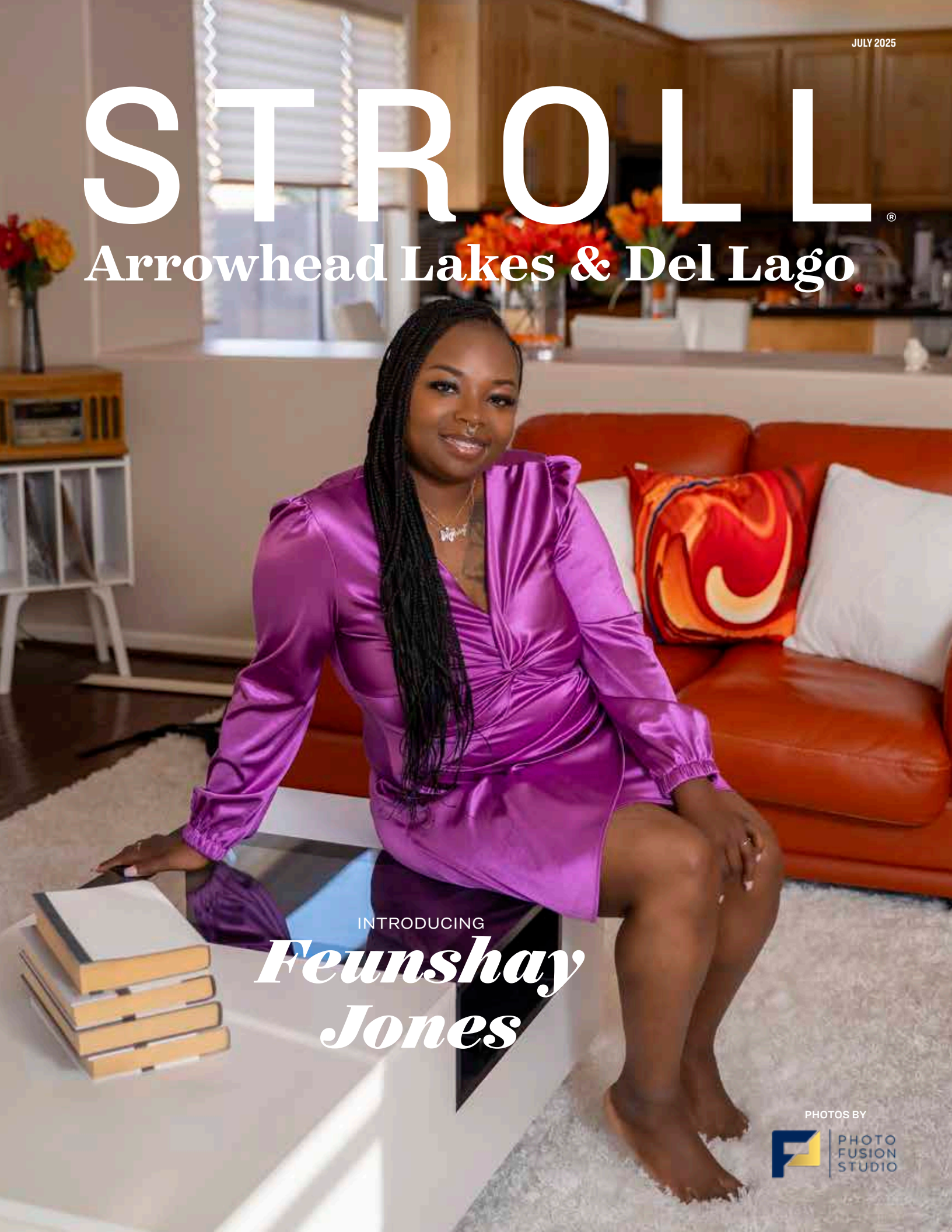


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Publisher's Note

BY PUBLISHER CHRIS LIBBEY



It is with a full heart, both joyful and bittersweet, that we announce a transition within our magazine family. Today, we extend our deepest and most heartfelt gratitude to someone who has played a truly irreplaceable role in both this publication and our community: the remarkable **Joni Saad**.

For over nine years, Joni has generously given her time, talent, and unwavering support to this magazine and to all of us who are lucky enough to know her. Her contributions run deep, with recipes dating back to 2016, and her involvement spans far beyond the pages of our publication.

