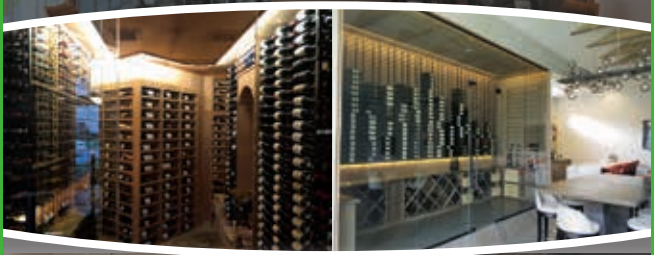
Visit Our Website
www.hnmcleaning.com

Email us
info@hnmcleaning.com



Celebrating 47 Years in Business

FAMILY OWNED



A✓ABC LLC Custom Wine Cellars

\$1000 off a Complete New Wine Cellar
We Also Specialize in Maddern kitchen cabinets
aabcwinecellarsandrooms.com
2113 Garden Rd., Pearland
713.224.3333

9151 Currency St.
Irving, TX 75063

A Publication for the Residents of
Tanglewood - Houston

LOOK FABULOUS *feel Beautiful*

Botox and Filler
Coolsculpting

Non-surgical Body Contouring

Skin Tightening
Cellulite Treatments

PDO Thread Lift
Microneedling

Laser Skin Rejuvenation
Facials

Massage Therapy
Cut Health/Micronutrient Testing

Hormone Pellets
IV Vitamin Therapy
Weight Loss



PERSONA
MEDICAL SPA

 facebook.com/PersonaMedicalSpaHouston  personamedspa

ASK ABOUT THIS MONTH'S SPECIAL SAVINGS

2311 W Alabama St. Houston, TX 77098 | (713) 630-0772

PERSONAMEDICALSPA.COM