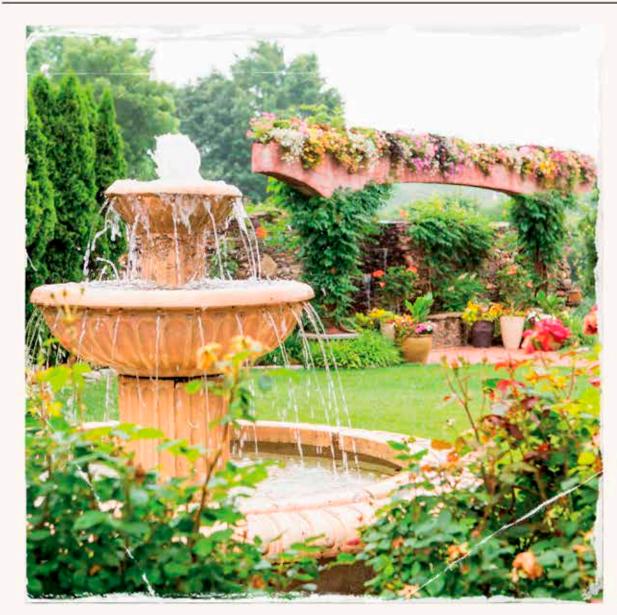
## OPEC BRANDYWINE VALLEY

## The Young Girl and the Sea

Tales from Kathryn Cromer's deep-sea fishing adventures

YOUR STORIES | YOUR PHOTOS | YOUR COMMUNITY

## Dine Outdoors Right in Chadds Ford



## Featuring our brew.

Grab our own Greystone beer and a seat in our spacious outdoor seating this Fall.





ARE YOU AFRAID? ...to turn up or down the thermostat because it's going to cost too much? With geothermal, you won't worry about the cost of your comfort. Geothermal has the lowest operating cost & highest

return on investment compared to natural gas, fuel oil, propane, wind, & solar.







SCHEDULE YOUR ON-TIME APPOINTMENT

610-444-6002

Made in KSQ | sintonair.com





## **IMPORTANT PHONE NUMBERS**

## CONNECT ONLINE @greetbrandywinevalley

SCAN TO READ OUR **MANIFESTO** 

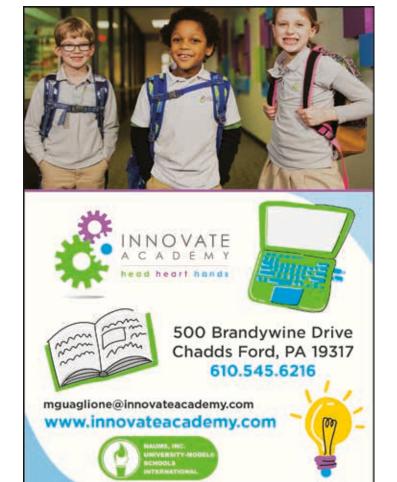
SCAN TO WATCH THE LOCAL MOTIVES TALK SHOW





Copies of this publication can be found at The Amish Market, Farmer & Co., Margie's Cuisine, Northbrook Marketplace, OsoSweet Bakery Cafe, Philter, and Talula's Table.

DISCLAIMER: This publication is also known as Chadds Ford JunXion, is owned by The N2 Company, and is not affiliated with or sponsored by any club, developer, or homeowners association. Articles and advertisements in this publication and opinions expressed therein do not necessarily reflect the views of N2 but remain solely those of the author(s) or advertiser(s). The paid advertisements contained within this magazine are not endorsed or recommended by N2. NOTE: When community events take place, photographers may be present to take photos for that event and they may be used in this publication.



800.276.2722 UGI (Emergency) 800.342.5775 PPL Electric 610.876.8181 Chester Water Authority 610.876.8181 Chester Water Authority 877.987.2782 AQUA America

**800.841.4141** PECO (Emergency)

**HOSPITAL** (with 24 hour emergency room) 610.431.5000 Chester County Hospital 302.651.4200 Nemours/AIDHC

484.227.7777 Main Line Health - Urgent Care 610.459.3278 Pioneer Urgent Care

911 Emergency

### **COUNTY AND TOWNSHIP NUMBERS**

484.840.1000	Police (non-emergency)
610.891.4000	Delaware County
610.344.6000	Chester County
610.793.2600	Birmingham Township Office
610.388.8800	Chadds Ford Township Office
610.444.0725	East Marlborough Township Office
610.486.1141	Newlin Township Office
610.388.7323	Pennsbury Township Office
610.793.2151	Pocopson Township Office
610.383.5986	West Marlborough Township

### **OTHER**

	SCHOOLS
484.302.0865	Brandywine Valley SPCA
800.273.8255	Suicide Hotline
800.222.1222	National Poison Control Center
610.926.3136	PA Game Commission
610.725.9100	Chester County Chamber of Commerce
610.344.6850	Chester County Sheriff
511	Pennsylvania Road Conditions

610.347.1600	Unionville High School
610.347.2000	Charles F. Patton Middle School
610.388.1112	Chadds Ford Elementary Scho
610.388.1439	Hillendale Elementary School
610.388.1112	Pocopson Elementary School
610.388.1439	Hillendale Elementary School
610.793.9241	Pocopson Elementary School
610.347.1700	Unionville Elementary School
610.347.0970	District Office

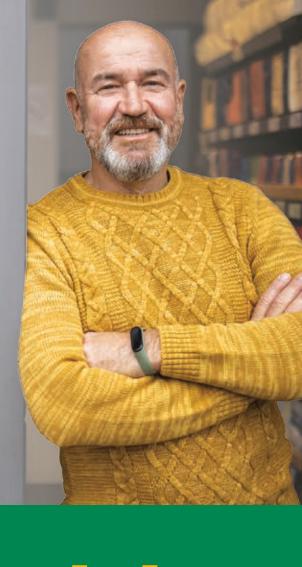
To RSVP for a resident event, visit www.yourjunxion.com/RSVP

For advertising info, call (717) 222-9547



## The Strength of Local

We're the neighborhood bank you can count on to help you and your business save and borrow smarter.





Convenient checking and savings accounts

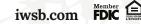


Personal and business loans with competitive rates



Solid guidance from a trusted local team

Stop by one of our convenient local branches, call us at 610-486-7657, or visit explore.iwsb.com to learn more.





## SPONSOR INDEX

This section has been created to give you easier access when searching for a trusted neighborhood vendor to use. Take a minute to familiarize yourself with the businesses sponsoring the publication. These local businesses are proud to partner with you and make this magazine possible. Please support these businesses and thank them for supporting the publication!