A real estate professional with RealtyOne Group and a loving wife to Tom, Joni has worn many hats over the years—sometimes quite literally. She didn't just attend one of our first Wine Down Wednesdays; she prepared an elaborate, heartfelt meal that still lives in our memories. And in true Joni fashion, when we needed a little extra holiday cheer, she didn't hesitate to dress up as an elf for our magazine cover. That's the kind of joyful, can-do spirit that defines her.

Joni has been a driving force behind this magazine's success. She has always been among the first to raise her hand, volunteer her time, and show up—enthusiastically—for her community. Most recently, she's lovingly penned our **Precious Pets**, giving voice to the furry companions who bring so much joy to our lives. That column has been a favorite, and we have Joni to thank for it.

Joni, your dedication, warmth, and generosity have meant more to us than

words can express. You have made an indelible mark on this magazine and in the hearts of everyone who's had the pleasure of working with you. Although this chapter may be coming to a close, your legacy will continue to inspire us.

We would also like to express our sincere thanks to the wonderful **Sheila Crandell**, who has recently stepped down from her role as the writer of our **Resident Recipe** feature. For nearly four years, Sheila has generously shared her culinary talents with our readers, filling our pages—and our kitchens—with warmth, creativity, and delicious inspiration.

Sheila is an exceptional cook, and we've been lucky to be the beneficiaries of the recipes she's lovingly tested, often for her husband and partner of 25 years, Brian. Her passion for food made each contribution feel like a gift. Outside of her time in the kitchen, Sheila brings her dedication and spirit to her work at Cinnaroll Bakeries.

Sheila has spoken so kindly about her experience with the magazine, telling us how much she's appreciated the sense of community it fosters. Through her involvement, she has not only created memorable recipes but also meaningful relationships, and we couldn't be more grateful for the time and heart she has invested.

True to her generous nature, Sheila didn't just leave us—she made sure we were in good hands by finding her replacement, **Win Risner**. Sheila, thank you for everything. Your impact will be felt long after your final recipe.



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HISTORIC GLENDALE

BY RESIDENTS CHERI & KURT HAMMER



First settled in 1892, Glendale attracted farming families after founder W.J. Murphy dug a canal, allowing access to water for agricultural purposes. Local farms cultivated everything from sugar beets to cotton. With the establishment of a Santa Fe Railroad Depot on Grand Avenue in 1895, Glendale blossomed into the largest town in the Northwest Salt River Valley. In 1910, the Town of Glendale was officially incorporated, and in 1911, a trolley system became operational in Glendale that would take patrons from 7th Street and Orangewood to downtown Glendale in 30 minutes. Separated from Phoenix by miles of open space, Glendale developed its downtown with banks, grocery stores, theaters, department stores, businesses, and surrounding neighborhoods. In 1912, the Glendale News was founded, and the Glendale High



School was built at a cost of \$20,000. By 1930, Glendale was one of the nation's top produce shippers and changed its name from the Town of Glendale to the City of Glendale.

Some of Glendale's past remains visible in the historic buildings around town. Two of Glendale's historic crown jewels are one of the valley's oldest and most magnificent ranches, Sahuaro Ranch Historic Park Area, an 80-acre ranch with 13 original buildings and a huge rose garden. Founded in 1886 by William Henry Bartlett, a native of Illinois, the ranch was rich in figs and other fruit orchards, vineyards, and alfalfa fields. The other crown jewel, Historic Manistee Ranch, was founded in 1897 by Herbert W. Hamilton, a native of Wisconsin. The ranch was rich in citrus fruits and dates and was also one of the last working cattle ranches in the Valley. Manistee Ranch is listed in the U.S. Register of Historic Places and is open to the public for historical tours on the 1st and 3rd Saturday of each month from October through May.

Today, Historic Downtown Glendale comprises two neighborhoods spanning ten square blocks. The first neighborhood, Catlin Court, with its white picket fences and mature shade trees, welcomes visitors to the bungalows-turned-specialty shops. The second neighborhood, Old Towne, boasts brick-trimmed sidewalks and glowing gaslights leading to the ethnic eateries and shops.

