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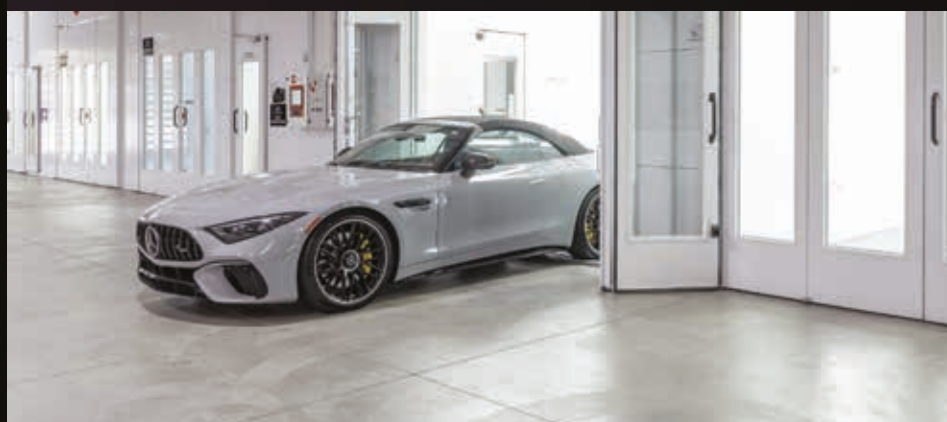
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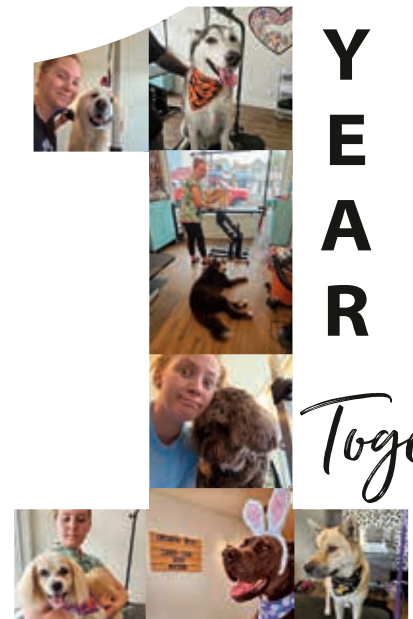
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WHEN: Thursday, September 18, 2025

TIME: 5:30 PM - 7:30 PM

**WHERE: Bluewater Grill,
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Come out for an end-of-summer social at Bluewater Grill. Meet your neighbors and sponsors of *Stroll Lido Isle* as we enjoy the last lazy days of summer. Meet us on the patio for complimentary appetizers. We will have some great raffle prizes from our sponsors, and there will be a cash bar for your convenience.

Lido Isle resident and founder of Literacy Project, Sue Grant, will be collecting Barnes and Noble gift cards and 2nd/3rd-grade level book donations at the social to gift to students graduating from the organization's

reading program. Learn more about the incredible work Literacy Project (literacyproj.org) is doing in our community—empowering children from low-income families by breaking the cycle of illiteracy and fostering a lifelong love of reading.

Space is limited, so be sure to RSVP by scanning the QR code on this page or visiting <https://bit.ly/StrollLidoSocialSept2025>. You can also email christy.gallagher@n2co.com.



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How Britt and Bob Michaelian
 Built a Healing-Filled Life on Lido
 After Life's Unexpected Turns

PHOTOS BY TURVILLE PHOTOGRAPHY

Britt and Bob Michaelian moved to Newport Beach from San Francisco in 2010. It wasn't a long-term plan to stay here; in fact, it was only supposed to be a year. However, right after Bob sold his company in San Francisco, Britt's mom was diagnosed with lung cancer, so it was a transition that made sense. It allowed the family to support their elders during a sensitive time. And it ended up being an honor for Britt that she was able to hold her mom as she passed.

In January of 2020, the Michaelians purchased a home on Via Koron. While Britt and Bob's three daughters have left the proverbial nest, their eldest daughter, Maya, lives on the Peninsula and works as head of marketing for a music management, record label, and publishing company. Middle daughter, Lucy, is a songwriter and producer with Universal Music Publishing Group in Los Angeles. The youngest daughter, Soleil, is studying music production and DJing in London and occasionally DJs at clubs in Ibiza. Neither Britt nor Bob plays an instrument (other than crystal sound bowls), but a passion for music clearly runs in the family.