### **ACCOUNTING**

### Barsz Gowie Amon & Fultz CPA

(610) 565-1120 barszgowie.com

## **ARTS & CULTURE**

### **JunXion Cafe**

(717) 222-9547 junxioncafe.com

## **AUTO DEALER/AUTO REPAIR**

## **TEAM Toyota Glen Mills**

(610) 808-9257 TeamToyotaGlenMills.com

## **AUTO DETAILING (WE COME TO YOU)**

## On-Site Detailing, Inc.

(302) 778-2000 onsitedetailing.net

## BEVERAGE DISTRIBUTOR

## Waywood Beverage Co., Inc.

(610) 444-2337

waywoodbeverage.com

## **BUILDER/CONTRACTOR/CUSTOM HOMES**

## **Megill Homes**

(610) 399-1235 megillhomes.com

## Windle Design & Construction

(484) 319-5748 windledc.com

## CHILD DEVELOPMENT

## A Total Approach

(484) 840-1561

atotalapproach.com

## **CLEANING - RESIDENTIAL** Floor to Ceiling Services

(856) 979-4248 floortoceilingcleanings.com

## **CLEANING: RESIDENTIAL & COMMERCIAL**

## **Chadds Ford Services**

(610) 688-3080 chaddsfordservices.com

### **COMMUNITY BANK**

### Iron Workers Bank

(610) 361-8790 iwsb.com

### CONCRETE COATING RESIDENTIAL/COMMERCIAL

## **APEX Concrete Coating Solutions**

(302) 993-6716

apexconcretecoatingsolutions.com

## **DENTISTRY: GENERAL, COSMETIC & IMPLANTS**

Dr. Robert G. Tsaganos

(610) 459-0587

## **DIVORCE ATTORNEY/MEDIATOR**

Family Transitions Divorce Coaching & Mediation (302) 438-7734

ftdivorcecoaching.com

## **DOG TRAINING - OBEDIENCE & BEHAVIORAL**

## **Holistic K9 Solutions**

(610) 387-5045

holistick9solutions.com

## **ELECTRICAL CONTRACTOR**

## Creekside Electric LLC

(610) 283-9321 creeksideelectrical.com/

## **ELITE STYLIST**

## **Bridge Your Style**

(610) 999-2793

www.bridgeyourstyle.com

## **FAMILY DOCTOR**

**Core Family Practice** 

(610) 612-9283 corefamilypractice.com

## FINANCIAL ADVISORS / WEALTH MANAGEMENT **Diamond State Financial Group**

(302) 366-0366

dsfg.com

## FINE DINING AND EVENT VENUE

## The Gables at Chadds Ford

thegablesatchaddsford.com

## **FURNITURE & DESIGN**

### Ethan Allen Retail, Inc.

(610) 358-1111 ethanallen.com

### HAIR SALON

Michele Pritchard Hair

(484) 905-2644 michele-pritchard-hair.com/

## HARDWARE & SERVICE CENTER Kennett Square Ace Hardware

(610) 484-5115

www.acehardware.com/store-details/17883

## **HEATING & AIR / GEOTHERMAL**

## Sinton Air Conditioning & Heating, Inc.

(610) 444-6002 sintonair.com

## **HEATING OIL/PROPANE**

## Wilson Oil & Propane

(484) 621-0152

wilsonoilandpropane.com

## INTERIOR DESIGN/BOUTIQUE

## The Shoppe at AK Interiors

(717) 872-6966

akinteriorsllc.com

## LANDSCAPING

## The Davey Tree Expert Company

(302) 654-0224 www.davey.com

## MED SPA

Contoured

(610) 787-9154

getcontoured.com

### MUSEUMS

## **Delaware Museum of Nature and Science**

(302) 658-9111 DelMNS.org

## **PAINTING & CABINET REFINISHING**

## **Morton Painting LLC**

(610) 732-7073 MortonPainting.com

### PAINTING SERVICE

## Sabatini Pro Painting

(609) 774-8803 sabatinipropainting.com

## **PEST CONTROL**

## Mosquito Joe of West Chester

westchesterpa.mosquitojoe.com

### PRIVATE CHRISTIAN SCHOOL

### **Innovate Academy**

(610) 545-6216 innovateacademy.com

## PRIVATE WEALTH MANAGEMENT **Brandywine Oak Private Wealth**

(484) 785-0050 BrandywineOak.com

### **RESIDENT REALTOR®**

## Margot Mohr Teetor RE/MAX Preferred

(610) 476-4910

margotmohrteetor.com

### RETIREMENT PLANNING

### Daniel A. White & Associates, LLC

(610) 358-8942

danwhiteandassociates.com

### **SENIOR LIVING**

## Merrill Gardens at Glen Mills

(425) 250-2154 merrillgardens.com

### TRANSPORTATION SERVICES

### **Duvall's Bus Service LLC**

(610) 869-2881 duvallbusservice.com

### TREE CARE

## The Davey Tree Expert Company

(302) 654-0224 www.davey.com

### **WATER DAMAGE & MOLD REMOVAL**

### **INX Indoor Air Quality**

(484) 228-1992 inxiaq.com

### WATER TREATMENT / SOFTENERS

### **Scalewatcher North America**

(610) 932-6888 scalewatcher.com

### **WOMEN'S FASHION**

## **Pretty Petals Style**

(855) 948-5963

shop.lularoebless.com/lularoejuliannmanley



One of the School Bus Contractors of the Avon Grove School District!

DuVallBusService.com | 664 West Avondale Road | West Grove, PA 19390 (610) 869-2881 | Info@duvallbusservice.com

## Why is my child acting this way?

- · Acting this week as if they have never been able to do it before
- · Getting upset over seemingly innocuous and random incidents
- Reacting larger than the moment requires
- Needing the parent to be present during homework at all times
- · Capable of having good social skills, but avoiding it in favor to be alone
- · Escaping into video games fo extended periods of time
- Avoiding team sports and disliking PE at school
- · Not wanting to talk or discuss things

## **Consider this:**

- · Inconsistent adaptive behavior can have developmental origins that can be assessed
- · Increased regulation with spikes of flare-ups is just as disconcerting for your child as for you
- Not all performance anxiety is visible to be discerned
- · Your child might be coping, rather than using skill sets efficiently, costing them earlier fatigue and less ability
- Being "stubborn", "rigid", or "inflexible" might be a protective mechanism of external control due not feeling in control
- Your child likely compares themselves with peers, but cannot fathom why they "fall short"
- · Perfectionism may be hiding performance
- · Laziness might be a retreat from feeling overwhelmed





484-840-1561 atotalapproach.com Contact Anne@atotalapproach.com for a free phone consultation.







## **JULY 2023**

## Brandywine Valley

### **COVER STORY**

## 16 Meet the Neighbors

Patton Middle Schooler Kathryn Cromer talks about her passion for deep-sea fishing and adventures on the open water with her dad.

### **FEATURES**

### 24 Behind the Scenes

A mission is underway to remove dams along the Brandywine River in the hopes that the shad will return to their historical home.

## 26 Greet Eats

Wendy James has a delicious and fuss-free addition to your grilling repertoire: clams in white wine sauce.

## 30 Stylephiles

Bridge Your Style owner Brigid Stasen has this season's hot list of accessories to give your summer wardrobe extra pizazz.

### 35 The Beauty of It

Get Contoured owner Amy Litz has warmweather skincare change-ups and treatments to keep skin looking great all summer.

## 36 Good Old Days

The recently discovered Huey Site from 1730 allows WCU archaeology students to dig deeper into our local past.

## 38 Making a Difference

St. Cornelius Catholic Church's Matthew XXV Garden provides healthy produce to feed locals in need.

Volunteering at the Plantation Field International Horse Trials is a great way to see an exciting eventing competition at close range and support our equestrian community.

## **46 Greet Means Business**

Liliana Quintero helps Latino entrepreneurs navigate business through Widener University's Small Business Development Center.

### **50 Sponsor Spotlight**

Rick Sabatini of Sabatini Pro Painting's mix of work ethic, pride in his craft, and knowing trends keeps customers coming back.

## **DEPARTMENTS**

**4 Important Numbers 6 Sponsor Index** 

13 Editor's Note

52 Reader's Survey

## Greet Brandywine Valley Contributors' Page

To lend your talents to build community in Chadds Ford, please contact Georgia Jacobs at editor@cfjunxion.com.



717-222-9547





Assistant Editor



Ad Consultant















Want us to include your special photos, announcements, or stories in an upcoming issue? Greet Brandywine Valley editorial deadline is on the 21st of each month. If you have time-sensitive info, please contact us two months prior to when you would like it to be seen in the magazine.





## WINDLE DESIGN & CONSTRUCTION

## THOUGHTFUL DESIGNS. BEAUTIFUL REMODELS

Windle Design and Construction specializes in beautiful designs and beautiful remodels. Let us add a brand-new space to your home and make you fall in love with it all over again. Our family-owned and operated company makes the complicated process of renovating homes- efficient and effortless. Call our office to speak with someone about your dream space and let us make your dreams come true:

Visit www.windledc.com for the full list of our services. To book an appointment call (484) 319-5748 or email info@windledc.com.





## EDITOR'S NOTE

Hemingway once said: "Fishing is a discipline in the equality of men, for all men are equal before fish." Tell that to Patton Middle Schooler Kathryn Cromer. Deep-sea fishing is her passion, and although she is usually the only girl on the boat, she's 100 percent part of the crew.

She's been fishing out on the open water with her dad for as long as she can remember. Together, often with her uncle and cousin, they troll the Baltimore canyons and surrounding hot spots for bass, bluefish, and more. Kath harbors dreams of working on a tuna boat one day and catching a sailfish in Costa Rica. She beguiles with her adventures at sea—equal parts quiet, contemplative hours of waiting—as whales breach and blow, seagulls fill the air with their cacophonous birdsong, and dolphins frolic alongside the boat—to the adrenaline-fueled moment when that tug finally comes, and she must spring into action. It's all there and more in Meet the Neighbors.

Local anglers have something to look forward to in the coming years. The American shad, like salmon, once made a spring voyage from the sea up the Brandywine River to breed. They were a major source of sustenance

for the Lenape and, later, the colonists that settled the area until dams that were erected to power mills and other industries prevented the shad's annual migration. But now there is a mission to remove those dams in the hopes of enticing the shad back to our river. Read all about it in Behind the Scenes. If all this talk of fish has got you hankering for seafood, flip to Greet Eats for Wendy James's zesty garlic clams in white wine sauce prepared on the grill, making them as easy to clean up as

Summer sunshine is great for upping your vitamin D, but not so great for skin. But Get Contoured med spa owner Amy Litz has skincare change-ups to combat those UV rays in The Beauty of It. And if you want to take your warm-weather wardrobe to the next level, turn to Stylephiles for Bridge Your Style owner and stylist Brigid McGrath Stasen's list of this year's must-have accessories and how to wear them. And there's so much more!

Here's to reading in the sunshine!





## DAN WHITE & ASSOCIATES

Helping people retire comfortably for four decades!



## The Secure Act 2.0 has passed!

Are you aware of the changes? What does it mean for you? Call us today for more info!

610-358-8942



EVENTS@DANWHITEANDASSOCIATES.COM





## TAKE MY 9 COMMAND LIFETIME GUARANTEE

Our Board & Train program includes a holistic approach "teaching both sides of the leash," and we guarantee your dog will obey nine commands for life.

"BEST INVESTMENT I MADE THIS YEAR!" - D. DEYOE, CHADDS FORD MORE INFO: 610.387.5045



SCAN FOR TIPS FOR K9 SUCCESS





We love to inspire beautiful relationships through the gift of hospitality in the Brandywine Valley. With passion and enthusiasm, we connect you to great resources in your backyard. Enjoy these seasonal selections and advice from our sponsor partners!









For timeless, high-quality, weatherresistant materials (over 150 UVprotected performance fabric choices), turn to Ethan Allen Chadds Ford

Teak is a perennial favorite, but they have all-weather wicker options set on rust-resistant aluminum frames that will have you and your guests sitting pretty under sun and stars alike.

(610) 358-1111



Our friends at ACE Hardware Kennett Square reported that while Blackstone is the standard, both Traeger and Weber have introduced griddles this year. From cooking breakfast to steaks in the evening, they can do it all.

ACE Rewards members get free delivery and installation, or call the all-new ACE Handyman Services for all your small jobs!

(610) 484-5115

## Shades Up

Summer is the ultimate time for outdoor living, and sun protection is critical in the hot months. "Large canopied, low-maintenance trees are one of the best investments you can make in your yard," said Jason Gaskill, a certified arborist with The Davey Tree Expert Company in Wilmington, "They raise home values, provide shade for your outdoor dining and can even lower air conditioning bills."