Glendale's official birthday is February 27, as it was on that date in 1892 that the city's first residential area began to take shape.

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The Potential Impact of Tariffs on Small Business

In today's ever-changing economic environment, tariffs may affect a small business's costs, margins, and customer buying behavior. Understanding tariffs, why they exist, and how they impact customers is critical to anticipating their effects on small business operations and planning for the future.

BY SPONSOR IAN HASEGAWA



A tariff is a tax levied on imported goods. When tariffs cross international borders, they are applied. An imposed tariff aims to protect domestic industries by making foreign products more expensive so that the consumer will buy locally. Additionally, tariffs can be a tool for ensuring fair trade practices between countries. Governments will also use tariffs as a source of income and a bargaining chip in trade deals or disputes.

Not only might tariffs affect your business, but they may also affect how customers think and spend. Because tariffs raise prices, customers may delay purchases, lean toward supporting local businesses, and explore more sustainable and ethically sourced materials.

As a small business owner, transparency about pricing changes is critical to ensuring customer trust. Take the time to understand how their consumer needs have shifted. Customer communication should emphasize the value you offer for the product or service you sell.

Another strategy is to diversify your supply chain, considering alternative vendors to offset the impact of tariffs. Find suppliers or countries not receiving tariffs or work with a local provider. Control the controllable. While tariffs are beyond your control, other business costs, such as reviewing business insurance costs and employee benefits, cutting unnecessary expenses, and streamlining operational efficiencies, may be within your grasp.

In today's ever-changing economic environment, tariffs may affect a small business's costs, margins, and customer buying behavior. Understanding tariffs, why they exist, and how they impact customers is critical to anticipating their effects on small business operations and planning for the future.

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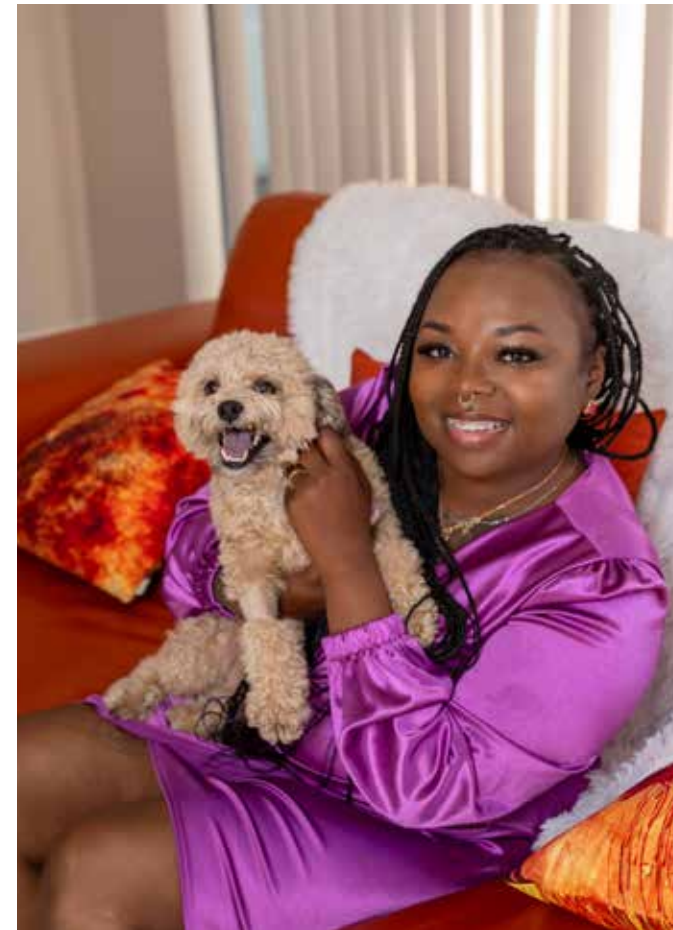
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MOTHER'S LOVE,
AND THE DREAM
THAT WON'T QUIT

BY SANDOLORE SYKES, PHOTOS BY PHOTO FUSION STUDIO



Feunshay Jones had big dreams. As a teenager, she imagined a life in the military—structured, purposeful, and full of promise. She was independent, thriving while studying abroad in Madrid and London, and determined to forge

her path. But life had other plans.