Britt graduated from Corona Del Mar High School and went on to get a BFA from the School of the Art Institute of Chicago and master's degrees in art therapy and marriage and family therapy. Britt did her practicum and got certified as an art therapist in the hospital setting at CPMC, a San Francisco hospital, in the oncology, heart transplant, and pediatric units. At the same time, her art was exhibited in galleries in NY, SF,



“
 Bob and
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 Lido.”

“To be of service to the community in a way that honors her mother and sister, Britt created Healing House, an annual art and wellness event that’s been featured in the LA Times.”



documentary, and a panel discussion with Britt Michaelian, and the curators of Britt’s art, Aubrie Weinholt of Weinholt Projects and Frederick Janka, president of the board of the Museum of Contemporary Art Santa Barbara. The next Healing House will take place on January 26, 2026 at the Lido Theater. As always, guests will be treated to a sound bath, guided meditation, and group Reiki healing infused with Britt’s seven daily healing practices through art, but this year will also include a live interview with Kelly Noonan Gores for the *Heal with Kelly* podcast. Tickets will be available at Britt’s website at brittmichaelian.art, and twenty percent of proceeds from the event will benefit City of Hope.

Bob and Britt love the friendly atmosphere in our little touch of heaven on Lido. In fact, they love it so much, they moved Bob’s mom down to the island in 2023. They also adore the surrounding Newport Beach community. They’ve been long-time fans of Vibe Organic Kitchen, Fable & Spirit, and Ekam Yoga. When he’s not on his yoga mat, taking calls for work, or walking with Ziggy and Britt, Bob can be found on the water, as an avid standup and prone paddleboarder. The Michaelians are wellness enthusiasts who clearly love the Lido lifestyle, but the best days are when their daughters come to visit.

Would you like to nominate a Lido Isle family to be highlighted in Stroll magazine? We’d love your suggestions! Email us at StrollLido@gmail.com.

LA, and Chicago, and collected around the world. Britt has worked as an artist and healer for over 20 years.

In 2017, right after Britt became a Reiki master, her sister was diagnosed with cancer. Britt had taken a break from painting for a few years after her mom passed, and her sister decided it was time for Britt to pick up the paintbrush again. She got Britt several paint-by-number kits and instructed Britt to paint while her sister slept. One day, after Britt put Reiki healing energy into her sister’s back to ease the pain, she was struck by a divine message that her art could serve as a Reiki healing transmission. From that moment on, Britt’s art shifted from being abstract color expressionist to frequency art.

To be of service to the community in a way that honors her mother and sister, Britt created Healing House, an annual art and wellness event that’s been featured in the *LA Times*. The event includes a sound bath, guided meditation, group Reiki healing, and gratitude tea ceremony while Britt’s frequency art transmits healing from around the room. In August, Britt hosted a mini Healing House at the Ecology Center of San Juan Capistrano’s Peace Dome. It is her dream to bring the Healing House experience to hospitals so patients, staff, and visitors have a place to go for relaxation and meditation, while receiving healing from her frequency art.

Healing House 2024 was held at the SLS Hotel in Beverly Hills and included a sound bath and guided meditation by Marcelo Shriman of the Akhanda Institute of Yoga in Rishikesh, a talk by Kelly Noonan Gores of the *Heal*



LIDO CELEBRATES THE 4TH!

From decked-out golf carts and vintage cars to festive flags and clothing, the island shines bright on the 4th.

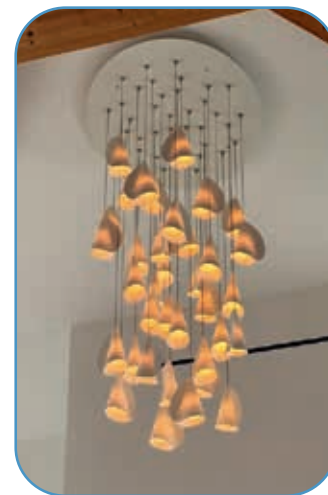
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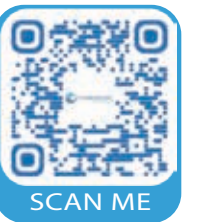
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A RISING STAR OF THE SAILORS

Newport Harbor junior Matt Weiss balances soccer, school, and friendships with focus and determination.

BY WILL INGHAM, LIDO ISLE RESIDENT AND JR. WRITER



Matt Weiss is a 16-year-old athlete who has lived on the island for six years with his family. A junior at Newport Harbor High School, he is on the soccer team and plays either wingback or center back for the Sailors. Matt also plays for Slammers FC year-round and is on the field training. To train for soccer, he has practices with Newport throughout the week, along with weightlifting. He also goes with his friends to the high school on his own time to practice.