(610) 810-2070



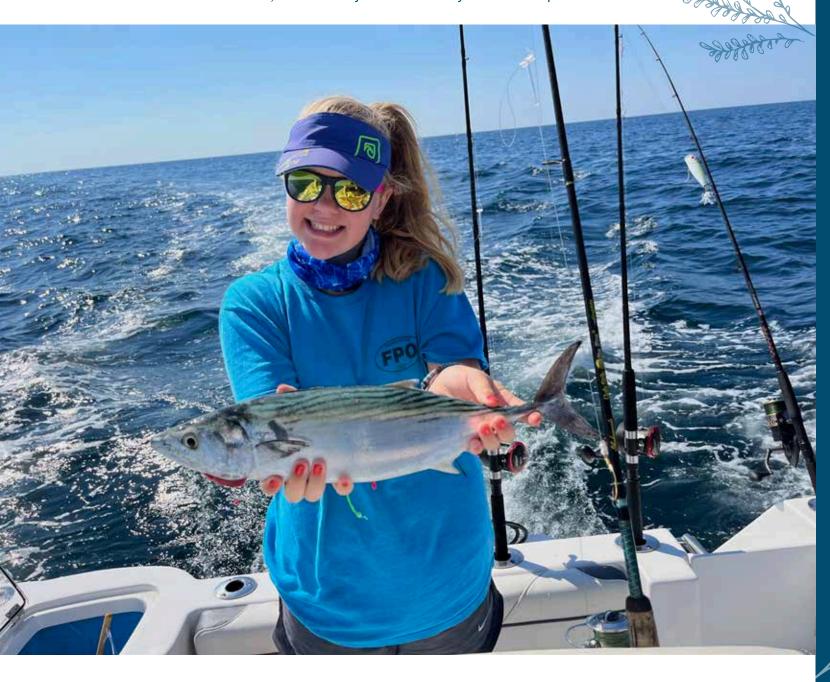
## SCALLION TUNA RECIPE

## FROM THE MEAT HOUSE CHADDS FORD

Grill on high heat, brush with oil, arrange two scallions and cover with baking sheet to press for 2 minutes per side. Remove, cool, chop, and place in small bowl. Whisk in 2 tbsp toasted sesume oil, 1 tbsp soy sauce, 1 tsp finely grated lemon zest, 1 tbsp lemon juice, 1 tsp line zest, 1 tbsp lime juice, and 1 tsp kosher salt. Next, season tuna with oil and salt. Grill on high 2 minutes per side for rare. 3 minutes for medium-rare. Plate and top with scallion sauce and serve with greens and lemon wedges. The Meat House Market, Chadds Ford, PA (610) 910-4030.

# Fish Tales

With 3 a.m. starts, hours of rough riding to the canyons, and the strain of reeling in a big catch, deep-sea fishing isn't for the faint of heart, but it's 14-year-old Kathryn Cromer's passion.



BY RESIDENT GEORGIA JACOBS



"

You can't
let being a
girl stop you
from doing
what you
love, even
if it is not a
'typical' girl
activity."



## GREET: Tell us a little about yourself. KATHRYN CROMER: I'm 14 years old

and just finished eighth grade at Patton Middle School. I'm the second of four sisters. I have a very large, extended family—over 50 who live in Kennett Square. I played volleyball, basketball, and softball for Patton, and hope to play the same three sports in high school next year. I enjoy hunting and fishing and really anything outdoors. I spend most of the summer at my beach house in Delaware and as much time around the water as I can.

### Tell us about the kind of fishing you do.

I go deep-sea fishing and surf fishing. I like freshwater fishing for trout and bass. I have also caught a couple of sharks with my grandpa ... that is a lot of fun.

## How did you first become interested in fishing?

For as long as I can remember, my dad has taken me with him on our boat. He's the captain and I'm his first mate. I never thought it was something that not a lot of girls did; it was always just normal for me.

## What is your favorite kind of fish to catch?

I *really* like to go yellowfin tuna fishing, and fishing for mahi-mahi in the canyons of the Atlantic Ocean. We fish for them throughout the summer.

## How often do you go fishing and with whom?

My other sisters like to fish, but I'm the only one brave enough to go offshore with my dad. My uncle and cousin come with us a lot. We try to go as often as my mom will let us.

## Describe a typical fishing trip.

The most important thing is the weather. The temperature, wind, etc., need to be just right. Typically, we start prepping the materials, rods, bait, and everything that needs to be planned out starting a few days before. Most of the time, we try to catch our own bait, sometimes right off the dock at our beach house. We load the boat the night before because sometimes we start around 3 a.m. We usually leave the house when it's still dark, so we can get to the inlet before the sun comes up. Most of the ride is

in the dark; it's the prettiest thing to see the sun come up over the ocean. I usually throw a beanbag in the back, so I can avoid the bouncing in the boat and take a little nap on the way out wrapped up in blankets. We go about 70 miles out—sometimes even further—and look for the birds. Usually that's where the bait fish are and the big fish are under the bait fish. The other animals know better than we do, so we always are on the lookout for other wildlife. When we find the fish on our Fishfinder, I'm usually on chunking duty, throwing the bait off the back of the boat to try to attract the fish while my dad is driving. I always reel them in, rebait, and retie string because he can't do that when driving the boat. If one hits, all rods need to be reeled in and the one with the fish needs to be slack so the line doesn't break. That is when it gets exciting, like adrenaline is running through you. It doesn't feel real. It's like you're watching a movie. You can't predict when it will happen, so one minute it's quiet and the next minute crazy! We usually fish for a while and head back late morning before the afternoon storms roll in. After hours of fishing, we will hit a restaurant called, FishTales, on the way home ... it has become part of the tradition. It's a long day!

## Where is your favorite place to fish?

The Baltimore Canyon! It's 84 miles offshore. There is so much wildlife out there. I see lots of whales, all different kinds, pilot whales and huge whales spouting water. The water is the clearest you've ever seen. It's so deep you can't see the bottom, but it seems like you can see forever. A lot of the animals out there have never seen humans before, so they're curious and come right up to the boat to look at us. The dolphins will run alongside the boat and jump up next to it. I love to sit on the front of the boat and be within feet of a hundred dolphins swimming next to us. There are huge schools of fish and sea turtles. The biggest one I have seen was as big as a dinner table! There are huge, colorful, scary jellyfish...I would never get in that water. Other places we like to go are the Chicken Bone and the Hot Dog (named for their shapes, which is pretty funny) off the coast of Ocean City, MD.

## Why do you love fishing?

It gives me some alone time with my dad; I have a lot of sisters, and it's our time to hang out with each other. Sometimes we don't talk the whole time, we fish. We just listen to music and go with the waves. I like to take a lot of pictures when I'm out fishing, but everything is much cooler in person.

## Tell us about your most exciting moment as an fisherwoman.

I was with my dad, uncle, and cousin fishing around the canyons. Our Fishfinder started going off, showing a lot of fish swimming around us. All of a sudden, a line started going out and my Uncle Wes hopped on that one. I was running around the boat reeling in the other lines so they didn't get tangled. We pulled in a massive oceanrunning bluefish. Then, on the other side of the boat, another line started going out, and I hopped on that one and started reeling it in. I fought it for a while because it kept pulling the line

out. The fish surfaced in the water and jumped; it was another big bluefish! That is one of my first, really exciting, chaotic fishing moments. Everyone was yelling and excited. We caught six more bluefish and amberjacks that day, and they were as big as my leg! It really made me fall in love with the sport.

## What fishing skills would you like to improve on?

We go fishing a lot and some of the trips are not that exciting. It's called fishing, not catching. You can't let that get you down. So, I want to get better at learning the right places to go fishing and when. We're always experimenting with different types of bait ... live, fake, frozen. There are so many places we've not been to, and there is always more to learn.

## What is your dream fishing trip?

To go sail fishing in Costa Rica. My mom caught a huge sailfish there, so I have to catch a bigger one than her ... everything is a competition.

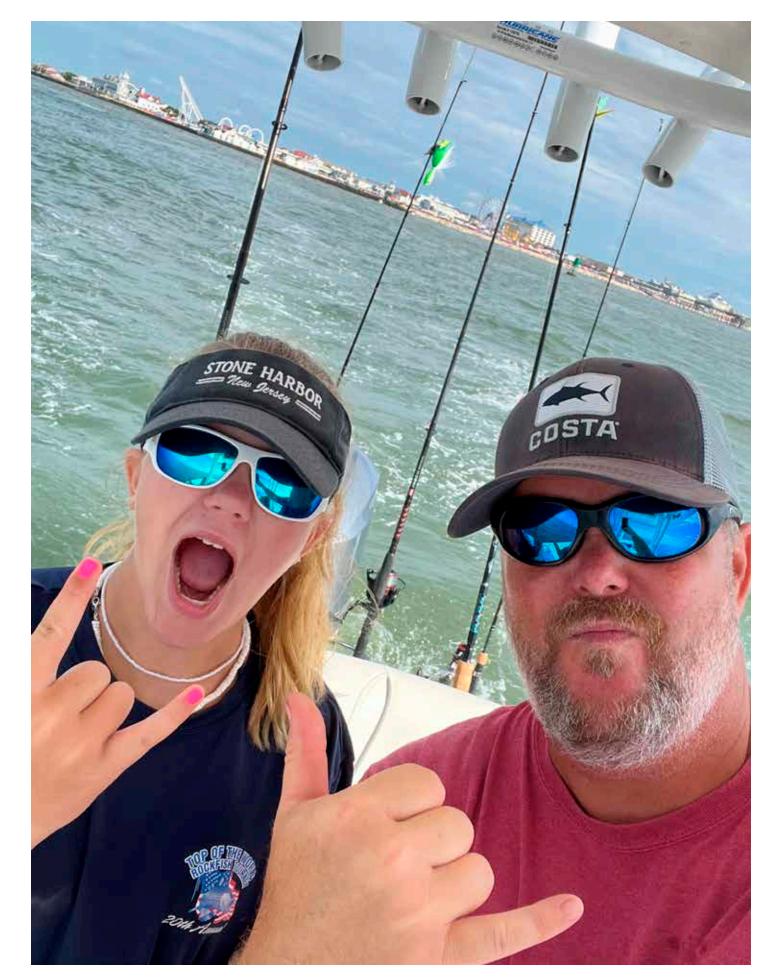


"

There are so many places we've not been to, and there is always more to learn."







## What is your dream fish to catch? I want to catch a bull mahi-mahi.

They're the most beautiful fish I've ever seen. They're full of vibrant colors, like neon green and blue, and they change colors when you pull them out of the water. You can catch smaller ones around the lobster pots in the canyons. To get the bigger ones, you need to get lucky. They are about as big as me. They fight and are hard to get in, so that would be a huge lifetime accomplishment for me.

## What are your plans for the future regarding fishing?

When I get older and can drive, I really want to be a first mate on an offshore tuna fishing boat. It's a lot of work, but it would be nice to get paid

to do something that I love. I do want to get my boating license, so I can captain my own boat and tell my dad what to do ... he can be my first mate. I would love to fish the White Marlin Open with my dad, uncle, and cousin. I really want to be part of a crew.

## What advice do you have for other girls who want to take up fishing?

Get ready to be patient. It isn't exciting

every second, but when it is, it is the best thing. You need to be ready to get your hands dirty...there are a lot of stinky parts to catching fish. Being out on the water is the most beautiful thing ... it's a fascinating world that most people never get to see. You don't need a boat or go out far. When I was little, I used to put corn on a hook and

would tie it to a piece of string, and I walked to the stream behind our house and tried to catch fish. I never did, but it was fun to try. There are tons of streams, ponds, and lakes around us. They stock a lot of the streams around our house with trout and have trout rodeos for kids. It's not just for boys!