Diagnosed with diabetes at 13, Feunshay's military dreams were deferred early. Years later, while on a family vacation, something changed. Her energy vanished. Her body felt different. In December 2020, she was diagnosed with lupus nephritis, a chronic autoimmune disease that would soon demand everything she had.

Lupus can quietly attack the body's organs—in Feunshay's case, her kidneys, but it also affected her heart and lungs, along with a blood disorder and many other health issues. Over time, the damage progressed into renal failure. There were extended hospital stays, exhausting treatments, and near-constant medical appointments. At one point, COVID, pneumonia, and RSV combined to leave her in a wheelchair, her blood pressure soaring over 300. Another time, fluid buildup caused temporary blindness. She underwent chemotherapy, faced a dangerous heart clot, and began regular dialysis treatments.

Through it all, Feunshay remained determined not just to survive, but to find a new dream. She found it in the hospital hallways.

During treatment, Feunshay began to notice the nurses, not just what they did, but how they did it. She saw skill,

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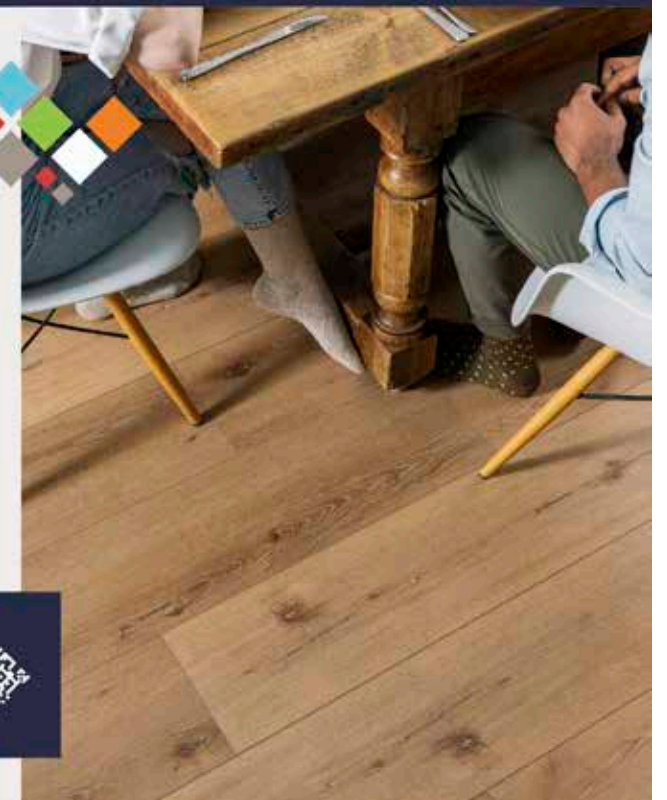


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compassion, and presence. And slowly, a new calling emerged. She has now earned her Patient Care Technician certificate.

Later, while working to transport dialysis patients, she listened to them vent, reassure one another, and sometimes lose hope. She understood every word. After her shift ended, she would quietly receive her dialysis. That duality—offering strength to others while managing her own—defines Feunshay’s resilience.

She then applied to Grand Canyon University and completed all her nursing coursework, with support from Disability Services to help her juggle dialysis and exams. Her clinicals are planned for September, but they hinge on one critical detail: a kidney transplant.

The transplant would be life-changing. With a functioning kidney, Feunshay could reclaim stability, finish her training, and finally begin the career she’s fought so hard to reach. She has already been on the waiting list for three years, with a timeline that ranges from three to seven years, depending on the center. She’s currently listed at multiple transplant centers, including Banner Health, the Mayo Clinic in Arizona, and UW Medicine in Madison, Wisconsin.

The wait in Wisconsin is shorter, but it comes with complications. If a kidney becomes available, Feunshay must answer the phone within one hour. After that, she and her mother must travel to Madison as soon as possible. All follow-ups and labs would take place there, meaning temporary relocation, housing, and full-time caregiving.

Her mother, Latanya, would go with her. She always does. Her mother is an absolute inspiration, giving her full attention

to the fight for her daughter’s health. LaTanya had a full-service salon and a child care center many years ago. It may seem like a great sacrifice to have given up so much to take care of her daughter, but her mother says, “I would give up everything, as long as I have her here with me.”