Matt often travels with Slammers and has gone to Texas, Vegas, and Arizona to compete in tournaments with the team. His favorite thing about soccer is the bond within the team. He enjoys the competitive environment on the field with his teammates, but also likes to spend time with them off the field.

One of his favorite soccer memories is traveling to Texas with Slammers because the competition there was very good, and it was an impressive showcase. Another one of his favorite memories was competing in regionals with Slammers because they played very well and placed high.

When he is not playing soccer, Matt spends time with friends, and he likes going to the beach. Matt has a lot of focus and discipline, and he believes it correlates directly to the demands of soccer. Along with his success in athletics, Matt is also very strong in the classroom. His goal with soccer is

“One of his favorite soccer memories is traveling to Texas with Slammers because the competition there was very good, and it was an impressive showcase.”



to play at the next level, but he always makes sure to put his academics first to accomplish that.

Thank you, Matt. We appreciate your hard work and dedication towards soccer and your academics. We can't wait to see where you go in your athletic career.

Do you know an athlete you'd like to nominate to appear in the magazine? Email us at StrollLido@gmail.com.

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Paw-litely Towering Above the Rest

Meet Fiona, the towering gentle giant who's all legs and lots of love.

BY HELENA MOHN, LIDO ISLE RESIDENT AND JR. WRITER



Did you know that Irish Wolfhounds, the tallest dog breed, used to be a prized hunting breed and a breed used in wars? Yes, this sweet and polite pup could have been a hunting dog in another life. Nowadays, Irish wolfhounds are

known to be very polite and family-friendly dogs that are truly the tallest dog breed, with some males reaching up to 35 inches at the shoulder.

Fiona, Lido's own Irish Wolfhound who will be two years old later this year, was born all the way in Arizona. As a small puppy, she was brought here to the Golden State by her owner, Kristy Ferrell. Her sister, Lars, is also from this breeder, and they even share the same father!

Fiona and her sister both eat and live a rigorous life. To maintain a healthy body, Fiona is fed a half-meat and half-kibble diet, which helps her achieve her weight of 120 pounds, the optimal weight for her breed and age. She is walked every morning by the beach so she can exert her energy, but often does not jump into the waves. I originally thought these dogs would be very hard to walk since they have so much energy, but although she and her sister are walked separately, they both only need one long walk and some smaller walks to get the wiggles out. Often, they are so tired that they lie on the floor to nap the rest of the day. This is one reason their breed is so sought after, as they're known for being very gentle and kind, making them a truly special breed.

Both Fiona and her older sister were trained from a young age, because it can be difficult to control dogs of their size without some discipline. Now, they're as polite and well-behaved as can be. Make sure to give Fiona a pet and a happy birthday if you happen to meet her in October, her birthday month!



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A Horse with No Name

BY STELLA SHUBIN, LIDO ISLE RESIDENT AND JR. WRITER



This framed black beauty is displayed proudly in the Lido Isle home of Edward and Karen Cook. This stunning achievement was painted most impressively by their eldest child, Kabele, at the young age of 15. Just a freshman in high school, Kabele captured the likeness and majestic elegance of a horse at their family's Pennsylvanian barn. Painting since the 6th grade at 12 years old, Kabele fell in love with art. At the time when she was in 9th grade, she was experimenting a lot with both film

and digital photography. Kabele loved the contrast of the horse's projected image that she captured on film while visiting the family barn. Deciding to bring it to oil on panel and painting in the very nuanced tones of black, Kabele found the project challenging yet exciting for the unexpected outcome. Kabele went on to study at the University of Pennsylvania. While at Penn, she majored in visual studies and minored in consumer psychology. Now that Kabele has graduated college and moved to the Big Apple, she doesn't have the opportunity to oil paint as much as she once did. Well



into her career in NYC, Kabele has now taken to watercoloring. This medium is much less time-intensive and great for travel, too! LOVING New York and her career, Kabele has definitely used her background skills as an artist in her present-day career. Today, she leads a product and product design team at a SoHo-based fintech start up.

“I still believe that making beautiful things requires iteration towards simplicity and to lean into and seek out things that are hard, similar to how I wanted to dive into trying to give form and dimension to this horse's profile with a limited color palette. Today I do this in my day-to-day work but with a new medium of pixels, team empowerment and a vision for what our customers' needs and market will reward.”

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NOW THAT WAS SOME DINNER!