## Anything else you'd like to add?

I'm usually the only girl on the boat but I never feel that way; I'm just part of the crew. I do the same things that all of the boys do, just as good or better than them. You can't let being a girl stop you from doing what you love, even if it is not a"typical" girl activity. I can still be a girly girl and get my hands dirty ... I just always make sure to put on my mascara before I head out!







Know a resident that should be featured here? Contact editor@cfjunxion.com



## **50 YEARS OF BUILDING** YOUR HOME, YOUR WAY

TAKE THE FIRST STEP: DISCUSS YOUR IDEAS AT OUR DESIGN CENTER WHERE YOU CAN SEE THE MATERIALS FIRSTHAND AND FINALIZE A DESIGN.

RESTORATIONS | ADDITIONS | REMODELS







"WE USED THE MEGILL HOMES SHOWROOM AND DESIGN CONSUL TANT TO PICK OUT OUR FIXTURES, CABINETRY, TILE AND FLOORING, EVEN THE SPECIFIC QUARTZ SLAB WE WANTED. WE COULDN'T BE MORE PLEASED WITH THE FINAL RESULT!"

- LOCAL CLIENT TESTIMONIAL



SCAN TO SEE OUR **AWARD-WINNING LOCAL RENOVATIONS** 

**GOO** 

610-399-1235 www.MegillHomes.com



## DIVORCE **COACHING &** MEDIATION

## FOCUSING ON YOUR NEW STORY

A 21st Century Family Transition™ is all about changing divorce from a destructive process into a calm, efficient, and family-centered transition. We are committed to changing society's beliefs about divorce, one family at a time!

"We will keep moving forward. Thank you for your wisdom and kindness. Your program has been a game changer for me."

-Julia



## MEET REGINA

Regina DeAngelis, a former family law attorney with twenty-five years of experience, started Family Transitions after going through her own divorce and realizing there needed to be a better way.



divorce mediator and coach, helping families reduce the financial and emotional trauma of the traditional divorce process.



## WELCOME TO MICHELE PRITCHARD HAIR Your Luxury Salon Boutique

Haircare Routine





MICHELE PRITCHARD - HAIR -





MODERN LAUNCHPAD



MICHELE PRITCHARD HAIR | (484) 905-2644 | West Chester, PA 19382 0 4 0





2317K Follower

PINTEREST









## EXTREME MAKEOVER

Before colonists dammed up its waters, the Brandywine River was a breeding ground for shad. Now efforts are underway to restore the waterway's flow in the hopes that the fish will return.

BY RESIDENT BILL BUCK

ocal anglers who've fished for shad—a North Atlantic herring—in the Delaware and Susquehanna Rivers may soon be able to drop their lines closer to home, thanks to the efforts of the Brandywine River Restoration Trust. Their mission is to remove old dams that are no longer in service, in the hopes that the shad might one day return to their historic home.

Most folks associate the Brandywine Valley with the Revolutionary War and all the activities, events, and notable people since then. However, long before colonialists settled here, the area was the home of the indigenous Lenape, who lived throughout the mid-Atlantic. One of their most important food sources was fish, including shad. American shad is the largest member of the herring family that still lives in the North Atlantic today. Like the better-known salmon, shad migrate in spring back to the freshwater rivers after three to seven years at sea to breed. The pre-colonial fish runs were epic events at that time. In fact, one of the Lenape names for spring was translated as "time when the shad return." Shad were so important to the early colonial diet they were known as "America's founding fish." Legend has it that the spring migration of the shad were one of the critical foods provided to Washington's army at Valley Forge to prevent starvation during the brutal winter of 1778.

However, starting in the 1700s, colonialists erected 130 dams across the Brandywine to provide hydropower for the mills and other developing industries, which included





everything from flour to cotton to gunpowder. These dams prevented the shad from going upriver to breed. Today, 10 dams remain in Delaware and more than another 20 upstream along the Pennsylvania stretches of the river, few of which are needed for industry or hydropower. Not only do the dams prevent the shad's return to the Brandywine's waters, but they also contribute to flooding.

Enter Jim Shanahan, who moved next to and "fell in love" with the Brandywine in Wilmington following a career in the financial services industry. Jim had read about studies conducted by the Brandywine Conversancy in 2005 on dam removal but had not moved forward due to lack of funding. In 2018, Jim, together with Hunter Lott, started the Brandywine River Restoration Trust (BRRT), a nonprofit organization based in Delaware with the mission to restore the Brandywine to a free-flowing river and the accompanying spring shad runs. "It's the right thing to do," says Jim, who is not a fisherman himself.

The job of planning the removal of dams along the river is a veritable Rubik's Cube. "It's one of the most complicated projects I have ever been involved with," says Jim. Before a dam can be removed, numerous federal, state, and local agencies need to be coordinated with, including the agreement of the owners of the dam itself, not to mention overseeing a team of dam engineers and fish biologists. The organization's focus is on the 11 dams in Delaware. The first dam along West Street in Wilmington was removed in 2018. Since then, they have been able to document the return of shad to that area.

The next dam upriver at Brandywine Park along Broom Street is used by the City of Wilmington for water intake. This dam cannot be easily removed so the plan is to install a rock ramp which will allow at least 70 percent of the shad to move past the barrier and upstream. Plans are in development to remove the remaining dams or establish alternative shad passageways. BRRT works closely with the University of Delaware Water Resources Center to guide the initiative using sound science. Estimates are that from about 3300 spawning shad per season could grow to over 25,000 if just the Delaware portion of the river was returned to free-flowing status. Funding comes from various sources including private donations, federal and state grants, and corporate sponsorships.

There are over 20 dams on the Pennsylvania side of the river. The Brandywine Red Clay Alliance removed the Lenape Cabin Club dam in Pocopson in 2021 and the Brandywine Conservancy is planning the removal of the first down-river dam in Pennsylvania at Hoffman's Mill. These dam removals also help mitigate future flooding events.

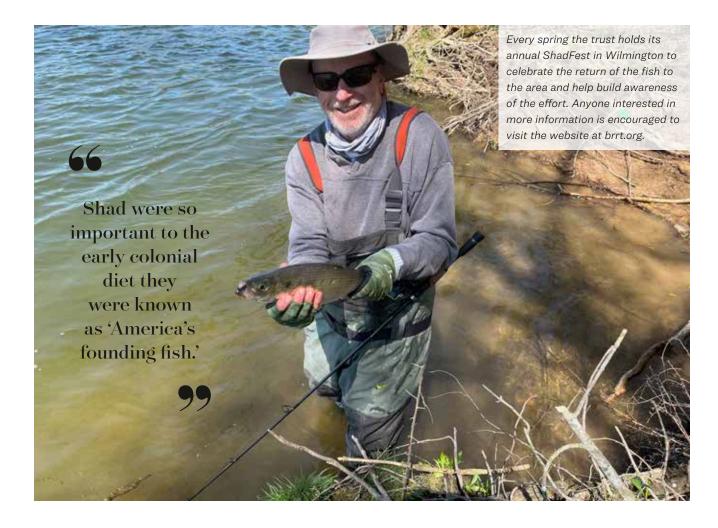
"Many local sport fishermen eagerly anticipate the return of shad to the Brandywine," says local avid angler, Charlie Schleyer. Charlie explains there are two varieties of shad native to the region: Hickory and American, with the American shad being predominant in the Brandywine. For the moment, shad can be caught locally in the Delaware

or the Susquehanna Rivers. Dam removal has expanded shad fishing in the Octorara Creek, a nearby tributary of the Susquehanna River just below the Conowingo Dam.



Susquehanna shad are in more limited numbers than the Delaware, due in part to multiple large dams, and are fished on a catch and release basis only with a two-shad limit on the Brandywine. Since they are caught using light tackle and dart lures, they are excellent game fish and sometimes referred to as the "freshwater tarpon."

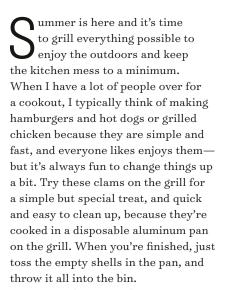
But removing dams has other benefits. "Returning the Brandywine to a free-flowing river is not just about the shad but improving the overall ecology of the watershed," says Jim. He explains that the return of fish supports birds of prey, such as osprey and eagles. Freshwater mussels that are co-dependent on shad are re-introduced to improve water quality. Removing these dams also improves flood mitigation since many of these structures today exacerbate flooding during periods of heavy rain. "With a little luck, we could see migrating shad back into the PA portion of the river within five years," he says.



## Shell We Grill?

Wendy James changes things up on the grill with healthy and delicious clams in a garlic wine sauce that's as easy to prepare as it is to clean up.

BY RESIDENT WENDY JAMES



You can buy your clams at Gadaleto's Seafood, Hill's Quality Seafood Market, Wegmans, or even Costco on the weekend. You will need about 10 clams per person for an appetizer or about 20 for an entrée, served with crusty bread and a mixed salad tossed with my best Italian dressing. Middleneck clams are my favorite size for this recipe, as they are large enough to be satisfying but still sweet, tender, and tasty. For reference, littleneck clams (named after Little Neck Bay in New York) are about 1 ½" wide, middleneck clams are about 2" wide, topneck clams are up to 3" wide, and cherrystone and chowder clams are 3+" and typically chopped and used in soups and stews because they are tough. When you are





shopping, get the ones that are about 2" wide regardless of the name. Also, get the number of clams you need. If they are sold by the pound, you will have to eyeball the quantity because there are way more shells than clams in the weight.

The biggest secret to this recipe is letting the clams rest in cold tap water in your sink for about two hours while periodically draining/ changing the water so they spit out

all of the sand inside their shells. Ironically, clams will drown if you leave them underwater for extended periods because they need to breathe, but they are fine for a few hours. Also, keep rinsing the outside of the clam shells if there is a lot of sand on them-so plan ahead, and get rid of all the grit.

For about 50 clams for dinner for two to three people, I did the initial prep on the stove.