Latanya has been a tireless advocate, researching treatment plans, coordinating care, and managing the overwhelming logistics of long-term illness. At one point, doctors considered her a match to donate her kidney, but complications from a car accident may make the match too risky. Still, she pushes forward—quietly, persistently, looking for any path that might help her daughter heal.

They are now hoping for a living donor—someone with Type O or A blood who is healthy and willing to go through initial testing. The process is straightforward and fully covered by Feunshay’s insurance. Labs and evaluations can be completed in a single day. The impact would last a lifetime.

Much of Feunshay’s care—including her dialysis, transplant eligibility, and future medications—is currently covered through Medicaid, a lifeline that makes her treatment possible.

Of course, the transplant isn’t the end of the journey. Anti-rejection medication will be critical for the rest of Feunshay’s life. One of those medications alone could cost over \$1,800 per month. But after years of uncertainty and pain, she is ready for stability. Ready to build something new.

Lupus has taken years from her. At just 29, Feunshay has already spent holidays, birthdays, and full seasons in the hospital. Her weight and appearance have changed. Her body has fought



through relentless waves of fluid retention, blood pressure spikes, and inflammation. But her spirit has not wavered.

When she’s not receiving treatment, she’s often helping others get to theirs. During her clinical rotations, patients often assumed she was already a member of the staff. One clinic even tried to hire her on the spot. That’s the kind of nurse Feunshay is destined to be—someone who knows pain intimately and brings hope anyway.

She’s ready. All she needs now is the chance.

If Feunshay’s story moves you and you think you might be able to help, please consider becoming a kidney donor: Mayo Clinic Transplant Center www.mayoclinic.org/departments-centers/living-donor-transplantation



Sonoita/Elgin wine region Arizona

If you are a wine drinker or would love to see more of our state, we recommend a trip to the Southern Arizona wine region. We featured an article on the history of the wine industry in Arizona and highlighted the Verde Valley region. This article will feature the second region, Sonoita/Elgin.

BY RESIDENT CINDI NANNETTI, PHOTOGRAPHY BY CHAZ LEMAY



Los Milics Vineyards

Nestled in the rolling hills of southern Arizona, this hidden gem has rapidly gained recognition for its exceptional wines. Located just 50 miles southeast of Tucson, this picturesque area is renowned for its unique terroir, which includes high elevation, diverse soils, and a temperate climate —perfect conditions for grape cultivation. The region has a deep agricultural history, but it wasn’t until the 1980s that viticulture truly took root. The first commercial vineyards were planted by Sonoita Vineyards, which opened in 1983, making it Arizona’s first commercial winery. Today, the region is home to more than 20 wineries. Wine enthusiasts visiting the area can sample a variety of wines, ranging from robust reds like Cabernet Sauvignon and Syrah

to aromatic whites such as Sauvignon Blanc and Chardonnay. Many wineries offer tastings in scenic, rustic settings, allowing visitors to experience the beauty of the desert landscape while savoring a glass of their favorite wine.

The wineries and vineyards we visited include:

1) Dos Cabezas WineWorks—Our first stop was this tasting room in Sonoita. With two farms in southern Arizona, this winery specializes in dry reds (I had the all-red flight) and offers flights of white, rosé, and sparkling wines. Open every day, Dos Cabezas is also known for its wood-fired pizza and full menu of food, including unique desserts. We highly recommend purchasing a \$15 “local

glass,” which can be used for tastings at all wineries (except Los Milics).

2) Rune Wines - This off-grid, solar-powered winery (one of the only ones in the country) is located in Elgin. Rune had its first vintage in 2013. The wine tasting menu changes, but typically includes 5 to 6 white or red wines to sample. The winery produces stories on its labels on each wine (170 different labels to date). The story unfolds like a novel, with each volume featuring an original rendering by artist Daniel Helzer on the front and an excerpt on the back. The whole story for each type of wine can be found on the Rune Wines website. Visitors can enjoy this exceptional setting while sipping wine under a shade canopy, taking in the



Deep Sky Vineyards



Dos Cabezas Wineworks



panoramic views of the surrounding high desert and mountain ranges. Guests can enjoy seasonal small bites, charcuterie boards, and sandwiches. Rune is open every day.