BY LENARD “THE WINE GUY” DAVIS

About a year ago, I wrote about an event which I called “The Great Plunder.” An estate on Linda Isle was being liquidated, and a substantial inventory of wines from a beautiful and elaborate subterranean cellar was offered to me and a group of friends—for a very reasonable price. For \$3000 each and a charitable donation to Save Our Youth, six of us each took home about 80 bottles of some rare, and in some cases, very old wines. I have enjoyed several of those bottles over the last year, including a 1952 Mouton Rothschild and a 1945 Sandeman Port.

Sadly, one of the six, Chuck, passed away in December, so he did not live to enjoy most of the great wines that he got out of the deal. His significant other offered to the survivors of the group the remainder of the wines—which is to say nearly all

of them. Since then, we have enjoyed a couple of dinners while opening and consuming some of these wines. We always make sure that we raise a glass to honor Chuck’s name.

Recently, one of the members hosted a dinner at his home. One guy brought a half dozen bottles of wine, and the rest of us contributed in some form to the meal. I grilled some shrimp (seasoned with Old Bay) and my signature appetizer: a piece of toast with a slice of fig topped with Gorgonzola cheese. Full disclosure: I got the recipe from Dennis Brask, once the head chef at Five Crowns, who generously explained how to make what is actually a very simple and easy treat, which always receives raves.

The rest of the meal included a mixed salad, filet mignon with roasted potatoes, and an incredible dessert of thinly sliced

strawberries topped with crumbled meringue and whipped cream served with a 1970 La Forte DeLatour Sauternes.

While the dessert wine was very nice, the stars were the bottles of fine Bordeaux red wines. The lineup included Mission La Haut Brion 1985, Mouton Rothschild 1979, Chateau Margaux 1964, Lafite Rothschild 1963, Chateau Ausone 1955, and a Chateau Latour 1945. Most of these are Left Bank First Growths, which I have written about earlier this year.

We started with the Mission Haut Brion, not to be confused with Chateau Haut Brion. It started out tight and had a lot of sediment, but it came around and opened up nicely. For some reason, we did not open the Mouton (it will be saved for a future dinner). The ‘64 Margaux was delicious while the ‘63 Lafite disappointed me, but then 1963 was not one of the better vintages of that decade.

The 1955 Ausone, the only Right Bank wine in the lineup, was a bit lighter in style. Ausone is made from 50% Cabernet Franc and 50% Merlot. The vineyard gets its name from Ausonius, a Roman nobleman, and dates back nearly 2000 years. The ‘55 was a great vintage and a lucky one. A huge frost in early 1956 wiped out most of the vines, and it took them a few years to get back on track. Ausone is an inexpensive wine, either. This was, in fact, only the second time I have tasted this wine, the first being a 1928 (which I once got for a mere \$100) at a wine dinner about a decade ago.

The rock star wine of the night was the 1945 Latour. Harvested just a year after the Normandy landing in 1944, the ‘45 vintage was the first Postwar production. Wine was produced during the war years when Bordeaux was part of the Vichy Republic, but the 1945 crop enjoyed near-perfect conditions and has been called the vintage of the Century. While the label was badly damaged and the cork extraction difficult, this wine very much lived up to the legend that it has become and was in no way in decline.

Any one of the above wines would make for a dinner to remember, but to have all of them at once was an event few will ever have the good fortune to enjoy. Go ahead, be jealous!



About the author: Lenard Davis is a local author on Newport Beach history as well as a wine lover. Readers may be interested in his book: *Wine Memories, the Recollections of a Wine Lover* available through authorhouse.com.

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Dr. Jennifer Keating, Dr. Tom Irwin, Dr. Ashley Turi, Katie Irwin & Eric Irwin

Newport Mesa Animal Hospital

Nothing but the best for our Bayside Buddies

BY DIANA RANEY, STROLL LIDO ISLE STAFF

For over 40 years, Newport Mesa Animal Hospital has been a trusted name in veterinary care for Newport Beach and Costa Mesa families. Founded in 1983 by **Dr. Tom Irwin**, the hospital began with a simple but powerful philosophy: provide high-quality medical care in a friendly, relaxed environment. Now owned and operated by Dr. Tom’s son, **Eric Irwin**, and Eric’s wife, **Katie**, that vision still guides the practice today.

Eric, a former firefighter, stepped into the Hospital Administrator role nine years ago after an injury ended his fire

service career. With Katie, a Registered Veterinary Technician, by his side, the two now lead a 16-member team that includes three veterinarians, two managers, eight technicians, and three receptionists, all dedicated to delivering compassionate, honest care with the latest medical technology and a personalized touch.