### **BEST ITALIAN SALAD DRESSING**

I got this simple salad dressing hack from my tennis friend in Hong Kong, Dr. Sharon Dudley-Brown, who besides being a Ph.D. nurse, is an excellent chef who invited us over for dinner many times.

Make your favorite salad and one package of Good Seasons Italian salad dressing according to the directions on the envelope, but instead of using water for the "W," use wine instead. You can use white, red, or rosé; whatever you have available. It is three Tbsp if you do not have the Good Seasons cruet. Basic, but awesome! I promise you will love it, and everyone will ask you for the recipe for this dressing and, of course, for the clams on the grill.

Enjoy!

## WHITE WINE CLAMS ON THE GRILL

- Sauté these items together in a saucepan:
- 2 Tbsp butter use more if you like more butter with your clams, but it's not necessary
- 2 Tbsp olive oil
- 4 garlic cloves use less if you find garlic overpowering
- 1/4 tsp red pepper flakes brings out the sweetness of the clams
- 1/2 cup white wine enhances"the sauce"
- This stovetop step ensures the garlic is cooked and the alcohol in the wine cooks off while combining all of the ingredients. If it looks like there's not enough liquid, don't worry. The clams will spit out more water as they cook.
- I then poured the mixture over the clams in a deep aluminum pan that I covered with foil and put on high heat (400°F) on the grill for 12 minutes (check halfway) or until 99 percent of the clams are open.
- Finally, I put some chopped fresh parsley over the clams and put the pan with the clams on a tea towel (washable) on the table, along with a bowl for the shells and a loaf of crusty bread to soak up all of the sweet, salty, delicious clam juices. A simple tossed salad with my"homemade" Italian dressing completes this tasty, easy-to-prep, and clean-up seafood meal.











repairs due to water
damage in the future by
updating your home's
stucco siding now.
Options Custom
Remodeling, LLC offers
stucco remediation
services for your entire
house, extensively
repairing current
damage and
preventing
problems for

**Options Custom** 

Remodeling

you in the

We're the

option for

stucco repair.

future.

Save yourself from costly

ENTIRE HOME STUCCO REMEDIATION SERVICES

(484) 680-5611

## **CALL TODAY**

www.OptionsCR.com

FREE STUCCO REMEDIATION ESTIMATES

We're licensed, insured, bonded in the Tri-State area.













### HERE TO THE HAMPTONS

## IN THE DETAILS

Nothing says "well put together" like the perfectly chosen accessories, and stylist and owner of Bridge Your Style Brigid McGrath Stasen tells us which are trending this summer and how to pair them with your favorite outfit.



BY RESIDENT GEORGIA JACOBS

GREET: What is your favorite summer accessory that every woman should replenish every year? BRIGID STASEN: Great flat leather sandals.

## Do you have a favorite accessory you can't live without?

Sunglasses with protective lenses are essential for us to protect our vision. I'm addicted to sunglasses; I probably have 50 pairs. Sunglasses come in all shapes and colors, they're fun to coordinate with your outfit, and they add an air of sophistication, à la Audrey Hepburn and Jackie O'.











## Why are accessories an essential part of every woman's wardrobe?

Accessories take your look from typical to fabulous. They up your game by adding a pop of color, glitz, and glimmer. A fabulous silk scarf takes a great white shirt to another level.







## What must-have accessories should you pack for a three-day summer getaway?

- Jewelry! I love turquoise in the summer mixed with gold and other metals, as well as mother of pearl and other pretty stones. Turquoise reminds me of the ocean off the coast of Santorini.
- · Stacking and layering necklaces and bracelets with coordinating earrings and rings
- · A refreshing pop of color that works with a sundress as well as a T-shirt and shorts
- A great straw hat with a wide brim
- · A market bag or tote for breezing around shopping
- Fabulous sandals. A cute neutral flat sandal and a strappy silver sandal. Both go from day to night
- A pair of colorful suede mules
- Fabulous white sneakers
- A cashmere wrap for cool evenings
- · A smaller colorful handbag
- Sunglasses, of course!



## **VACATION ESSENTIALS**





## And a two-week vacation?

All of the above, plus additional sandals and shoes to coordinate with different outfits and additional jewelry and scarves. Bringing additional accessories will allow you to repeat outfits and make them look different by changing accessories.



## What are the top five trends in accessories this summer?

These trends will be great with flowy dresses, sundresses, Bermuda shorts, colorful shirts, white jeans, and T-shirts:

- · A wide straw-brimmed hat
- · A colorful handbag
- Oversized '70s-inspired sunglasses
- Suede mules or loafers
- · Layered necklaces and stacking bracelets

For more of Brigid's style tips, clothing and accessories for sale, or styling services, go to Bridge Your Style.com.



## SIZZLE INTO SUMMER

Ace Hardware is the place for all your grilling needs



FREE ASSEMBLY AND LOCAL DELIVERY!

350 Scarlett Road, Kennett Square, Pa 19348 | (610) 484-5115

Coming SOOH ...

## We'll Tackle That List for You!





Ace Handyman Services Brandywine Valley will service Southern Chester County and Northern Delaware.

Regardless of its style, the place you call home will always require upkeep and have a list of projects to be done. We're not happy until the work's done right - backed by a oneyear guarantee.

## TIME OUT

WITH MARGOT

HAPPY SUMMER!









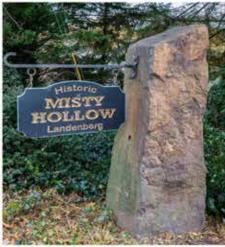












RE/MAX PREFERRED MARGOT MOHR TEETOR MMTEETOR@GMAIL.COM

610-719-1700 (O) 610-476-4910 (C)

Visit: www.MargotMohrTeetor.com

## **Best Face Forward**

Changing up your skincare routine is essential when summer arrives. Get Contoured owner Amy Litz has tips and tricks to keep you looking great through the warm season.



BY RESIDENT GEORGIA JACOBS

The time to enjoy the outdoors is upon us, but basking in the sun comes with a host of skincare challenges. A lot of the best skincare products like Retin-A and treatments like IPL, etc. and anti-aging like hormone therapy make skin more vulnerable to the sun and challenging on the skin in other ways. Greet spoke with Get Contoured owner Amy Litz about how to keep your skin looking great and enjoy the sunshine too.

## GREET: What are some of the skincare challenges clients face in summer?

AMY LITZ: A major summer skincare challenge is melasma and hyperpigmentation which appear as dark spots/patches on the face. Sun and heat exacerbate and darken the color and although sunscreen helps, it doesn't completely prevent the darkening.



What changes should they make to their skincare routine? Sunscreen should be worn daily under makeup and a great addition to your routine is adding an antioxidant like a vitamin C serum to help prevent oxidation. Also, reapplying sunscreen every two hours by using a sunscreen mist or

a sunscreen powder.

## What should clients look for in a good sunscreen?

The best sunscreens have a physical block like titanium dioxide and/or zinc oxide. Use a minimal SPF 30, preferable 50 or higher. The physical block protection blocks the sun immediately, while a chemical sunscreen takes at least 30 minutes after application for it to work. The best sunscreen would be a broadband spectrum physical block.

## Retin-A is great at preventing wrinkles but makes your skin vulnerable to the sun. What can be done, aside from sunscreen, to strengthen and protect skin in summer?

Products with antioxidants and vitamin C help prevent oxidation from outside elements. Like leaving an apple out which oxidizes and turns brown, adding lemon juice will slow down that process. It is best to avoid the sun during the peak hours. You could also use your Retin-A every other day to avoid more sun sensitivity.

## If a client accidently gets too much sun and ends up with spots, what can she do for a quick fix to repair or fade them?

Unfortunately, there is no quick fix for spots created from sun damage. Creams with bleaching agents like hydroquinone, arbutase and kojic acids can help fade the spots over time and IPL is an option after the summer months. Your best defense is a good offense: sunscreen.

## What specific facials or treatments do you recommend for summer?

Great options for summer include Hydrafacial and our Go and Glow Facial. An Aquagold is an amazing option for a red-carpet event or wedding!

## Describe a good am/pm skincare routine for summer.

Summer morning routine should include washing with tepid water and no face wash to protect your natural oils, followed by a toning pad. After that, apply your vitamin c/antioxidant serum and a facial lotion with an SPF that includes a physical block of 50 or higher. In the evening, PM Routine wash with an exfoliating cleanser. Apply products from thinnest to thickest. Hyaluronic acid serum, eye cream, retinol cream, then thicker occlusive cream to trap moisture. Don't forget Aquaphor on the lips.



 $For more \ information \ on \ products \ and \ treatments \ from \ Get$ Contoured, see getcontoured.com to book a consultation.

## Uncovering the Past

Bill Buck talks to Professor Heather Wholey about how an archaeological dig at the 1730 Huey site helps us understand our local history and acts as a living classroom for WCU students.

BY RESIDENT BILL BUCK

ocumenting history has been compared to putting together a giant jigsaw puzzle, often when you don't have all the pieces. This is made more difficult when many of the clues are literally buried underground. Enter the anthropologists and archeologists, the scientists who help us discover and understand the past through the study of human activity based on analysis of artifacts, architecture, sites, and cultural landscapes. The Brandywine Valley is fertile ground for this type of study with its rich colonial history and even longer period of indigenous people who called this area home for centuries before colonial times.

Heather Wholey, Professor of
Anthropology and Chairperson of the
Department of Anthropology at West
Chester University leads a class in
studying an archeological dig site just
off New Street in nearby Westtown
Township. The property, which would
have been part of William Penn's origina
charter, was acquired by Mordecai
Maddock who then sold it to William
and Gemet Huey, immigrants to the
Pennsylvania colony most likely from
Ireland and Wales, respectively, in 1730.





They constructed what appears to be a series of agricultural-related buildings on the site. Remnants of what is believed to have been a springhouse are located over an active spring that flows into Plum Run and then into the Brandywine. A springhouse used the cool spring waters to keep foods cool and fresh. Other structures on the site and what they were used for are still to be discovered. Paul Mullin and Ray Sarnacki, former members of the Westtown Historical Commission, have assisted in documenting the history of the site for the township's historical archives.

Dr. Wholey described the archeological process, which starts by studying historical accounts, maps, and other documents. At the Huey site, initial fieldwork involved a metal detector survey to determine the presence of metal objects, like nails.