3) Los Milics Vineyards - This 20-acre estate, surrounded by vineyards and mountains, was named to USA Today’s 10 Best Readers’ Choice Awards 2024

for “Best Tasting Rooms” in the country. The winery cultivates 17 different grape varieties, and its Rosé wine, called Sandra’s, is named after the late U.S. Supreme Court Justice Sandra Day O’Connor from Arizona. Sandra won the Governor’s Cup wine competition. Of course, I had to buy a bottle as I had the privilege of meeting her at the Supreme Court. The Tasting room offers

small plates and tapas to pair with your wines. Los Milics also has 9 - 1 bedroom casitas on the property, located near the vineyards. Each offers a modern, open design, along with a private patio that boasts stunning views of the vineyards and the Mustang Mountains. Casitas book months in advance. Coming soon, the tasting room will transform into

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Los Milics Vineyards



Rune Winery



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constant proof
that God loves
us and loves to
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—BENJAMIN FRANKLIN

The Biscuit, a fine dining venue. Open Wednesday-Sunday.

4) Deep Sky Vineyards—This 20-acre vineyard feels like a trip to Argentina. They grow Mulbec, Grenache, Mourvedre, Syrah, Petite Syrah, and Counoise. Their Rustic indoor/ outdoor tasting bar or wrap-around patio offers an extraordinary setting to enjoy their delicious wines and freshly made bites. Open Wednesday through Sunday.

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“The Clarks Go to Disneyland”

BY RESIDENT JONI SAAD



Most people return from Disneyland with a Mickey Mouse hat, but not the Clark family; they came home with a 4-month-old St. Bernard named Chumley. What was to be a family reunion trip to Disneyland turned into a surprise and an altered family dynamic. Chumley was being gifted to the Clarks by an uncle who, through unexpected work changes, could not care for this beautiful, young, and energetic pup he had purchased. He felt that they would be a perfect fit for Chumley, who needed the energy of their two preteen boys. It was a tough decision for everyone, but once they all met, there was no doubt that he was meant to be Chumley Clark.

The St. Bernard breed is known for its gentleness and large size, and for its need to be actively worked. They are also predisposed to various health conditions and require competent veterinary care. Once the family learned this, they agreed to work together and hire a trainer to help everyone play a role



in Chumley's life. The boys were told they would become an integral part of his daily activities and would be required to walk/run with him daily. Mom would become the nutritionist and the keeper of the schedules. As overwhelmed as he was, Dad agreed to oversee Chumley's healthcare and the budget.

Meeting the Clarks and learning their story was an honor, and it gave me an appreciation for their serious approach to becoming Chumley's family. It also confirmed the caution people are given when considering the type of pet that would fit their lifestyle, rather than the pet's cuteness. I don't imagine there won't be some challenges with Chumley, but I know their commitment is real and they all agree that Chumley is better than any Mickey Mouse apparel they could have.

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RESIDENT RECIPE

Street Corn Salsa

The combination of charred corn, creamy mayonnaise, fresh cilantro, and salty cotija cheese is a fast and easy dish that everyone loves.....From the first bite to the last, bon appétit!

BY RESIDENT WIN RISNER

INGREDIENTS:

- 2 cans of corn
- 1/3 cup Mayonnaise
- 2 tbsp sour cream or Mexican crema
- 1/2 cup cotija cheese
- 1 garlic clove (minced)
- 1 jalapeño (seeded and finely chopped, optional for heat)
- 1/2 bunch of Cilantro
- Juice of 1 lime (about 2 tbsl)
- 1/2 tsp chili powder
- Salt and pepper to taste

INSTRUCTIONS:

- 1. Open the Corn and drain:** You can choose to brown the corn in oil in a frying pan or not. Add to solo bowl.
- 2. Mix the Dressing:** In a separate large bowl, combine mayo, sour cream, lime juice, garlic, chili powder, and a pinch of salt and pepper.
- 3. Combine the salad:** Add the corn, cotija cheese, chopped jalapeno, and cilantro to the bowl. Toss everything together until well-coated.
- 4. Taste and adjust:** Add more lime juice, chili powder, or salt to taste. If you want it spicier, toss in an extra jalapeno or a dash of hot sauce. Serve chilled, and **ENJOY!**



We are thrilled to welcome **Win Risner** as the newest contributor to our magazine! Win has kindly volunteered to write our feature, **“Resident Recipe,”** driven by his deep passion for food and cooking. A former resident of New York, Win is married to Rachelle, his partner of over four years, and together they enjoy exploring culinary adventures. Professionally, Win specializes in cryptocurrency, but in his spare time, the kitchen is where he truly shines.