MEET THE DOCTORS

At the heart of the practice is a trio of experienced and compassionate veterinarians. **Dr. Tom Irwin**, the hospital’s founder, continues to serve as Medical Director, providing medical oversight while working closely with the team to ensure each patient receives outstanding care.

Dr. Jennifer Keating began her veterinary career at NMAH in 2002, working under Dr. Tom while completing her education. After earning her veterinary degree from the University of Minnesota, she returned to the hospital full-time. Her extensive knowledge and long-standing relationship with the practice make her an integral part of the team.



Rounding out the medical team is **Dr. Ashley Turi**, an Orange County native who earned her veterinary degree from the University of Sydney after completing her undergraduate studies



At the heart of NMAH is a trio of experienced and compassionate veterinarians who treat every pet as if it were their own.

at Cal Poly SLO. Her fresh perspective and passion for animals have made her a valuable addition to the team.

Together, the doctors and staff offer a full range of modern diagnostics and treatment options, including digital radiography, in-house labs, ultrasound, laser therapy, laser surgery, and advanced dentistry with full-mouth x-rays, ensuring pets receive the best possible care from head to tail.

MORE THAN JUST A HOSPITAL

What sets Newport Mesa Animal Hospital apart is its welcoming, family-first atmosphere. Clients often say they feel more like friends than patients, and that’s no accident. Eric and Katie’s Orange County roots give them a strong sense of the community they serve, and they’ve built a team culture that prioritizes compassion, honesty, and individualized care. Their shared philosophy is simple: treat every pet as if it were their own.

A LEGACY OF PERSONALIZED CARE

In a time when large corporate clinics are becoming more common, Newport

Mesa Animal Hospital remains proudly independent, anchored by a local family and a passionate team who care deeply about their community. It’s a place where the staff knows your pet’s name, where treatment plans are built around trust, and where every furry patient is cared for like a member of the family. Whether it’s your puppy’s first visit or ongoing care for your senior cat, you can count on Newport Mesa to provide not only expert care, but heartfelt connection.

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ASK THE EXPERT

Top 10 Things the Veterinary Experts at NMAH Want You to Know About Your Pet’s Care

1. Annual Wellness Exams Are Essential: Early signs of illness are often invisible—regular checkups catch problems before they escalate.

2. Annual Anesthetic Dental Cleanings (with X-Rays) Prevent Hidden Pain & Disease: Most dental issues lie below the gum line and require full-mouth x-rays to diagnose and treat properly.

3. Preventive Bloodwork Saves Lives: Blood panels detect kidney, liver, and thyroid conditions before symptoms emerge.

4. Vaccinations Are Still Critical: Even indoor pets need protection from preventable, potentially fatal diseases.

5. Year-Round Parasite Prevention Is a Must: In Southern California, fleas and ticks are a year-round threat—prescription preventatives are safest and most effective.

6. Skin and Ear Issues Often Require Ongoing Care: Allergies and water exposure make recurring conditions common—early treatment is key.

7. Weight Management Is Lifesaving: Obesity leads to chronic health issues; diet and activity plans make a big difference.

8. Behavioral Changes Often Signal Medical Problems: Hiding, aggression, or house soiling may be symptoms—not just quirks.

9. Pet Insurance Helps You Say Yes to Care: Emergencies happen—insurance gives you peace of mind and flexibility when it matters most.

10. Your Vet Is Your Partner: At NMAH, treatment plans are tailored to each pet and client. The team works with you, without judgment, to provide the best possible care.

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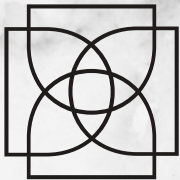
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MID - 2025 MARKET REPORT

2025 kicked off slowly. Inventory was tight, rates hovered around 6.9%, and with President Trump back in office, the market adopted a cautious “wait and see” mindset.

Confidence started to rebound in the spring. The Fed hinted at rate stability, and serious buyers stayed engaged, especially for well-priced and turn-key homes. Sellers however, remained selective - choosing to hold onto their low-rate mortgages and keeping inventory low, yet demand never fully disappeared.

Heading towards the end of July, the mood has shifted to “cautiously optimistic”. An increase in inventory, along with smart pricing has created a steady pulse and a more balanced, strategic market—and a focus on lifestyle and long-term value.

LIDO ISLE		
1st Quarter	2nd Quarter	JULY
Sold: 6	Sold: 13	Active: 9
Avg Days on Market: 105	Avg Days on Market: 86	Under Contract: 5
		Sold: 3

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