This was followed up with groundpenetrating radar to better establish the location of any structures potentially located underground. At the Huey site, ceramic artifacts have been found consistent with the date of 1730. Metal objects have also been identified that may have been farm implements but require further study. The oldest artifact found at the Huey site is a spearhead from the indigenous people in the area, dating from about 4,000-5000 years ago. The team is currently working on excavation of the site to expose areas of an outbuilding foundation. Remnants of the roof, as well as burnt wood and glass from windows have also been found. "It's like looking for a needle in a haystack," Dr. Wholey says. "And to make it easier, you try to reduce the size of the haystack by pinpointing the search area."



Dr. Wholey says there are several other active archeological sites throughout the area that she and her team study on a regular basis. "The oldest documented site in this area dates back to around 10,000 years ago," she explains. In addition to uncovering the past, these sites are used as archeological field schools to help train the students in excavation techniques.

At the site, the students carefully remove soil and then sift it to look for



potential artifacts. Abigail Hand, a WCU archeology student, described her first exposure to the field when reading a book on the subject when she was a youngster. "The field of archeology is very fulfilling," she says. "It's very hands-on and active; you really don't know what you are going to come across on a day-to-day basis." She encourages other young people to explore archeology as a field of study, as many of the skills of



discovery and investigation can often be useful in other disciplines outside of professional archeology.

For the time being, the Huey site will continue to be studied and used as a field laboratory. Ultimately, it could become an educational site open to the public to provide a greater understanding of our colonial past. Understanding our past helps us as we live in the present and plan for the future.



The oldest artifact found at the Huey site is a spearhead from the indigenous people in the area, dating from about 4,000-5000 years ago."





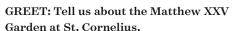


Have a story about our area's history that needs telling? Contact editor@cfjunxion.com

## Feed the Hungry

The award-winning Matthew XXV Garden at St. Cornelius Catholic Church in Chadds Ford provides food for the hungry in our community. We spoke with parishioner and head gardener, Regina Smith to learn more.

BY RESIDENT KATIE GILDEA



**REGINA SMITH:** A few years back, a plan was in the works to start a St. Cornelius Parish garden that would produce a variety of nutritious vegetables; the purpose being to feed the hungry. In the spring of 2021, this plan became a reality with the planting of the Matthew XXV Garden. The message of Matthew XXV is that when we feed others, it is likened to feeding Christ. That is what this garden has done for two years now.

## How did the idea for the garden start?

I believe the idea for the garden came from our pastor, Monsignor David Diamond. There are many hungry people all around us and it is the responsibility of everyone to answer the call of Jesus. When we take care of each other, we serve Christ.



How large is the garden and what type of produce do you grow? The Matthew XXV Garden is just under one acre in size. It consists of 17 rows,

approximately 70 feet in length. Our volunteers plant the following vegetable seedlings: tomatoes, various types of peppers, watermelon, pumpkins, eggplant, squash, zucchini, cucumbers, various herbs, onions, and okra. This year, instead of buying starter plants, we engaged our youth PREP class students in a project of taking care of the poor by planting seeds in cups that were then nurtured in a small hot house. The seeds became seedlings and are now flourishing beautifully. We also plant a row of flowers that can be cut and delivered weekly along with the harvest.



## Who do you donate the bounty to?

Over one ton of produce has been harvested and donated to the Dorothy Day Room at St. Agnes Parish in West Chester. When the food is delivered every Tuesday morning, the people of West Chester and the surrounding areas are waiting in anticipation. They are happy and so grateful to see the beautiful bounty of God's love.

## Do parishioners assist with the garden?

Parishioners do help with the garden, although like most churches, we have a high elderly population. We want our younger generation to become interested in the value of this garden so that it can continue feeding the hungry for many years to come. We get our PREP students involved whenever possible.



## How can the community help?

The community can help with advice and by volunteering. Also, donations are always welcome. For more information, visit saintcornelius.org.



"When the food is delivered every Tuesday morning, the people of West Chester and the surrounding areas are waiting in anticipation."



## What does the garden mean to you personally?

Personally, the garden is the most satisfying volunteer work I have ever done. Gathering the harvest each week and seeing the smiles on the faces of the people receiving these donations is most gratifying.



"Sending our gratitude to all who farm the Matthew XXV Garden and share the good things of the earth with our families in need. The harvest thus far, certainly abundant and delicious! Happily, there is a lot of pico de gallo-making going on here. The women are grateful for the farm fresh produce which they love to prepare for their families. We are delighted by the beautiful flower bouquets which cheer our Day Room and guests with their vibrant colors. May God continue to bless your farmers and all who assist in this generous charitable work. Prayers of gratitude for you!" - Barbara Kirby, Director of Outreach Services at St. Agnes Parish in West Chester.

"It is with great pleasure to inform you that the St. Cornelius Parish Garden has placed second among community gardens in our annual contest. The judges were quite impressed with all that the gardeners have achieved in just two years. You have a very nice variety of veggies and fruit. It is a well-thought-out design and well maintained. It is especially admirable that all the produce is donated to a nearby food bank." - Note received regarding the 2022 31st Annual Garden Contest (open to all Delaware County gardens and judged by the Penn State Master Gardener of Delaware County).







484.845.7921 #MYTEAMTOYOTA 1050 BALTIMORE PIKE GLEN MILLS, PA TeamGlenMills.com

\$7500 in PA income tax?

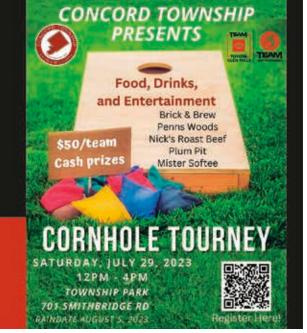
Direct your tax dollars to community

improvement and education programs!

Do you or your business pay more than

Scan for details





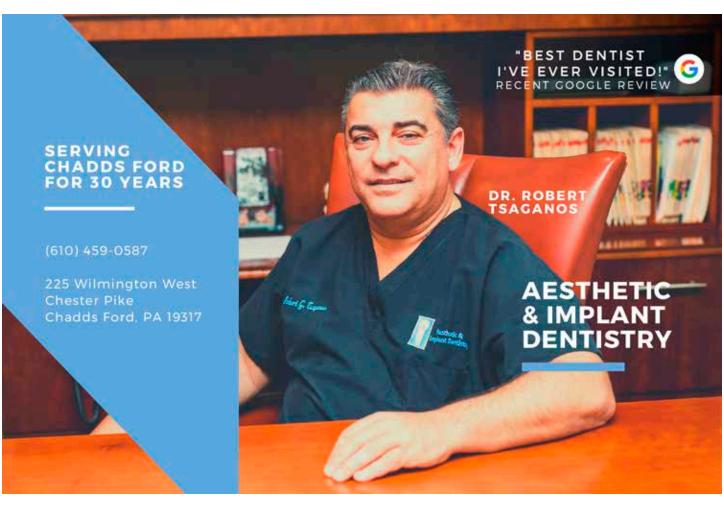




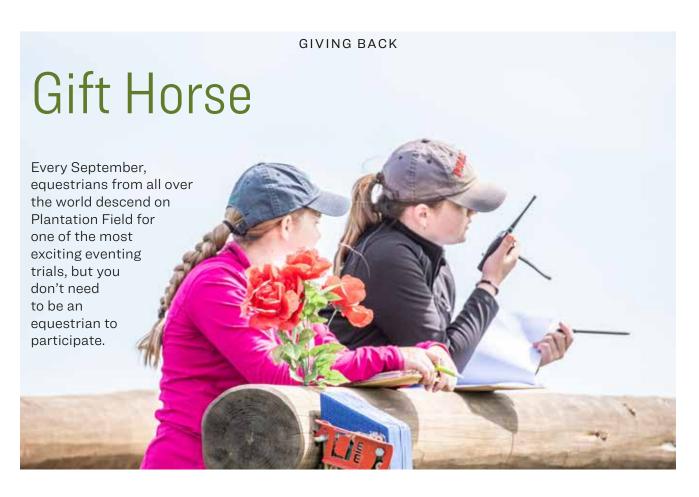




900 Prides Crossing, Newark, DE 19713 P: 302.366.0366 | 200 E. State Street, Suite 303, Media, PA 19063 P: 610.565.9550 Joshua Shaver and Neil Stalter are Registered Representatives and Investment Advisor Representatives of Securian Financial Services, Inc. Securities and investment advisory services through Securian Financial Services, Inc., Member FINRA/SIPC. Diamond State Financial Group is independently owned and operated. 3224700 DOFU 09-2020



Greet Brandywine Valley 41



BY RESIDENT GEORGIA JACOBS
PHOTOS BY AK DRAGOO PHOTOGRAPHY

Equestrians come from all over the world to participate in the annual Plantation Field International Horse Trials held right here in our area. But the event can't happen without help from the community. *Greet* discussed volunteer opportunities, including a lot of perks, with President of the Board of Plantation Field Events Bonnie Kibbie.

## GREET: Tell us a little about the Plantation Field International Horse Trials.

**BONNIE KIBBIE:** Plantation Field Equestrian Events is a nonprofit organization started by Mr. Denis Glaccum in the 1980s. We've been running competitions in the sport of three-day eventing since our founding and are one of the most robust eventing organizations in the U.S. Three-day eventing is essentially an equestrian triathlon: a horse and rider pair compete in three different phases throughout the competition, and the best score at the conclusion is the winner. The first phase, dressage, is a bit like ballet dancing or figure skating, except with a 1,300 lb partner. Horse and rider pairs are judged on their harmony and accuracy as they ride a pattern. The second phase focuses on endurance—riders gallop their horses over varied terrain and obstacles. Any eventer will tell you this is the best phase, it's certainly the biggest adrenaline rush! Phase three is show jumping, where horse and rider pairs need to show they can recover from the stamina of cross country to jump carefully over fences in an arena without

knocking any rails down. Eventing has its roots in military history; calvary horses needed to have the precision and trainability of the dressage horse, the stamina and boldness of the cross-country horse, and the recovery and accuracy of the show jumping horse. All three of these phases are on full display at our horse trials at Plantation Field and make for exciting sport for spectators and volunteers alike.