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Quilting Treasures

BY RESIDENT JUDY ROBERTS



Today's story is about a unique lady who makes remarkable things! **CINDY FOX** is a quilter, but not just any quilter. She's an **ARTIST** who uses her computerized embroidery machine, a "Brother Innovis Dream Machine 2", to make one-of-a-kind creations. She has been sewing since age 8, but in 2013, she started creating unique collage ideas.

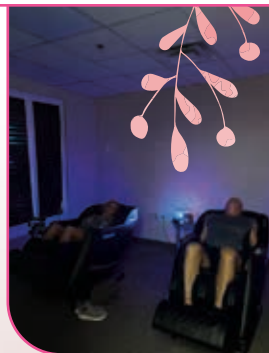
Cindy creates whatever you want on the back of jeans, jackets, shirts, and fabrics of all kinds. Her baby quilts are her specialty; they are so beautiful; every mother deserves one as a keepsake! Her grandson loves having jean jackets with his name and favorite characters on the back.

Last Christmas, she made a quilt using T-shirts saved for years from rock 'n' roll music concerts. This unique gift was ordered by a neighbor here at Arrowhead Lakes for her adult son, and he loved it. It's a one-of-a-kind gift for sure!

Cindy's rescue dog, Dingo, is always at her side to lend a hand or paw as necessary! They are quite a team. If you want to see more of Cindy's handiwork, e-mail her at blubird17@yahoo.com.



Our visit to Monarch Salt Room included the Vibroacoustic Lounger, Infrared Sauna, and the Salt Room. The experience left us completely relaxed and rejuvenated, with an overall sense of wellness—especially noticeable in my sinuses." Treat Yourself -Chris Libbey & Mark Johnson



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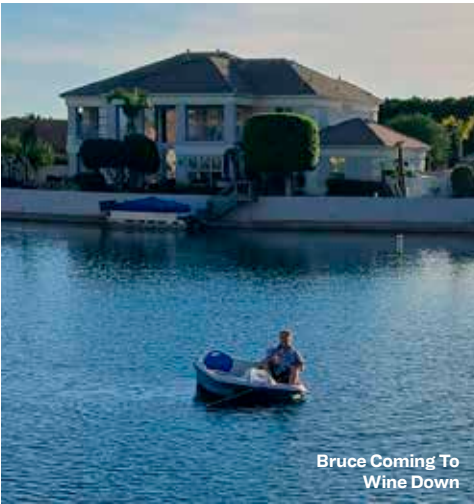


Thank you, WIN & RACHELLE, for sharing your beautiful home! Additionally, I would like to thank OGGI'S for their generous donation.

If you would like to be added to the invitation list for these events, please email me your email address. Please send requests to Arrowheadlakes@n2co.com.

Thanks, Mark Johnson

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“Whether it’s walking through Monet’s gardens or eating pho in the heart of Thailand, her itineraries are more than vacations—they’re curated experiences designed with care and creativity.”

heart attack. The trip was considered non-refundable. But Asia fought tirelessly on their behalf, leveraging personal connections and writing letters to tour operators and hotels. Against all odds, she secured a full refund.

Moments like that reflect what sets her apart. Asia brings an almost artistic dedication to every itinerary and a deep empathy to every client relationship. She’s not just planning trips—she’s helping people live out their most meaningful experiences.

Whether she’s leading a 24-person river cruise through the Danube’s Christmas markets or crafting an ultra-personal escape for two, Asia Lantz is reshaping what luxury travel can be: intentional, immersive, and absolutely unforgettable.



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Long before she was planning five-star itineraries around the globe, Asia Lantz was simply someone who loved to travel—dreaming up adventures, chasing new experiences, and organizing trips for friends and family. That passion eventually became her life’s work.

Asia didn’t grow up flying first class or staying in luxury resorts. Her connection to travel was always about meaning, not flash. But after years of feeling unfulfilled in the beauty industry, she realized that creating journeys for others wasn’t just something she enjoyed—it was something she was meant to do.

She trained with a well-established New Jersey agency, gaining hands-on experience and building a network of global partnerships. Eventually, she launched her own business, *Travel with Asia*, built around a simple

but powerful idea: travel should be effortless, personal, and unforgettable.

Asia specializes in deeply customized, bucket-list-level adventures—trips that reflect her clients’ dreams and personalities. “It might sound cheesy,” she says, “but I’m selling dreams.” Whether it’s walking through Monet’s gardens or eating pho in the heart of Thailand, her itineraries are more than vacations—they’re curated experiences designed with care and creativity.

That personalized approach earned her the **2025 ASTA Travel Advisor of the Year Award**, one of the highest honors in the industry. Clients must write 500-word testimonials to nominate advisors, and 14 of Asia’s clients did just that.

One story stood out. After booking a \$48,000 tour to Vietnam for two couples—who declined travel insurance—one woman suffered a fatal



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REAL ESTATE
RESOURCE

This is your neighborhood Real Estate Resource page. This information can be useful when trying to compare property values or for just keeping a pulse on the real estate market in our area. For questions regarding the properties listed, or about real estate in general, consult a real estate professional.

Featured Properties May Or May Not Be Listed By The Office/Agent Presenting This Resource Page.
Source Multiple Listing Service. All Information Herein Has Not Been Verified And Is Not Guaranteed.
Generously Provided By Karen Matson & Remax Right Choice

Address	List Price	Sale Price	Sold Date	DOM	Beds	Baths	SqFt	Price Per Sq Ft
5323 W Rose Garden Ln	\$1,299,900	\$1,280,000	05/23/25	104	3	3	3,057	\$419.00
20410 N 51st Dr	\$725,000	\$620,000	05/20/25	189	4	2.5	1,892	\$328.00
5540 W Lone Cactus Dr	\$849,000	\$839,000	05/17/25	202	4	3	2,747	\$305.00
5471 W Quail Ave	\$979,000	\$979,000	05/07/25	47	5	3	2,817	\$328.00
21229 N 52nd Ave	\$1,000,000	\$878,000	04/30/25	151	5	3	3,046	\$288.00
20382 N 53rd Ave	\$870,000	\$825,000	04/22/25	110	4	3	2,314	\$357.00
21639 N 55th Dr	\$1,329,999	\$1,200,000	04/11/25	49	6	4.5	4,874	\$246.00
5843 W Abraham Ln	\$899,000	\$785,000	04/02/25	195	4	2.5	3,003	\$261.00
21666 N 53rd Dr	\$995,000	\$995,000	03/28/25	45	5	3	3,046	\$327.00
5287 W Quail Ave	\$932,000	\$860,000	03/26/25	64	3	2	2,663	\$323.00
20616 N 53rd Ave	\$1,100,000	\$1,000,000	03/20/25	48	4	3	2,829	\$353.00
21632 N 58th Dr	\$644,800	\$606,000	03/19/25	88	4	2	2,388	\$254.00
20391 N 53rd Ave	\$549,900	\$520,000	03/13/25	126	3	2	1,589	\$327.00
21641 N 58th Ave	\$1,100,000	\$975,000	03/08/25	283	4	3.5	4,140	\$235.00
20384 N 52nd Ave	\$670,000	\$670,000	03/05/25	31	3	2	1,589	\$422.00
5635 W Melinda Ln	\$1,295,000	\$1,250,000	03/04/25	28	3	3	3,441	\$363.00
5473 W Arrowhead Lakes Dr	\$1,650,000	\$1,267,000	02/19/25	91	4	4	4,840	\$262.00



#1

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3. Lives in and knows our neighborhood
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*based on data produced by AZ Multiple Listing Service since 2011

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1. Sells more homes than any other agent*
2. Gets more price per square foot*
3. Brought the buyer to 40% of her listings*
4. Has lived in Arrowhead Lakes over 20 Years
5. Is a certified experienced contract negotiator



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