## Why is it an important event for the equestrian world and our community in general?

Plantation Field is the perfect lead-up event for the main fall eventing competition, the Maryland 5\*. Our competitors use Plantation Field as a final run before their end-ofseason event, and it provides the perfect atmosphere and competitive challenge to make sure they are prepared. For spectators, Plantation Field offers unparalleled viewing of the competition. Our hillside is extremely spectator friendly, and our Country Fair offers a fun day out in the countryside even for those completely unfamiliar with the sport. Our event also plays an important role in preserving our community's open space. We're so grateful to our landlord, Mr. Cuyler Walker, for allowing us to use and maintain the acreage on which the competition runs. With land development so common in our area, we recognize how fortunate we are to be able to play a part in stewarding this land for future generations to enjoy.

How long have you been running the volunteer program? I first volunteered at Plantation Field in 2015 and became a Volunteer Coordinator in 2017. I transitioned to Organizer in 2021, and was elected president of the board for Plantation Field Equestrian Events, Inc in 2022. Our current Volunteer Coordinator, Liz Harrison, joined us earlier in 2023 and brings an incredible amount of enthusiasm and expertise to the job! She and our Hospitality Coordinator, Tammy Whiteman, work hard to ensure all our volunteers have an amazing experience.

### How are volunteers important to the event?

The event would not run at all without volunteers, so I'd say pretty important! For each competitor that gallops across the finish line, we need, on average, 1.5 volunteers. We have between 50-100 volunteer jobs to fill every day of the competition and in the days leading up to it. There is always something to do!

What are some of the positions that need filling? Everything from driving golf cart shuttles to videoing and judging cross country fences. We need scribes for the judges and crossing guards for the footpaths on course. The list of jobs is endless and there is usually something for everyone!

## Do you need people with special skills or credentials or can anyone volunteer?

While some of the jobs do require experience with horses, there are many jobs where no experience is required. We have terrific resources for learning more about each volunteer role and what is expected.

## What are some of the perks of being a volunteer at Plantation Field?

We love to roll out the red carpet for our volunteers! Meals are included with every shift, we have tons of swag and prizes available, and a dedicated volunteer tent where we always have a spot for volunteers to take a break and grab a snack. We host a tailgate for volunteers in the spring at the Cheshire Races, as well as an end-of-season barbecue at Plantation Field. We also do raffles and drawings for prizes throughout the event, including a grand prize raffle-\$1,000 towards tickets and travel to the Land Rover 5\* or Maryland 5\*. Each shift worked throughout the year earns a raffle entry, so we encourage people to keep coming back for the best chance to win. Apart from all the perks, my favorite part of being a volunteer is spending the day in the gorgeous Chester County countryside, watching amazing athletes doing what they do best.









## Describe a typical day for a volunteer. How many hours must they dedicate?

Typically, it's a full day, although we are happy to accommodate half-day requests as best as we can. The competition usually starts at 8 a.m. and runs throughout the day. For example, a cross-country fence judge could expect to be asked to arrive around 8:30 a.m. to check in, get their swag and snacks, and attend a briefing before making their way out on course before the riders start competing at 10 a.m. The competition might then wrap up around 3-4 p.m. We offer breaks and hospitality throughout the day, but it is a time commitment.

## How does anyone interested apply?

We use a website called Eventing Volunteers to manage all the different jobs available. You can find a list of all our events and the positions at eventingvolunteers.com. If you have questions about a specific job, you can email info@plantationfield.com and we'll help you out!

## Anything else you'd like to add?

The United States Eventing Association has some great resources available to learn more about volunteering, as well as How-To videos for specific jobs during the event.

USEA Volunteer Program: useventing.com/events-competitions/ volunteers and Volunteer Instructional Videos: useventing.com/ events-competitions/volunteers/volunteer-videos





- Special event services
- Satisfaction guaranteed

Call our team today for more information! 610-228-0938 | WestChesterPA.MosquitoJoe.com

## Here For You



Our community features a seasoned team ready to meet each resident's individual needs. If you are considering senior living, we are here to help.



MERRILL GARDENS

(610) 233-4617 52 Baltimore Pike

Glen Mills, PA 19342 merrillgardensglenmills.com Call Today To **Schedule A Tour** 



## WHO'S WHO IN WATER TREATMENT

## Scalewatcher

HISTORY

Developed and patented in the Netherlands by Mr. Jan P. de Baat Doelman, Scalewatcher technology was introduced to the European market in the 1980s. With immediate market success, Mr. Doelman brought the technology to the United States and applied and received a patent in 1991. From that moment on, Scalewatcher North America has been on the forefront of Oxford, Pennsylvania, Scalewatcher North America continues to lead the industry in descaling products that do no harm to



Scalewatcher focuses on bringing environmentally-sensitive products to North America.

## For more information contact us at:

345 Lincoln St. Oxford, PA 19363 Phone: 800-504-8577 Email: sales@scalewatcher.com Website: scalewatcher.com

## MISSION

Scalewatcher North America focuses on the elimination of scale and the problems associated with scale build up. Industries know the costs involved in keeping their capital investments running smooth. Scalewatcher is there to help. Scaled cooling towers, chillers, and associated equipment can negatively impact a company's bottom line, and not just in cash. The caustic chemicals used to remove scale only create more problems with the environment. Your company can "GO GREEN" and stay within your budget.

## UNIQUE SELLING POSITION

If our product does not work for your application, we will buy it back! With our "Performance Guarantee," you never have to worry about losing cash on a product that does not work.



www.watertechonline.com

## THE BUSINESS OF BUSINESS

Pennsylvania's Small Business Development Centers offer advice and assistance to entrepreneurs building their dreams. Joyce Carroll spoke to Widener University's SBDC advisor Liliana Quintero, who serves the Hispanic community, about her success stories.

BY RESIDENT JOYCE CARROLL

Starting a first business is a leap of faith. Remaining in business, likewise, is no small feat. Fortunately, there's a multi-faceted safety net in place to assist with both. Staffed by dedicated advisors, Pennsylvania's 15 Small Business Development Centers (SBDC) are a valuable resource. Locally, Chester County is served by the center at Kutztown University. While Delaware County is served by the center at Widener University, the Widener center's reach has statewide implications. Permissioned to work with the state's entire Latino population, the center has already assisted new entrepreneurs in our region. We caught up Liliana Quintero, the Bilingual Instruction Design Specialist at the award-winning center housed at Widener.



Liliana Quintero

GREET: What is your background and what do you bring to the program? LILIANA QUINTERO: I have a master's degree in business administration. I've been at the Small Business Development Center since 2018. I started there as an assistant when I was a student. I did my master's at Widener University, and I worked at the Small Business Development Center as a

graduate assistant. I started

to serve the Hispanic community in Spanish.

## How were your efforts impacted by the pandemic?

With the pandemic, we created a great resource center for the Latino community. Director Lenin Agudo and I created the Spanish website and translated e-books guides – all resources that are available from the Department of State, from the Small Business Administration – from English to Spanish. I'm proud of this work. During the pandemic, people didn't have the opportunity to commute or move to



"Our mission is to help new business owners and entrepreneurs not just to start the business but to grow and prosper."



an office, so we translated and brought all those resources to them. We created webinars and a library on-demand. We did virtual educational programs or webinars and recorded them to make them accessible to the Latino community. We have more than 50 programs recorded on the website, and we now have a wonderful team of four bilingual consultants from Costa Rica, Ecuador, and Colombia. (Liliana is from Colombia.) It was hard work and took more than six months.

## Has the expansion of services been well received?

As of now, we serve more than 1,000 Latino business owners in Pennsylvania. Language is a barrier for our community, and the little things we did for them, like translating official documents about how to create a business, the difference between an LLC and a corporation, made a difference. If you don't understand how to do something, you can't do it.

## The Latino initiative fell under the auspices of a Center of Excellence. Can you expand on that a bit please?

The Centers of Excellence were born during the pandemic. It was the result of the CARES Act from the Small Business Administration. There was a budget given to the Small Business Development Centers to help their businesses in a specific area. In Pennsylvania, the Small Business Development Center was charged with a Center of Excellence in Digital Marketing, and in Agriculture, and in several areas aimed to help businesses. Our Centers of Excellence were the Latino Center specifically for Latino business owners and a Center of Excellence in Healthcare and Life Science. The CARES Act ended on September 30 of last year. However, we continue with branding and serving the Latino community through the Center of Excellence because of the success of the program.

## What do new entrepreneurs—inclusive of all served by the Widener SBDC—tend to overlook the most?

Our mission is to help new business owners and entrepreneurs not just to start the business but to grow and prosper. When business owners come to us for help with specific things like applying for a grant or a loan, creating a business plan, or making financial projections, they've realized this is more than just paperwork; they realize,"Oh, I do have to keep on track of my numbers, so I know if I'm making a profit or not." These kinds of things we teach are critical for them. The most commonly (overlooked) are the financial projections and the business plan. Most of the business owners have (a website) just to have one. The website for them is a landing page for potential clients. We help them and teach them how to make a presence online and learn the different online tools available. This is part of our mission—not just things that they can overlook, but how to use the tools, how to track the business, how to be more aware of important things (as opposed to) urgent things, and not just focus on the day-to-day.







## Is there a fee for this assistance?

Our services are totally free. They have access to individual consulting and several products and tools for creating a business plan and doing financial analysis. We are working hard from the Widener perspective to spread the word about opportunities they might not be aware of.

## What are the benefits of having the SBDCs housed in universities?

The idea is to make alliances and make all academic resources available for students and potential entrepreneurs. We have three grad students working with us. They focus on different areas, depending on their major or skills. Most of our Latino community or entrepreneurs never had the opportunity to go to college or be in an academic environment, so for them to receive a certificate or have a graduation ceremony is extraordinary. And it has a positive impact on their motivation and self-confidence. This is very important when you're starting a business.

## What is your favorite success story?

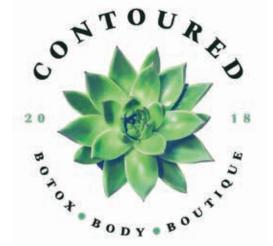
Congratulating business owners on their success is an important part of our work, but my favorite is Silvia's Bakery. She is a really amazing woman from the Dominican Republic who doesn't speak English. She was a very brave soul who grew her business alone. She started with us before the pandemic and used all our programs and took advantage of the available resources. She organized all the financials. She didn't know anything about computers, but she learned. She was able to buy her own building. She won the SBA Minority Business Award. She now has one of the most popular bakeries in North Philadelphia.

Know a business owner with great advice to share? Contact editor@cfjunxion.com

## BOTOX. BODY. BOUTIQUE.



"High quality products! They address your needs to what would work for your skin. Every esthetician is fantastic and personable who make you feel comfortable and relaxed. **Such a great group of professionals."** ~ Teresa C.



"Trusting someone you've never met with your money is scary but that was the best decision I'd made. The process was super easy, she kept me updated step by step until she was finished, thanks a million!" ~ Abutii S.

"I love this place! Amy and all the staff are awesome! I wish they were closer to my home .. I would be here more often for all their services. If you are looking to have cool sculpting done this is the place to come. **You will not be disappointed!!!**"~ Barbara G.

610.787.9154 | GetContoured.com | Old Ridge Village Chadds Ford, PA 19317





(S)









We help clients achieve financial freedom through smart solutions, rooted in integrity.

www.barszgowie.com







Scan to receive notification when we add new beers or and tasting events.



## SPONSOR SPOTLIGHT

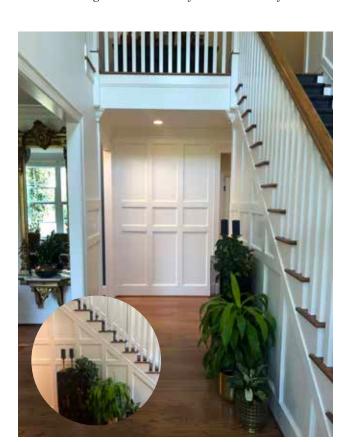
## COLOR MY WORLD

Rick Sabatini of Sabatini Pro Painting reveals how a work ethic, pride in his craft, and staying abreast of the trends keep customers happy and loyal.

BY RESIDENT JOYCE CARROLL

A strong work ethic from the time he was just a boy has served Rick Sabatini well. Working side-by-side with his stepfather, assisting him in his landscaping business, reinforced the value of hard work and a strong sense of character. The attributes he learned from his stepfather, an immigrant from Turkey, shaped his perspective, and he looked for these same traits when building his team of professional painters and carpenters for his own business, Sabatini Pro Painting in Folsom.

"I always tell this of my crew: 'We're not exactly athletes, but we're looking at it in the same way. Where are the weaknesses in our game, and how can we make that better? ... (It's not) just about production, (as in) let's get better so we can make more money for the company, it's how can we, as people, get better," he stresses, adding, "I don't have anyone here that I wouldn't want to invite to my house and hang out with. It's very much like family."







Rick Sabatini

"We worked with Rick during a recent renovation project. His team was trustworthy, efficient, and meticulous. I especially like how they carefully cut the paint lines on our den ceiling after staining the exposed wood beams. The thing that I like best about Rick, though, is that he isn't patronizing. He listened to my concerns about how I wanted our trim work restored and then we had multiple progress checks until the finished project looked just right. Rick's a family guy and a good person who shows that he cares about his team and he cares about my house. I highly recommend Sabatini Pro Painting for painting, staining, and trim repair." – Stephanie

"We recently hired Sabatini Pro Painting to paint and repair the exterior of our 100-year-old cedar-sided house. We had areas of rotted and damaged wood, and Rick and his crew discussed and strategized how to best fix each problem area. The painters and wood craftsmen were conscientious, easy to work with, and highly skilled. We are thrilled with the final results and would highly recommend them!" – Juley

Predominantly a "When your residential painting company, surroundings Sabatini Pro Painting are off, it's occasionally does commercial work for homebuilders almost like as well as the nursing your outer home industry. Many jobs, world and Rick says, are for repeat customers. The company also vour inner works with a few designers world don't who refer their clients. match." Sabatini Pro Painting covers

a wide service area, including

as Kennett Square in Chester

County as well as New Castle

will take the occasional work

in Philadelphia, but stresses

customer to another qualified

County in Delaware. Rick

that he's happy to refer a

painting company if he's

unable to take on the job.

Delaware County and as far



Rick could have pursued several livelihoods. As a musician adept at playing a handful of instruments, the performing arts could've easily been one of them. It remains an interest, and he has produced his own compilations available on Spotify. He's fluent in Italian and Spanish, the latter being the primary language of much of his crew, and the first language of his Bolivian-born wife formerly from Italy. While interior and exterior painting dominates the business's services, the company also does its share of small carpentry including finish work like crown molding and wainscotting, cabinet refinishing, and built-ins. Rick is often the producer of the preliminary designs for the



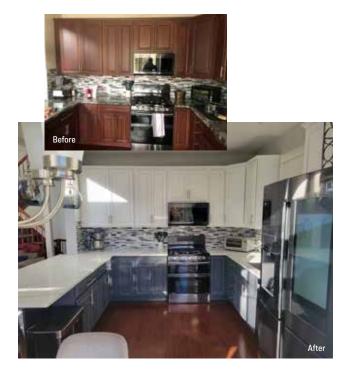
various carpentry projects. Moreover, Sabatini Pro Painting performs remediation work like repairs to drywall or removal of old wallpaper. Like many aspects of design and décor, interior wall trends swing on a pendulum. Wallpaper is back in vogue, Rick says, particularly amongst homeowners with a bit more expendable cash."All the faux stuff has basically been gone my entire career. Which is making me wonder if at some point within the next 10 years if it's going to end up coming back," he says of the trend back in the 90s towards sponge or rag painting. That said, trompe l'oeil style techniques have, on occasion, given Rick the opportunity to experiment with his creative side. A recent project included the precision painting of a kitchen floor to resemble vinyl or ceramic floor tiles.

In his line of work, today's paint options run the gamut from neutrals and soft grays to bold, statement-making colors. Jobs that are commissioned by a designer who's working with a client tend to lean toward the latter, including moving away from the more traditional white ceiling but opting instead to put some color up above. "We just refinished some (kitchen) cabinets, and they're lime green, with an off-white island and green floral wallpaper on the walls. It looks really nice," he says.

A reflective guy, Rick waxed philosophical recalling one of the company's first painting jobs in 2015. It was then, as he was estimating a job for an elderly woman



"I always tell
this of my
crew: 'We're
not exactly
athletes, but
we're looking
at it in the same
way. Where are
the weaknesses
in our game,
and how can
we make that
better?""



that he realized the impact one's surroundings has on one's overall wellbeing. He was puzzled as to why she'd prioritize repainting her entire house when she was on a fixed income. "When your surroundings are off, it's almost like your outer world and your inner world don't match. ... I started to realize that it's more like an emotional need. When I started to realize that, I put a lot more pride in the work we were doing. I really used to think what we were doing wasn't essential. I guess it depends on how you define essential ... People want to feel good in their homes," he says.

Rick is a member of several trade organizations—among them: the Academy for Professional Painting Contractors and the Painting Contractors Association, which was founded in 1884. As an added bonus to his customers, he produces a monthly newsletter aimed at keeping his clients in the know. For more information about Sabatini Pro Painting, visit sabatinipropainting.com.

## Reader Survey

Help Shape the Stories & Resident Socials for the Year Ahead!

Is there someone with a great story we should highlight?

Maybe a business doing a phenomenal job that could use a boost?

Is there a restaurant you'd love to see share a recipe?



This is your chance to give your feedback on how we're doing and what we should do next!

To submit your feedback, scan or visit www.yourjunxion.com/survey

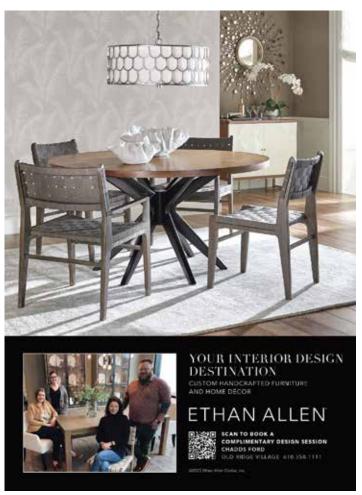


## Bridge your style!

















# Plantation Field International COUNTRY FA

Unionville, Pennsylvania

**Vendors • Food Trucks • Beer & Wine Garden** Sunday Tailgate Competition • Live Music • Kid's Activities

Exciting 1, 2, 3, 8 4 eventing action!



See our website for ticketing information and sponsorship opportunities.

PlantationField.com



A Publication for the Residents of Brandywine Valley

## Helping Local Families Navigate Significant Wealth



Principals: Michael Henley (center), Alison Brooks (left of center)

Brandywine Oak Private Wealth is an independent financial and tax planning firm dedicated to helping wealthy families plan and manage all aspects of their finances and investments.

Tax laws are complicated and constantly changing. Using your family wealth plan as a guide, we employ a wide variety of tax planning strategies, so you keep more of what you have earned. Working with successful families who have created significant wealth through years of hard work and sacrifice, we strive to become your financial advocate, coach, and friend working to organize and streamline your entire financial life.

THE BRANDYWINE OAK PARTNERS HAVE GARNERED A NUMBER OF NATIONAL ACCOLADES:



































500 OLD FORGE LANE, SUITE 501 KENNETT SQUARE, PA 19348

KIAWAH ISLAND, SC BY APPOINTMENT ONLY BrandywineOak.com

PHONE 484.785.0050 EMAIL CONTACT@BRANDYWINEOAK.COM

Note: The Forbes ranking of America's Top Next Generation Wealth Advisors, developed by SHOOK Research, is based on an algorithm of qualitative and quantitative data, rating thousands of wealth advisors born in 1980 or more recently, with a minimum of four years of experience and weighing factors like revenue trends, assets under management, compliance records, industry experience and best practices learned through telephone and in-person interviews. Portfolio performance is not a criterion due to varying client objectives and lack of audited data. Neither Forbes or SHOOK receive a fee in exchange for rankings. See America's Top Next-Generation Wealth Advisors. State-By-State and America's Top Next Generation Wealth Advisors. Brandywine Oak Private Wealth, LLC is registered as an investment advisor with the Securities and Exchange Commission. Registration with the United States Securities and Exchange Commission or any state securities authority does not imply a certain level of skill or training. Brandywine Oak Private Wealth, LLC only transacts business in states where it is properly registered, or is excluded or exempted from registration requirements. All investment strategies have the potential for profit or loss.